

# CHIROPRACTIC CARE & PREGNANCY

## WHAT ARE THE BENEFITS OF PRENATAL CHIROPRACTIC CARE?

During pregnancy, the body goes through an incredible amount of physiological & endocrinological changes. Prenatal chiropractic can help the body adapt to these changes & maintain a healthier pregnancy.

### OPTIMAL FETAL POSITION

Can help detect, prevent  
and correct fetal  
malposition



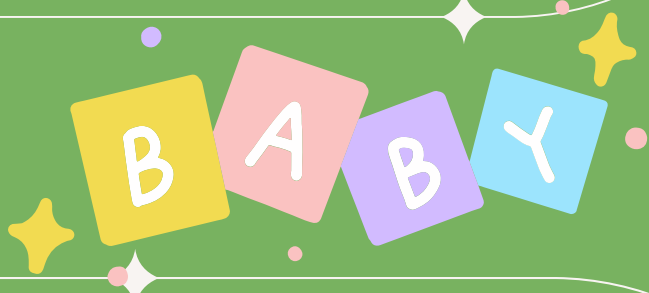
### PAIN RELIEF

Relieves headaches, neck,  
back & pelvic pain



### SAFER DELIVERY

A balanced pelvis allows  
for easier delivery



### SHORTER LABOR

Reduces average labor  
& delivery time

### HEALTHY MOM HEALTHY BABY

Relives headaches, neck,  
back & pelvic pain

