



# Heritage Park Physical Therapy

***Please Print Clearly***

***Please Complete All Information***

Who can we thank for your referral? (internet, friend, family) \_\_\_\_\_

Name: \_\_\_\_\_ Birthdate: (mm/dd/yyyy): \_\_\_\_\_ Gender: M/ F

Address: \_\_\_\_\_ City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

Email Address: \_\_\_\_\_

Do we have your permission to send you emails (for appointment reminders, newsletters etc? (Yes / No)

Occupation: \_\_\_\_\_ Company: \_\_\_\_\_

Do you have extended healthcare? Yes/ No If yes, who with? \_\_\_\_\_

Have you had previous chiropractic care? Yes / No When was your last visit? \_\_\_\_\_

Who is your Medical Doctor? \_\_\_\_\_

Who is your Massage Therapist? \_\_\_\_\_ Other Healthcare Practitioner? \_\_\_\_\_

Welcome to Heritage Park Physical Therapy! We want you to understand and consent to the services we provide to you, the costs involved, and what we do with personal information we obtain about you. If you have questions about any of this, please ask.

Our expectations of patients for services rendered by Heritage Park Physical Therapy:

- We expect all patients to pay for all services when they are provided. If you do not pay for a service at the time it is received, an interest rate of 3% per month will be applied to all outstanding balances and, on default, to pay all costs of recovering debt, including and/ or agent costs.
- We expect all patients to provide **24 hours notice when cancelling an appointment**. Your appointment time is reserved exclusively for you and our professionals cannot use this time to see other patients if you do not provide 24 hours notice or cancellation; you agree to pay our standard fee for the missed appointment, as if you had attended.
- The fee schedule is: New Patient Examinations if \$80.00. Subsequent Treatments are \$40.00, Acupuncture is \$50.00, Comprehensive Treatment \$55.00, Re- assessments (greater than 3 months) are \$65.00.
- From time to time your Insurance Company may audit you for dates and treatments, signing below gives Heritage Park Physical Therapy permission to release Account Statement information to the company upon their request.

\_\_\_\_\_ Date: \_\_\_\_\_ 20\_\_\_\_\_

Signature or Patient (or legal guardian)



### Past Medical History

Any major surgeries or hospitalizations: \_\_\_\_\_

### Lifestyle Factors

Do you smoke? Yes/ No                      How many packs per day? \_\_\_\_\_ for \_\_\_\_\_ years

What do you do for fun? \_\_\_\_\_ To stay active? \_\_\_\_\_

*Please check any symptoms that you have had in the past or are presently experiencing.*

*Mark the boxes: C= Current    P= Past*

<b>MUSCULOSKELETAL</b>	<b>GENERAL</b>	<b>CARDIOVASCULAR</b>
Low Back Pain	Allergies	Chest Pain
Mid Back Pain	Loss of Sleep	Short of Breath
Neck Pain	Fever	High Blood Pressure
Arm Pain	Headaches	Irregular Heartbeat
Join Pain/ Stiffness	Night Pain	Lung Problems
Problems Walking	Decreased Appetite	Varicose Veins
<b>NERVOUS SYSTEM</b>	Excessive Thirst	Ankle Swelling
Numbness	Frequent Nausea/ Vomiting	Calf Pain
Paralysis	<b>MALE/ FEMALE</b>	Stroke/ Heart Pain
Dizziness	Irregular Menstruation	
Forgetfulness	Menstrual Cramps	<b>GASTROINTESTINAL</b>
Confusion/ Depression	Vagina Pain/ Infections	Liver Problems
Fainting	Breast Pain/ Lumps	Abdominal Cramps
Convulsions/ Seizures	Prostate Problems	Weight Loss
Tingling	Other	Gas/ Bloating
Loss of Sensation	<b>EENT</b>	Heartburn
<b>Stress =</b> Rate your stress level on a scale of 1- 10 (10= highest)	Vision Problems	Black/ Bloody Stool
	Sinus Problems	Colitis
	Ear Aches	Crohn's Disease
	Difficulty Hearing	

Any other medical conditions not listed:

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_ Date: \_\_\_\_\_ 20\_\_\_\_

Signature or Patient (or legal guardian)



People seek the care of a Chiropractor for many reasons; please check the one that applies to you so we can serve you better.

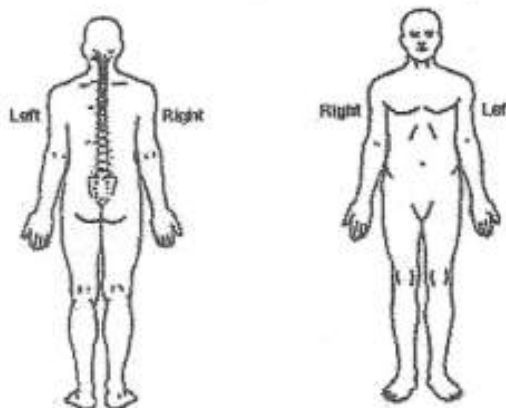
- ☐ I have a specific problem and only require help with this problem  
☐ After my problem, has been relived I want to ensure the problem does not return  
☐ Spinal check-up and to improve my general health

Reason for appointment/current complaint: \_\_\_\_\_

Is this condition: Auto Related / WSIB Claim / Sport Injury / Gradual Onset / Other: \_\_\_\_\_

Please circle the following diagram based on location of pain or discomfort.

- Dull Ache (A)  
Sharp (H)  
Tingling (T)  
Numbness (N)  
Burning (B)  
Stiffness (F)  
Tight (G)  
Other (X)



Please place an x on the grade indicating the severity of your pain.

(Least) 1 2 3 4 5 6 7 8 9 10 (Worst)

Is your complaint: Constant / Intermitted / Re- Occurring

Have you seen someone else for this condition? \_\_\_\_\_

Type of Treatment: Results: \_\_\_\_\_

Current Medications: Pain Killers / Muscle Relaxants / Blood Pressure / Insulin / Anticoagulants

Please List: \_\_\_\_\_

Any other questions, comments or concerns? \_\_\_\_\_

\_\_\_\_\_ Date: \_\_\_\_\_ 20\_\_\_\_

Signature or Patient (or legal guardian)





# Heritage Park Physical Therapy

## Informed Consent Form for Foot Orthotic Therapy

Your chiropractor has prescribed medical devices for you called custom foot orthotics. Orthotics can be an integral part of patient care by health care providers for the management of pathologies and musculoskeletal symptoms, and to alleviate pain and discomfort from abnormal foot function. Abnormal foot function may affect a person's kinetic chain, including legs, knees, hips and spine.

Orthotics will be designed based upon abnormal foot function, other painful symptoms, patient activity level, patient physical stature and the type of footwear in which the orthotics are worn. Custom orthotics are inserts placed inside footwear.

### **What is the process?**

Your chiropractor will assess your foot function (as well as other pertinent examinations such as observing gait and other clinical tests) in order to determine if you require foot orthotics. If you do have findings in the examination, we will determine what type of orthotics will benefit you most.

The next step is taking a foam cast mold of your foot so that the orthotics can be built specifically for you. The foam cast is sent to a custom orthotic laboratory that will make a device specific to your feet. The process usually takes 7-10 business days. When the orthotics arrive, your chiropractor will ensure the devices fit and function properly and will discuss wearing instructions.

### **What should I expect when wearing the orthotics?**

Many patients experience pain reduction and increased comfort when wearing custom foot orthotics. A small percentage of patients experience discomfort and/or pain when breaking in their orthotics and an even smaller percentage of patients experience significant enough pain that they cannot wear their orthotics at all.

### **It may take time to adjust to these changes.**

These aches are usually transitory and usually disappear in a short amount of time. However, if at any time you have a question or concern, please contact our office.



I have read the information above, and hereby request and consent to the performance of the assessment of my foot function and the prescription of custom foot orthotics. I have had an opportunity to discuss the nature, purpose, benefits and risks of custom foot orthotics.

I understand, and am informed that there are some risks to treatment with custom orthotics, including, but not limited to, foot pain, leg pain, and back pain. I do not expect the chiropractor to be able to anticipate and explain all the risks and complications, and realize that the prescription of orthotics may benefit my specific condition.

I have read, and/or have had read to me, the above information. I have had the opportunity to ask questions about its contents and by signing below I agree to the above named procedures. I intend this consent to apply to cover the entire course of treatment for my present and future condition(s) for which I seek foot orthotic treatment.

\_\_\_\_\_  
Signature of Patient (or legal guardian)

\_\_\_\_\_ Date: \_\_\_\_\_ 20\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Doctor Signature

\_\_\_\_\_ Date: \_\_\_\_\_ 20\_\_\_\_\_  
Doctor Signature

