

## Massage Client information

### *Personal and confidential information.*

Name \_\_\_\_\_ Birth Date \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_ Postal Code \_\_\_\_\_  
Phone, Hm \_\_\_\_\_ Cell \_\_\_\_\_ E-mail \_\_\_\_\_  
Occupation \_\_\_\_\_  
Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_  
Doctor \_\_\_\_\_ Phone \_\_\_\_\_  
Type of Massage:      Relaxation      Therapeutic      Deep Tissue      Pregnancy      Post Partum  
During massage I prefer the therapist to talk: Minimal      First 10min      Moderate      No Preference

### **General Information**

What brings you in for a massage? \_\_\_\_\_  
Have you had a massage before? Yes / No  
Are you currently in any discomfort or pain? Yes / No If so where? \_\_\_\_\_  
Have you seen your doctor for this problem? Yes / No  
Were there any recommendations? \_\_\_\_\_  
Do you suffer from dizziness, tension, irritability, or exhaustion? \_\_\_\_\_  
Are you seeing any other healthcare providers? (i.e... Chiropractor, physiotherapy....) \_\_\_\_\_

### **Medical Information**

Please list any medication you are currently taking. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
Do you have any allergies? \_\_\_\_\_  
Do you have pins, wires, artificial joints or limbs, spinal fusion, ruptured disc's, fused vertebrae, or special equipment? Yes/No If so please list. \_\_\_\_\_  
Have you taken in the last 4 hours... an analgesics, sedatives, or pain killers? Yes / No  
Do you have any digestive disorders? Yes/No \_\_\_\_\_  
Do you have.... Cancer. Yes / No      Major illness. Yes / No      Contagious disease. Yes / No  
Have you had surgery in the last 12 months? Yes/ No  
Please list any other issue that you may have and any active treatment for them!  
\_\_\_\_\_  
\_\_\_\_\_

MVA – Accident date/s \_\_\_\_\_  
Any new diagnosis/medication in the past 12 months \_\_\_\_\_  
\_\_\_\_\_

Do you have any of the following?

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- HIV. Yes/ No
  - Warts. Yes / No
  - Acne, or open sores. Yes / No If so where \_\_\_\_\_
  - Pitted Edema. Yes / No
  - Diabetic. Yes / No Type 1/2
  - Impetigo, Yes / No
  - Whiplash. Yes / No \_\_\_\_\_
  - Osteoporosis. Yes / No
  - Planter fasciitis. Yes/ No
  - Asthma Yes / No Is it well controlled Yes/ No
  - Varicose veins, Yes/ No
  - Blood disorders Yes/ No Type- \_\_\_\_\_
  - Headaches, Yes/ No
  - Kidney issues Yes/ No % of function - \_\_\_\_\_
  - Pregnancy , Yes/ No
  - Epilepsy, Yes/ No
  - Nerve disorders, Yes/ No
  - Thyroid disorders Yes/ No / Removed
  - Blood pressure problems. Normal / High / Low
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Name of Client; \_\_\_\_\_

I understand that the massage I receive is provided for the basic purpose of relaxation, stress reduction, & relief of muscular tension. I further understand that massage should not be construed as a substitute for medical examination, diagnosis, or treatment and that I should see a physician for diagnosis.

I understand that massage therapists are not qualified to perform skeletal adjustments, diagnoses and or prescribe, and that nothing said in the course of the session should be construed as such.

I have told the massage therapist all conditions here with in so that they can affirm that massage is good for me. I have answered all questions honestly and with full understanding that if not all information is given that injury may occur.

**If 24 hour cancellation is not given for scheduled appointments,**

**I understand that I will be charged the full value of the massage, as per our office policy.**

**Signature** \_\_\_\_\_

I also understand that any inappropriate comments made by myself,

(Client's name) \_\_\_\_\_ will result in immediate termination of the session, and will be liable for payment for the scheduled appointment.

Clients Signature \_\_\_\_\_ Date \_\_\_\_\_

Therapist Signature \_\_\_\_\_ Date \_\_\_\_\_

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