

Modern Chiropractic Chicago - Informed Consent for Diagnosis, Care, and Treatment

Patient Name: _____

To the Patient: Please read this entire document prior to signing it. It is important that you understand the information contained in this document. Please ask questions before you sign if there is anything that is unclear.

The nature of the chiropractic adjustment: The primary treatment our doctors use is spinal manipulative therapy. This consists of using his hands or a mechanical instrument upon areas of your spine and extremities in such a way to move your joints. That may cause an audible “pop” or “click,” much as you have experiences when you “crack” your knuckles. You may also feel a sense of movement.

The nature of acupuncture: Acupuncture consists of the insertion of fine needles on certain points and meridians on your body. Points can be located on any area of your body, and the doctor will discuss the areas associated with your treatment.

Analysis / Examination / Treatment: As a part of the analysis, examination, and treatment, you are consenting to the following procedures:

- Spinal manipulative therapy
- Acupuncture
- Range of motion testing
- Palpation of muscles, joints, spine
- Orthopedic testing
- Muscle strength testing
- Postural analysis
- Basic neurologic testing
- Vital signs

The material risk inherent in chiropractic adjustment: As with any healthcare procedure, there are certain complications which may arise during chiropractic manipulative therapy. These complications include but are not limited to: fractures, disc injuries, dislocations, muscle strain, cervical myelopathy, and costovertebral strains. Fractures are rare occurrences and generally result from some underlying weakness of the bone which the doctor checks for during your history and exam. The other complications are also generally described as rare. Some types of manipulations of the neck have been associated with injuries to the arteries in the neck leading to or contributing to complications including stroke. The incidences of stroke are exceedingly rare and are estimated to occur between one in one million and one in five million cervical adjustments.

The material risk inherent in acupuncture: Acupuncture is generally a safe method of treatment. Some side effects include bruising, pain at site of needle, numbness and tingling near the needle site, dizziness and fainting. All needles used are sterile disposable needles.

The risks and dangers attendant to remaining untreated: Remaining untreated may allow the formation of adhesions and reduce mobility, which may set up a pain reaction further reducing mobility. Over time this process may complicate treatment making it more difficult and less effective the longer it is postponed. For best results, follow up with your doctor in office as results of treatments are cumulative. Results not guaranteed.

I have read the above explanation of the chiropractic adjustment and related treatment. I have discussed it with the doctor and have had my questions answered to my satisfaction. By signing below I state that I have weighed the risks involved in undergoing treatment and have decided that it is in my best interest to undergo the treatment recommended. Having been informed of risks, I hereby give my consent to that treatment.

Patient Signature _____ Date _____

Parent Signature (if under 18) _____ Date _____

Physician Signature _____ Date _____