

Murphy Chiropractic & Wellness, P.A. Dr. Jerry Murphy, D.C.

1114 S. Long Drive Rockingham, NC 28379 Phone: 910-817-7126

Fax: 910-817-7013

What to Expect

We want to thank you for choosing Murphy Chiropractic & Wellness to be a part of your healthcare team. Chiropractic care is not a "one and done" appointment, though we do see numerous patient's that feel much better after their first adjustment. Your treatment plan is specific to you and it is important that you do not miss your appointments. You will notice at the beginning of your treatment that you may be scheduled to come 2-3 times a week. You are being seen more frequently at the beginning because we are working to change your body's "bad habits." Your first adjustment may only last a few hours and each adjustment builds upon the one prior and in time your body will naturally begin to "hold" the adjustment for longer periods of time. When we see you reaching this point in your treatment, we will re-evaluate you and hopefully begin to transition you to wellness visits when you may come once a month!

Appointments

Our chiropractic appointments are scheduled every 15 minutes throughout the day and massage appointments can range from 30 minutes to an hour and a half. We make reminder phone calls daily for all appointments for the following day. Many times when we can't reach you by phone we are unable to leave a voicemail due to your mailbox being full or not being set up. We encourage all patients to please make sure your voicemail is set up, and please check your messages as it may be an appointment reminder.

Because we dedicate time to make these reminder calls, we have instated a missed/no show appointment policy. We require at least 24 hours' notice of cancellation or rescheduling. Failure to do so will result in a missed/no-show appointment fee. **This fee** is not covered by insurance and will be your responsibility. Forgetting your appointment, over-sleeping, or last-minute work or social obligations are not considered emergencies, so a missed/no-show appointment fee will be charged to you in those circumstances.

Also, if you to additional time with Dr. Murphy beyond a regular adjustment appointment, we ask that you let us know in advance so we can schedule you for a consultation in order to provide the extra time needed to discuss any questions, concerns or new complaints/areas of pain that you may have. We value your time and ours and are striving daily to keep your wait times as minimal as possible.

Late for your appointment

If you are more than 15 (fifteen) minutes late for your appointment you may not be treated or you may receive an abbreviated treatment within the time constraints of your originally scheduled appointment.

Reschedule/Cancellation Policy

In order to be respectful of other patient's needs, please be courteous and call us promptly if you are unable to show up for your appointment. We are a "high volume" office and appointments are in high demand. Your early cancellation or rescheduled appointment will be reallocated to someone who may be waiting for an appointment time to open.

If you need to reschedule or cancel an appointment, please do so at least 24 hours in advance. If you call after regular business hours, please leave us a voicemail.

If you reschedule or cancel your appointment on the **same day**, you will be charged a fee for your appointment. If you are scheduled for a massage appointment, and we do not receive confirmation by 5:00 pm the day before your appointment, your appointment may be rescheduled to a later date.

Chiropractic - \$15 fee

Massage - \$25 fee

Missed Appointment/No-Show

If you miss an appointment without calling to notify the office at least 24 hours in advance you will be charged the fee(s) as listed above.

		appointments.				

Patient Name (please print):	
Patient Signature:	Date:



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New Patient Paperwork

Date		Job Status
First Name	Phone 1	Not Employed Employed
Last Name	Mobile Work Othe	er Part-Time Student Retired
DOB	Phone 2	Full-Time Student
Sex Male Female	Mobile Work Othe	er Marital Status
SSN xxx—xx—	Fax	Single Married Other
Address	Email	Receive Appointment Reminders
City	Employer	Declined Voice Text Email
State	Employer Phone	Height Weight
Zip Code	Occupation	lbs
	Friend Family Other	ther
Referred By N		
Demographics Race: White	Black or African American American Indian or	Alaska Native 🔲 Asian
Ethnicity:		Other
Dominance: Right	Left Ambidextrous	
Emergency Contact In	formation	
First Name	Relationship	
Last Name	Phone 1	Phone 2
Daily Habits Do you smoke? Never smoked	d Unknown if ever smoked Unknown if currently	smokes
Current every	day smoker C Current some day smoker C Former sm	noker
If yes, how many	packs per day? How many years?	
Daily Caffeinated Beverages:	Unknown None 1 to 3 4 to 6 7 to 10	11 to 15 16 to 20 21 to 25 Over 25
Weekly Alcoholic Drinks:	Unknown None 1 to 3 4 to 6 7 to 10	11 to 15 16 to 20 21 to 25 Over 25
Do you exercise regularly?	o Clight Cmoderate Cheavy	

edications/Vitamins/Su	ppiements.			
	1 0			
urgeries:		-		
raumas:	7			
Allergies:				
Illnesses: Please check all	that apply			
AIDS/HIV	Chronic Fatigue	Heart Disease	Miscarriage	Seizures
Anemia	Depression	Hepatitis	Multiple Sclerosis	Stroke
Arthritis	Diabetes	Hernia	Osteoporosis	Suicide Attempt
Asthma	Emphysema	Herniated Disc	Pacemaker	Thyroid Problems
Bleeding Disorders	Epilepsy	High Blood Pressure	Parkinson's Disease	Tuberculosis
Breast Lump	Fibromyalgia	High Cholesterol	Pinched Nerve	Tumors/Growths
Bronchitis	Fractures	Immune Deficiency	Prostate Problems	Ulcers
Cancer	Gallstones	Kidney Disease	Prosthesis	Vaginal Infections
Chemical Dependency	Glaucoma	Liver Disease	Psychiatric Disorder	Venereal Disease
Chicken Pox	Gout	Migraine Headaches	Rheumatoid Arthritis	Whooping Cough
Other	- XX	(2)(1		
s there any history in your	family for any of the	above conditions?	97	
Who?		1111		
What did they have?				
Constitution				in the second se
Complaints: Neck Mid Back	Low Back	Left Shoulder R	ight Shoulder 🔲 Left Kı	nee Right Knee
			rist/Hand Left Ankle	_
			Lett Alikie	A Right Ande
Other:			e?	
Does the pain travel any	The state of the s	V IE		

Frequency: Constant (76-100%) Frequent (51-75%) Intermittent (26-50%) Cocasional (1-25%)
Duration: Constant (>8 hrs) Frequent (6-8 hrs) Intermittent (3-5 hrs) Cocasional (1-3 hrs) Infrequent (<1 hr)
Onset: When did the symptoms/pain begin?
Intensity: Slight Mild Moderate Severe
Is your condition: Same Better Worse
Rate your pain: 0 0 1 02 03 04 05 06 07 08 09 010 0 being no pain at all and 10 being the worst pain imaginable
Quality: Describe your pain: aching burning cramping deep dull numb radiating sharp shooting sore stabbing stiff swelling tight tingling throbbing
Aggravating Factors: What makes the problem worse? nothing most movements bending carrying things
coughing driving eating exercise going down stairs going from lying to sitting
going from lying to standing going from sitting to standing heat housework ice jogging lifting
lying down massage pulling pushing running sitting sleeping sneezing squatting
standing standing for a long period of time stress stretching taking a deep breath turning
twisting walking working
Relieving Factors: What makes the problem better? nothing anti-inflammatories bracing chiropractic care
elevation exercise heat ice massage movement pain killers rest stretching
walking wraps
What daily activities are affected due to the problem? bathing caring for children cleaning climbing stairs
cooking doing laundry dressing driving eating exercising going from laying down to sitting
going from sitting to standing grooming house work laying down lifting oral care sex
shopping sitting sleeping social/recreational activities standing stretching toileting
transferring using technology using phone walking watching tv working yard work
Have you been given a diagnosis for this problem? If so, what was the diagnosis?
What treatment(s) have you tried for your condition? None Medication Surgery Physical Therapy
Chiropractic Other
Are you presently under the care of a physical and/or mental health care provider? If so, by whom?
If so, what conditions?
Energy Level: Good Insufficient Erratic
Sleep: Trouble falling asleep Trouble staying asleep Restful Other
Stress: None Low Moderate Severe What causes stress?
Have you had unexpected weight loss in the last 6 months? Yes No If yes, how much?

Review of Systems
Musculoskeletal: Please check all that apply None
Arm/hand pain back pain Feet/leg pain hip Knee Lower back pain Mid back pain Muscle or joint pain
Neck pain Redness of joints Shoulder(s) pain Stiffness Swelling of joints Upper back pain
Cardiovascular/Respiratory: Please check all that apply None
Chest pain, pressure or discomfort Cold hands/feet Coughing up blood (hemoptysis) Coughing up phlegm Persistent Coughing
Difficulty breathing Dizziness/lightheaded Fainting Irregular heartbeat Palpitations
Shortness of breath Sudden awakening with a shortness of breath (paroxysmal nocturnal dyspnea)
Swelling (edema) Tightness in chest Wheezing Other
Head/Neck: Please check all that apply None
Dizziness Facial pain Grinding Teeth Headache Head injury Hoarseness Jaw Clicks Lumps
Migraines Pain Sore throat Stiffness Swollen Glands Tooth problems Trouble swallowing
Other
Eyes: Please check all that apply None
Blurred Vision Burning Cataracts Double vision Dryness Flashing lights Glasses/Contacts Glaucom
Itching Pain Redness Specks Vision Problems Other
Ears: Please check all that apply None
Buzzing in ears Decreased hearing Drainage Earache Ear infections Poor balance Poor hearing
Ringing in ears (tinnitus) Other
Nose: Please check all that apply None
Allergies Blocked Sinuses Discharge Excessive mucus Hay fever Itching Nose bleeds
Sinus pressure/pain Stuffiness/blockage Other
Throat/Mouth: Please check all that apply None
Bleeding Blue lips Braces Dentures Difficulty swallowing Dry mouth Hoarseness
Mouth pain Non healing sores Redness Sore throat Sores on lips or tongue Swelling
Thrush Tooth pain Other
Urinary: Please check all that apply None
Blood in urine (hematuria) Burning or pain Difficulty urinating Frequent urinary tract infections
Frequent urination Incontinence Kidney infections Kidney stones Unable to hold urine (incontinence)
Up at night to urinate Urgency Water retention Other
Gastrointestinal: Please check all that apply None
Change in appetite Change in bowel habits Constipation Diarrhea Heartburn Nausea
Rectal bleeding Swallowing difficulties Yellow eyes or skin (jaundice) Other
Endocrine: Please check all that apply None
Change in appetite Cold intolerance Constipation Diarrhea Dry skin Excessive thirst
Frequent urination Heat intolerence Sweating

Review of Systems
Vascular/Hematologic: Please check all that apply None
Calf pain with walking (claudication) Cold hands and feet Ease of bleeding Ease of bruising Leg cramping
Neurologic: Please check all that apply None
Dizziness Easily angered/irritated Fainting Frequent crying Memory confusion Nervousness Neuralgia
Numbness Poor concentration Seizures Suicidal thoughts Tingling Tremors Weakness
Worry/anxiety Other
Psychiatric: Please check all that apply None
Anxiety Depression Memory loss Nervousness Stress Other
Female:
Are you pregnant?
Age started Age stopped Age stopped
Number of pregnancies Number of deliveries Number of miscarriages
Number of abortions
Please check all that apply None
Clotting Dark color Discharge Food cravings Heavy bleeding Hot flashes Infections
☐ Irregular periods ☐ Itching or rash ☐ Leg cramps ☐ Light bleeding ☐ Little/no sex drive ☐ Menstrual pain/cramps
Missed periods Mood swings Painful breasts Pain with sex STD's Vaginal discharge
Vaginal dryness Vaginal sores Water retention Other
Acknowledgment of Non-Pregnancy Status
I hereby expressly acknowledge that I am not pregnant at the present time and that <u>Dr. Murphy and Murphy Chiropractic and Wellness, P.A.</u> , is hereby expressly authorized and directed to complete a radiographic examination (X-rays) in connection with my chiropractic treatment.
Patient's Signature Date
Male: Please check all that apply None
Discharges Erectile dysfunction Hernia Impotence Low sex drive Masses or pain Painful urination
Pain with sex Painful discharge Prostate problems Sores STD's Other

ASSIGNMENT OF INSURANCE BENEFIS

Patient's Name	Patient's Date of Birth
Insured's Name	// Insured's Date of Birth
I authorize and direct that payment be made directly to:	:
Murphy Chiropractic and Wellness, P.A., 1114 S Lo.	ng Drive, Rockingham, NC 28379
For any and all insurance benefits or reimbursement fo would otherwise be payable to me under any insurance	r services rendered by Murphy Chiropractic and Wellness, PA which amounts e or pre-paid health care plan.
other health care professionals, or hospitals when nece	ation concerning my health and health care services to my insurance companies, essary for diagnosis, assessment, or treatment of my health condition. I also aurecords to another party if they are potentially responsible for payment of my ser-
Notwithstanding denial, reduction of benefits or failure tes. I also understand that if my account becomes delin	nce companies or my pre-paid health plan will cover or pay for all of my charges. to pay for any reason, I understand that I am responsible for all remaining charg-nquent, Murphy Chiropractic and Wellness, PA will utilize the services of a collectole for any additional fees accumulated to collect my outstanding balance.
	iropractic adjustments and other chiropractic procedures, including various modes n the patient named below, for whom I am legally responsible) by the Doctor of
I have had an opportunity to discuss with the Doctor of and purpose of chiropractic adjustments and other products.	Chiropractic named below and/or with other office or clinic personnel the nature cedures. I understand that results are not guaranteed.
cluding but not limited to fractures, disc injuries, strokes	of medicine, in the practice of chiropractic there are some risks to treatment, instance, dislocations and sprains. In do not expect the doctor to be able to anticipate ally upon the facts then known to him or her, is in my best interest.
I have read, or have read to me, the above consent. It below I agree to the above-named procedures. I intendition and for any future condition(s) for which I seek treat	have also had an opportunity to ask questions about its content, and by signing d this consent form to cover the entire course of treatment for my present conditional timent.
HIPAA Privacy Practices I acknowledge that I have received and/or have been g Practices for protected health information.	liven the opportunity to review this Chiropractic Office's Notice of HIPPA Privacy
as an appropriate individual(s) to administer chiropracti	c and Wellness, P.A., together with whomever my treating doctor may designate ic care, including X-rays, and appropriate adjunctive services as my treating chirothat I have legal authority to provide such written consent on behalf of such child/
Patient Name	<u> </u>

Date

Patient or Legal Guardian Signature

1

Data:

AUTHORIZATION OF ASSIGNMENT AND LIEN

I hereby authorize and direct any and all insurance carriers, attorneys, and/or other legal entities which may elect or be obligated to pay, provide, or distribute benefits to me for any medical conditions, accidents, injuries, or illnesses, past, present, or future to pay directly and exclusively in the name of Murphy Chiropractic and Wellness, PA such sums as may be owing to Murphy Chiropractic and Wellness, PA for charges incurred by me at the office relating to my condition.

I further grant a lien to Murphy Chiropractic and Wellness, PA with respect to my charges. This lien should apply to all payers and to the full extent permitted by law. For the purposes of this document benefits shall include, but not be limited to proceeds for any settlement, judgement, or verdict as well as any proceeds relating to commercial health or group insurance, attorney retainer agreements, medical payment benefits, personal injury protection, no-fault coverage, uninsured and underinsured motorist coverage, third-party liability distributions, disability benefits, worker's compensation and any other benefits or proceeds payable to me for the purposes stated herein.

In the event that I retain one or more attorneys to represent me in this matter who are not located in North Carolina; I will direct each attorney to issue a letter of protection to this office regarding my charges. Upon issuance, I hereby agree that such letter(s) of protection cannot be revoked or modified without the expressed consent of this office.

I authorize this office to release any information regarding my treatment or pertinent to my case(s) to all payers to facilitate collection under this Assignment and Lien.

I further authorize and direct all payers to release to Murphy Chiropractic and Wellness, PA any information regarding any coverage or benefit which I may have including, but not limited to, the amount of coverage, the amount paid thus far, and the amount of any outstanding claims.

I hereby direct this office to file a copy of this Assignment and Lien, together with any applicable charges, with any and all payers, regardless of whether a claim has been established with said payers.

I hereby authorize Murphy Chiropractic and Wellness, PA to endorse/sign my name on any and all checks listing me as a payee, which are presented to this office for payment of an account relating to me. I further authorize Murphy Chiropractic and Wellness, PA to apply any credit balances on charges incurred by me to any other outstanding charges still owed by me.

I hereby authorize and direct my attorney to disclose upon the request of Murphy Chiropractic and Wellness, PA, any settlement amounts or any offers made on my case from any potential payers.

I understand that I may remain personally responsible for the total amounts due to Murphy Chiropractic and Wellness, PA for their services. This Assignment and Lien does not constitute any consideration for this office to await payments and it may demand payments from me immediately upon rendering services at its option. If this office must take any action to collect an outstanding balance on my account, I will be responsible for payment and will reimburse Murphy Chiropractic and Wellness, PA for all costs of such collection efforts, including but not limited to all court costs and attorney fees.

This Assignment and Lien shall not be modified or revoked without the mutual written consent of Murphy Chiropractic and Wellness, PA and myself. I hereby revoke any previously signed authorizations, whether executed at this office or any office to the extent that the terms of those authorizations conflict with the terms of this Assignment and Lien.

Patient Name (please print):

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Patient Signature:			
If patient is under the age of 18:			
Name of Custodial Parent or Legal Guardian (please print):			_
Parent/Guardian Signature:			_