



Patient Name _____

Male Patient Questionnaire & History

PATIENT INFORMATION

Name: _____ Date: _____
Birth Date: _____ Age: _____ Weight: _____ lbs Height: _____
Address: _____
City: _____ State: _____ Zip: _____
Email: _____ Mobile Phone: _____
Marital Status: ☐ Married ☐ Single ☐ Divorced ☐ Widowed ☐ Other _____
Occupation: _____
Preferred Pharmacy: _____ Phone: _____
Emergency Contact: _____ Relationship: _____
Emergency Contact Phone: _____
Primary Care Physician: _____ Office Phone: _____
Would you like to authorize Sozo Integrative Health to have permission to speak to the individual named below about your treatment? By giving the information below you are giving us permission to speak with the individual about your treatment.
Name: _____ Relationship: _____ Phone: _____

MEDICATIONS/ MEDICATION ALLERGIES

Drug Allergies: _____
Current Medications & Dose:

Current Supplements:

SOCIAL HISTORY

Sexually Active ☐ Yes ☐ No I have completed my family ☐ Yes ☐ No
Current Method of Birth Control _____
Current/Past Hormone Replacement Therapy ☐ Yes ☐ No If Yes, What? _____

MEDICAL HISTORY

- | | |
|---|---|
| <input type="radio"/> High blood pressure | <input type="radio"/> Prostate Issues |
| <input type="radio"/> Heart disease/ Stroke/ High Cholesterol | <input type="radio"/> HIV |
| <input type="radio"/> Atrial fibrillation or other arrhythmia | <input type="radio"/> Hemochromatosis / Anemia |
| <input type="radio"/> Blood clot and/or a pulmonary embolism | <input type="radio"/> Erectile Dysfunction |
| <input type="radio"/> Depression/Anxiety/ Psychiatric Disorder | <input type="radio"/> Thyroid Disease |
| <input type="radio"/> Chronic liver disease (hepatitis, fatty liver, cirrhosis) | <input type="radio"/> Diabetes / Prediabetes |
| <input type="radio"/> Hair Loss/ Excessive Hair Growth | <input type="radio"/> Cancer: _____ |
| <input type="radio"/> Sleep apnea / Snoring | <input type="radio"/> Lupus or other autoimmune disease |
| <input type="radio"/> Kidney Disease | <input type="radio"/> Other: _____ |
| <input type="radio"/> Last Colonoscopy _____ | |

Surgical History/ Date:

_____	_____
_____	_____
_____	_____

FAMILY HISTORY / RELATION

- ☐ Heart Disease _____
- ☐ Diabetes _____
- ☐ Osteoporosis _____
- ☐ Alzheimer's/Dementia _____
- ☐ Cancer/Type? _____
- ☐ Stroke _____
- ☐ Lung Disease _____
- ☐ Other: _____

HABITS

I exercise _____ times a week

Type(s) of exercises: _____ Duration (mins): _____

- | | |
|------------------------------|---|
| I use E-cigarettes / Vapes: | <input type="checkbox"/> No <input type="checkbox"/> Yes, _____ times per day |
| I smoke cigarettes / cigars: | <input type="checkbox"/> No <input type="checkbox"/> Yes, _____ times per day |
| I use Marijuana: | <input type="checkbox"/> No <input type="checkbox"/> Yes, _____ times per day |
| I drink alcoholic beverages: | <input type="checkbox"/> No <input type="checkbox"/> Yes, _____ drinks per day / week |
| I use caffeine: | <input type="checkbox"/> No <input type="checkbox"/> Yes, _____ times / cups per day |

MALE SYMPTOMS CHECKLIST

Place an "X" for EACH symptom you are currently experiencing. ***Please mark only ONE box per line.***
For symptoms that do not apply, please mark NONE

	None	Mild	Moderate	Serious	Severe
Decline in your feeling of general well-being (general state of health, subjective feeling)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Joint pain and muscular ache (lower back pain, joint pain, pain in a limb, general back ache)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Excessive sweating (unexpected/sudden episodes of sweating, hot flushes independent of strain)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sleep problems (difficulty in falling asleep difficulty in sleeping through, waking up early and feeling tired, poor sleep, sleeplessness)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Increased need for sleep, often feeling tired	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Irritability (feeling aggressive, easily upset about little things, moody)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Nervousness (inner tension, restlessness, feeling fidgety)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Anxiety (feeling panicky)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Physical exhaustion / lacking vitality (general decrease in performance, reduced activity, lacking interest in leisure activities, feeling of getting less done, of achieving less, of having to force oneself to undertake activities)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Decrease in muscular strength (feeling of weakness)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Depressive mood (feeling down, sad, on the verge of tears, lack of drive, mood swings, feeling nothing is of any use)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Feeling that you have passed your peak	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Feeling burnt out, having hit rock-bottom	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Decrease in beard growth	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Decrease in ability/frequency to perform sexually	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Decrease in the number of morning erections	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Decrease in sexual desire/libido (lacking pleasure in sex, lacking desire for sexual intercourse)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please share any additional symptoms or comments about your symptoms you would like to address:

Do you have cold hands and feet? ☐ Yes ☐ No Do you have daily bowel movements? ☐ Yes ☐ No

Do you have gas, bloating or abdominal pain after eating? ☐ Yes ☐ No

Recent PSA: _____ History of Prostate problems or Biopsy. If so, please provide details. _____

FOR OFFICE USE ONLY

Patient Name: _____ DOB: _____ Appt Date: _____



Patient Name _____

HIPAA INFORMATION AND CONSENT FORM

The Health Insurance Portability and Accountability Act (HIPAA) provides safeguards to protect your privacy. Implementation of HIPAA requirements officially began on April 14, 2003. These policies have been our standard practice for years.

What this is all about: Specifically, there are rules and restrictions on who may see or be notified of your Protected Health Information (PHI). These restrictions do not include the normal interchange of information necessary to provide you with office services. HIPAA provides certain rights and protections to you as the patient. We balance these needs with our goal of providing you with quality professional service and care. Additional information is available from the U.S. Department of Health and Human Services, www.hhs.gov.

We practice the following policies:

1. Patient information will be kept confidential except as is necessary to provide services or to ensure that all administrative matters related to your care are handled appropriately. This specifically includes the sharing of information with other healthcare providers, laboratories, health insurance payers as is necessary and appropriate for your care. Patient files may be stored in open file racks and will not contain any coding which identifies a patient's condition or information which is not already a matter of public record. The normal course of providing care means that such records may be left, at least temporarily, in administrative areas such as the front office, examination room, etc. Those records will not be available to persons other than office staff. You agree to the normal procedures utilized within the office for the handling of charts, patient records, PHI and other documents or information.
2. It is the policy of this office to remind patients of their appointments. We may do this by telephone, e-mail, U.S. mail, or by any means convenient for the practice and/or as requested by you. We may send you other communications informing you of changes to office policy and new technology that you might find valuable or informative.
3. The practice utilizes several vendors in the conduct of business. These vendors may have access to PHI but must agree to abide by the confidentiality rules of HIPAA.
4. You understand and agree to inspections of the office and review of documents which may include PHI by government agencies or insurance payers in normal performance of their duties.
5. You agree to bring any concerns or complaints regarding privacy to the attention of the office manager or the doctor.
6. Your confidential information will not be used for the purposes of marketing or advertising of products, goods or services.
7. We agree to provide patients with access to their records in accordance with state and federal laws.
8. We may change, add, delete or modify any of these provisions to better serve the needs of the both the practice and the patient.
9. You have the right to request restrictions in the use of your protected health information and to request change in certain policies used within the office concerning your PHI. However, we are not obligated to alter internal policies to conform to your request.

I do hereby consent and acknowledge my agreement to the terms set forth in the HIPAA INFORMATION FORM and any subsequent changes in office policy. I understand that this consent shall remain in force from this time forward.

I ACKNOWLEDGE THAT I HAVE RECEIVED A COPY AND UNDERSTAND THE INSTRUCTIONS ON THIS FORM

Print Name: _____

Signature: _____

Date: _____