



GET "BEAR FIT" IN 2022!

#bigbearstrengthconditioning #getbearfit #beabigbear

Using our state-of-the-art Power Plate, kettlebells / dumbbells, and a full line-up of TheraBand gear, we can design a program exclusively for YOU!

Every plan is 100% customized
NEVER any "add-on" or "membership" fees

SINGLE

\$35/SESSION

Pay as you go. The ultimate in high flexibility, low commitment.

DOUBLE

\$150 FOR FIVE SESSIONS
(\$30/SESSION)

Solid option for those who aren't quite ready to commit to being "Bear Fit"...

TRIPLE

\$270 FOR TEN SESSIONS
(\$27/SESSION)

23% less than buying 10 single sessions, or 10% off versus hitting two doubles. Now we're gettin' serious...

HOME RUN

\$325/MONTH
UNLIMITED SESSIONS

As many potential visits as there are business days in a month. The ultimate in commitment and fitness!!!

BIG BEAR



STRENGTH & CONDITIONING
MORRISTOWN, NJ



www.bigbearstrength.com
getfit@bigbearstrength.com
973.520.2033

