



ABOUT THE PATIENT

Today's Date _____

Name _____ Birthdate _____ Age _____ Gender _____

Address _____ City _____ State _____ Zip _____

Home Phone _____ Cell Phone _____ E-mail Address _____

Emergency Contact _____ Ph # _____

Your Employer _____ Type of Work _____

Single Married Widowed Partner's Name _____

Are you pregnant? No Yes When is your due date? _____ Hospital Birth Mid-Wife Home Birth Birth Center

Kid's Name _____ Age _____ Kid's Name _____ Age _____

Kid's Name _____ Age _____ Kid's Name _____ Age _____

Have you been to a chiropractor before? No Yes If Yes, Where? _____

When was the last time you were adjusted? _____ What type of care was received? Acute Wellness Both

How did you hear about us? _____ Whom may we thank for referring you? _____

REASON FOR SEEKING CARE

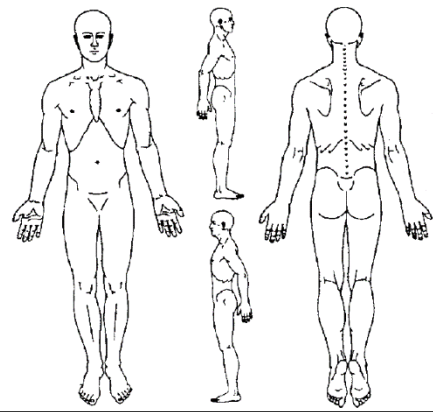
1. _____ Mild Moderate Severe
 How long has this been an issue? _____
 Is it: Dull Sharp Ache Numb/Tingle Stabbing Constant Intermittent
 Worse in the morning Worse in evening
 Pain radiates to _____
 This affects my: Sleep Work Daily Routine Sitting Driving
 Other: _____

2. _____ Mild Moderate Severe
 How long has this been an issue? _____
 Is it: Dull Sharp Ache Numb/Tingle Stabbing Constant Intermittent
 Worse in the morning Worse in evening
 Pain radiates to _____
 This affects my: Sleep Work Daily Routine Sitting Driving
 Other: _____

3. _____ Mild Moderate Severe
 How long has this been an issue? _____
 Is it: Dull Sharp Ache Numb/Tingle Stabbing Constant Intermittent
 Worse in the morning Worse in evening
 Pain radiates to _____
 This affects my: Sleep Work Daily Routine Sitting Driving
 Other: _____

4. _____ Mild Moderate Severe
 How long has this been an issue? _____
 Is it: Dull Sharp Ache Numb/Tingle Stabbing Constant Intermittent
 Worse in the morning Worse in evening
 Pain radiates to _____
 This affects my: Sleep Work Daily Routine Sitting Driving
 Other: _____

Please mark all areas of concern



Doctor's Notes



PAST HEALTH HISTORY

List any past auto collisions? _____ Date _____

Was any care received, if so where? _____

Continued Complaints as a result? _____

List any past work injuries: _____ Date _____

Was any care received, if so where? _____

Continued Complaints as a result? _____

List any past sport, recreational, or home injuries: _____

Have you had any concussions? _____ How many? _____

Please list any past hospitalizations and surgeries: _____

Do you have any medical devices in your body (pacemaker, metal plates, surgical screws, etc)? _____

List any medications you are taking: _____

Have you had any pregnancies? No Yes If Yes, did you have any complications? _____

How many births did you have? _____ How many vaginal? _____ How many c-sections? _____ How many VBAC's? _____

FAMILY HISTORY

Father's side: Heart Disease Cancer Diabetes Heavy Medication use Arthritis Other _____

Mother's side: Heart Disease Cancer Diabetes Heavy Medication use Arthritis Other _____

Is there any other family history you want us to know? _____

CARE GOALS

I am looking to get: Acute care only Pain relief and wellness care Continue with wellness care

My goals for care are: 1. _____

2. _____

3. _____

What impact have your complaints had on your lifestyle and activities? _____

We offer multiple therapeutic services at our clinic. Please indicate if you are interested in learning more about:

Acupuncture Massage Laser TheraMat Supplements

We want to respect your schedule and budget when building a custom care plan. Are there any considerations of monthly budget you would like us to be aware of? No – Build the plan that I need to meet the goals listed above

Yes – I would like to stay within a monthly budget of: Under \$100 \$100 - \$200 \$200 +

Are there any considerations you want us to know regarding your schedule and availability for appointments? _____

AUTHORIZATION

- I authorize the doctor or staff to render care as deemed appropriate for me and/or my child.
- I authorize Family Chiropractic Center to release and/or request records to or from other providers as may be necessary.
- I hereby certify that the information provided is true and accurate.


Patient Signature _____ Date _____

Doctor Signature _____ Date _____

Patient Review of Systems

THE NERVOUS SYSTEM CONTROLS AND COORDINATES ALL ORGANS AND STRUCTURES OF THE HUMAN BODY

Please check the corresponding boxes for each symptom or condition you have experienced - including both past and present.

REGIONS	FUNCTIONS	SYMPTOMS			
 Cervical (Neck)	<ul style="list-style-type: none"> Autonomic Nervous System ENT System Vision, Balance & Coordination Speech Immune System Digestive System Nerve Supply to Shoulders, Arms & Hands Sympathetic Nucleus Metabolism Thyroid 	PAST PRESENT <input type="checkbox"/> <input type="checkbox"/> Concussion <input type="checkbox"/> <input type="checkbox"/> Colic & Excessive Crying <input type="checkbox"/> <input type="checkbox"/> Ear & Sinus Infections <input type="checkbox"/> <input type="checkbox"/> Allergies & Congestion <input type="checkbox"/> <input type="checkbox"/> Immune Deficiency <input type="checkbox"/> <input type="checkbox"/> Headaches <input type="checkbox"/> <input type="checkbox"/> Migraines <input type="checkbox"/> <input type="checkbox"/> Vertigo & Dizziness <input type="checkbox"/> <input type="checkbox"/> Sore Throat & Strep <input type="checkbox"/> <input type="checkbox"/> Swollen Tonsils <input type="checkbox"/> <input type="checkbox"/> Adenoids <input type="checkbox"/> <input type="checkbox"/> Vision & Hearing Issues <input type="checkbox"/> <input type="checkbox"/> Tinnitus (Ringing in Ears) <input type="checkbox"/> <input type="checkbox"/> Low Energy & Fatigue <input type="checkbox"/> <input type="checkbox"/> Difficulty Sleeping <input type="checkbox"/> <input type="checkbox"/> Snoring/Sleep Apnea <input type="checkbox"/> <input type="checkbox"/> Cold hands <input type="checkbox"/> <input type="checkbox"/> Pain, Numbness & Tingling in Arms to Hands	PAST PRESENT <input type="checkbox"/> <input type="checkbox"/> Epilepsy & Seizures <input type="checkbox"/> <input type="checkbox"/> Sensory & Spectrum <input type="checkbox"/> <input type="checkbox"/> ADD / ADHD <input type="checkbox"/> <input type="checkbox"/> Focus & Memory Issues <input type="checkbox"/> <input type="checkbox"/> Anxiety & Stress <input type="checkbox"/> <input type="checkbox"/> Balance & Coordination <input type="checkbox"/> <input type="checkbox"/> Speech Issues <input type="checkbox"/> <input type="checkbox"/> TMJ / Jaw Pain <input type="checkbox"/> <input type="checkbox"/> Stiff Neck & Shoulders <input type="checkbox"/> <input type="checkbox"/> Depression <input type="checkbox"/> <input type="checkbox"/> High Blood Pressure <input type="checkbox"/> <input type="checkbox"/> Poor Metabolism & Weight Control <input type="checkbox"/> <input type="checkbox"/> Acne/Skin Conditions <input type="checkbox"/> <input type="checkbox"/> Rheumatoid Arthritis <input type="checkbox"/> <input type="checkbox"/> Multiple Sclerosis <input type="checkbox"/> <input type="checkbox"/> AutoImmune Conditions		
	Thoracic (Mid-Back)	<ul style="list-style-type: none"> Upper G.I. Respiratory System Cardiac Function Major Digestive Center Detox & Immunity Stress Response Filtration & Elimination Gut & Digestion Hormonal Control 	<input type="checkbox"/> <input type="checkbox"/> Reflex / GERD <input type="checkbox"/> <input type="checkbox"/> Chronic Colds & Cough <input type="checkbox"/> <input type="checkbox"/> Asthma <input type="checkbox"/> <input type="checkbox"/> Gallbladder Pain / Issues <input type="checkbox"/> <input type="checkbox"/> Jaundice <input type="checkbox"/> <input type="checkbox"/> Fever <input type="checkbox"/> <input type="checkbox"/> Behavior Issues <input type="checkbox"/> <input type="checkbox"/> Hyperactivity <input type="checkbox"/> <input type="checkbox"/> Chronic Fatigue <input type="checkbox"/> <input type="checkbox"/> Chronic Stress <input type="checkbox"/> <input type="checkbox"/> Liver Conditions <input type="checkbox"/> <input type="checkbox"/> Fibromyalgia	<input type="checkbox"/> <input type="checkbox"/> Bronchitis & Pneumonia <input type="checkbox"/> <input type="checkbox"/> Functional Heart Conditions <input type="checkbox"/> <input type="checkbox"/> Pain in Sternum/Ribs <input type="checkbox"/> <input type="checkbox"/> Indigestion & Heartburn <input type="checkbox"/> <input type="checkbox"/> Stomach Pains & Ulcers <input type="checkbox"/> <input type="checkbox"/> Blood Sugar Problems/ Diabetes <input type="checkbox"/> <input type="checkbox"/> Allergies & Eczema <input type="checkbox"/> <input type="checkbox"/> Skin Conditions / Rash <input type="checkbox"/> <input type="checkbox"/> Kidney Problems/Stones <input type="checkbox"/> <input type="checkbox"/> Gas Pain & Bloating <input type="checkbox"/> <input type="checkbox"/> Lowered Immune Response <input type="checkbox"/> <input type="checkbox"/> High Cholesterol	
		Lumbar, Sacrum & Pelvis (Low Back)	<ul style="list-style-type: none"> Lower G.I. (Absorption & Motility) Gut-Immune System Major Hormonal Control Reproductive Health 	<input type="checkbox"/> <input type="checkbox"/> Constipation <input type="checkbox"/> <input type="checkbox"/> Crohn's, Colitis & IBS <input type="checkbox"/> <input type="checkbox"/> Diarrhea <input type="checkbox"/> <input type="checkbox"/> Bedwetting <input type="checkbox"/> <input type="checkbox"/> Bladder & Urination Issues <input type="checkbox"/> <input type="checkbox"/> Cramps & Menstrual Issues <input type="checkbox"/> <input type="checkbox"/> Cysts & Endometriosis <input type="checkbox"/> <input type="checkbox"/> Infertility <input type="checkbox"/> <input type="checkbox"/> Impotency <input type="checkbox"/> <input type="checkbox"/> Hemorrhoids <input type="checkbox"/> <input type="checkbox"/> Uterine Fibroids	<input type="checkbox"/> <input type="checkbox"/> Sciatica & Radiating Pain to Legs <input type="checkbox"/> <input type="checkbox"/> Lumbopelvic / SI Joint Pain <input type="checkbox"/> <input type="checkbox"/> Hamstring Tightness <input type="checkbox"/> <input type="checkbox"/> Disc Degeneration <input type="checkbox"/> <input type="checkbox"/> Leg Weakness & Cramps <input type="checkbox"/> <input type="checkbox"/> Poor Circulation & Cold Feet <input type="checkbox"/> <input type="checkbox"/> Knee, Ankle & Foot Pain <input type="checkbox"/> <input type="checkbox"/> Weak Ankles & Arches <input type="checkbox"/> <input type="checkbox"/> Lower Back Pain <input type="checkbox"/> <input type="checkbox"/> Gluten & Casein Intolerance

Other: _____

Patient Name: _____ Date: _____



Informed Consent to Care

You are the decision maker for your health care. Part of our role is to provide you with information to assist you in making informed choices. This process is often referred to as “informed consent” and involves your understanding and agreement regarding the care we recommend, the benefits and risks associated with the care, alternatives, and the potential effect on your health if you choose not to receive the care.

We may conduct some diagnostic or examination procedures, if indicated. Any examinations or tests conducted will be carefully performed, but may be uncomfortable.

Chiropractic care centrally involves what is known as a chiropractic adjustment. There may be additional supportive procedures or recommendations as well. When providing an adjustment, we use our hands or an instrument to reposition anatomical structures, such as vertebrae. Potential benefits of an adjustment include restoring normal joint motion, reducing swelling and inflammation in a joint, reducing pain in the joint, and improving neurological functioning and overall well-being.

It is important that you understand, as with all health care approaches, results are not guaranteed, and there is no promise to cure. As with all types of health care interventions, there are some risks to care, including, but not limited to: muscle spasms, aggravating and/or temporary increase in the symptoms, lack of improvement of symptoms, burns and/or scarring from electrical stimulation and from hot or cold therapies, including, but not limited to hot packs and ice, fractures (broken bones), disc injuries, strokes, dislocations, strains, and sprains. With respect to strokes, there is a rare but serious condition known as an arterial dissection that involves an abnormal change in the wall of an artery that may cause the development of a thrombus (clot) with the potential to lead to a stroke. This occurs in 3-4 of every 100,000 people, whether they are receiving health care or not. Patients who experience this condition often, but not always, present to their medical doctor or chiropractor with neck pain and headache. Unfortunately, a percentage of these patients will experience a stroke. As chiropractic can involve manually and/or mechanically adjusting the cervical spine, it has been reported that chiropractic care may be a risk for developing this type of stroke. The association with stroke is exceedingly rare and is estimated to be related in one in one million to one in two million cervical adjustments.

It is also important that you understand there are treatment options available for your condition other than chiropractic procedures. Likely, you have tried many of these approaches already. The options may include, but are not limited to: self-administered care, over-the-counter pain relievers physical measures and rest, medical with prescription drugs, physical therapy, bracing, injections, and surgery. Lastly, you have the right to a second opinion and to secure other opinions about your circumstances and health care as you see fit.

I have read, or have had read to me, the above consent. I appreciate that it is not possible to consider every possible complication to care. I have also had an opportunity to ask questions about its content, and by signing below, I agree with the current or future recommendation to receive chiropractic care as is deemed appropriate for my circumstance. I intend this consent to cover the entire course of care from all providers in this office for my present condition and for any future condition(s) for which I seek chiropractic care from this office.

Patient/Guardian Name _____

Date _____

Signature _____



Patient Health Information Consent Form

We want you to know how your Patient Health Information (PHI) is going to be used in this office and your rights concerning those records. Before we begin any health care operations we must require you to read and sign this form stating that you understand and agree with how your records will be used.

1. The patient understands and agrees to allow this office to use their Patient Health Information (PHI) for the purpose of treatment, payment, healthcare operations and coordination of care. As an example, the patient agrees to allow this chiropractic office to submit requested PHI to the Health Insurance Company (or companies) provided to us by the patient for the purpose of payment. Be assured that this office will limit the release of all PHI to the minimum needed for what the insurance companies require for payment.
2. The patient has the right to examine and obtain a copy of his or her own health records at any time and request corrections. The patient may request to know what disclosures have been made and submit in writing any further restrictions on the use of their PHI. Our office is not obligated to agree to those restrictions.
3. A patient's written consent need only be obtained one time for all subsequent care given the patient in this office.
4. The patient may provide a written request to revoke consent at any time during care. This would not affect the use of those records for the care given prior to the written request to revoke consent but would apply to any care given after the request has been presented.
5. For your security and right to privacy, all staff has been trained in the area of patient record privacy and a privacy official has been designated to enforce those procedures in our office. We have all take precautions that are known by this office to assure that your records are not readily available to those who do not need them.
6. Patients have the right to file a formal complaint with our privacy official about any possible violations of these policies and procedures.
7. If the patient refuses to sign this consent for the purpose of treatment, payment and health care operations, the chiropractic physician has the right to refuse to give care.
8. The patient understands and agrees to allow this office to use their name and images for newsletters (both mailed and emailed), social media posts and ads, birthday cards, patient testimonials, referrals, appointment reminder calls and/or mailings, use of photos, and reactivation calls and/or mailings.

The patient understands that under the Health Insurance Portability and Accountability Act (HIPAA), the patient has certain rights to privacy regarding my protected health information. The patient acknowledges that he or she has received or has been given the opportunity to receive a copy of their Notice of Privacy Practices. The patient also understands that this practice has the right to change its Notice of Privacy Practices and that the patient may contact the practice at any time to obtain a current copy of the Notice of Privacy Practices.

I have read and understand how my Patient Health Information will be used and I agree to these policies and procedures.

Patient/Guardian Name _____

Date _____

Signature _____



Paying for care is easy! Mark which one works best for you:

_____ **Custom Care Plan:** Our care plans and simple payment arrangements have helped over 5,000 people and are sure to work great for you too! These days, insurance pays very little for natural, drugless care to get you healthy which is why we don't accept commercial insurance. Our custom care plans have budget-friendly payment options which are discussed prior to starting care. We will **never** surprise you with a bill in the mail! Don't worry, you can still use your HSA or FSA dollars here!

_____ **Auto Injury:** Auto-related injuries are covered at 100% in MN - even if you were at-fault or were a passenger! You can get the care you need; we'll take care of the rest! Your insurance even covers Acupuncture, Massage, and Laser!

_____ **Initial:** *By initialing here, you understand that you may be responsible for a \$95 no show/\$45 late cancellation fee for Acupuncture and Massage appts only. We just ask for a proper notice no less than 24 hours if a cancellation is necessary.*

_____ **Work Injury:** Work injuries are covered at 100% for up to 12 weeks of treatment. You can get the care you need; we'll take care of the rest! Your insurance even covers Acupuncture, Massage, and Laser!

_____ **Initial:** *By initialing here, you understand that you may be responsible for a \$95 no show/\$45 late cancellation fee for Acupuncture and Massage appts only. We just ask for a proper notice no less than 24 hours if a cancellation is necessary.*

_____ **Medicare:** Regardless of your condition, Medicare pays for **active care** adjustments only. They have very strict rules and limitations. Medicare examinations are required to show you are eligible for care, but Medicare does NOT cover them (\$50). Maintenance care is not a covered service through Medicare, but we offer a special rate of \$42/visit for Medicare patients.

For Your Convenience:

We like to make things as easy as possible for our patients - including paying for care! Prior to beginning treatment, we will go over all costs anticipated with your customized plan. Feel comfortable knowing we use a secure portal to hold your credit card information.

- I understand I am responsible for all bills incurred in this office.
- I authorize assignment of my insurance benefits (if applicable) directly to the provider.
- Person responsible for this account if other than the patient? _____
- The clinic may use photos/images for promotional materials and posts.
- If your account becomes 30 days past due, we will run the card on file for the outstanding balance.
- If you chose to discontinue care before your plan has been completed, an account reconciliation will be performed. A payment or credit (via check) will be issued.

Patient/Guardian Name _____

Date _____

Signature _____