2517 Lebanon Pike, Suite 101 Nashville, Tennessee 37214 615.751.0958



Kelli Thomas, ND Wellness Practitioner

Name:		Date:	DOB:	
Age:	Female or M	ale		
Home Address:				
Marital Status: Single, Marrie				
Do you have children:		If yes, how many	?	
Ages:				
Email Address:				
Best number to be reached	(specify home, mo	bile, work):		
Hobbies:				
Occupation:				
Employer (Name and Addre	ss) :			
Medical Doctor:				
Phone Number:				
Emergency Contact & Phon	e Number:			
Please list the main complair	nt & specify examp	lles of how it affects you	ır everyday life.	

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Please list any past or present allergies (to include food & medications):
List of current medications:
List of current vitamins or supplements:
Have you seen or do you currently see an acupuncturist, chiropractor, massage therapist, physical therapist counselor, herbalist, naturopath, etc.? If so, please describe the type of practitioner, name, dates, and if benefit/relief was/is received.
What do you consider the status of your current health?
On a scale of 0 to 10 (0 being the worst and 10 being the best), what would you rank your current health status?
Have you ever done any type of cleanse or purification program before?
If so, what type, was it a positive experience and you receive benefit?

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Have you ever smoked?	
Do you smoke?	If so, how much?
Do you drink?	_ If so, how much?
Mother living? YES/NO Fath any pertinent family medical	er living? YES/NO Please list current age & if in good health, or age at death & history:

** Check all that apply regarding your personal and family history in the below chart. If the condition applies to a family member, please write which family member in which it applies to.

Condition	You	Family	Condition	You	Family	Condition	You	Family
Acid Reflux/GERD			Headaches/Migraines			Osteoarthritis		
Alcoholism			Heart Attack			Osteoporosis		
Aneurysm			Hepatitis			Rheumatoid Arthritis		
Anxiety			High Blood Pressure			Seasonal Allergies		
Asthma			High Cholesterol			Seizures		
Blood Clots			Kidney Disease			Sleep Apnea		
Cancer			Kidney Stones			STD/HIV		
Depression			Liver Problems			Stroke		
Emphysema/COPD			Lupus			Substance Abuse		
Gout			Obesity			Thyroid Problems		

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** Complete the chart below as it relates to screening/prevention:

Screening/ Prevention Test	Year	Screening/ Prevention Test	Year	Screening/ Prevention Test	Year
Cholesterol Check		Physical Exam		For Women: Bone Density Test	
Colonoscopy		Pneumonia Vaccine		For Women: Mammogram	
Diabetes Check		Tetanus Shot		For Women: Pap Smear	
Flu Vaccine		For Men: Prostate Exam			

** Please complete the following information if you have or have had any symptoms in the past year:

Body System	Symptoms
Dermatology/Skin (Example: Eczema, Rash, Irregular Moles, Discolored Skin)	
Head, Ears, Nose, Throat (Example: Ear ringing, Sinus Issues, Mouth Sores)	
Cardiovascular (Example: Chest Pain, Heart Problems, Fainting)	
Respiratory (Example: Wheezing, Shortness of Breath, Snoring)	
Gastrointestinal (Example: Stomach Pain, Nausea, Vomiting, Constipation	
Genitourinary (Example: Kidney/Bladder Infections, Pain with Urination)	
Lymphatic/Hematologic (Example: Easy Bruising, Easy Bleeding, Swollen Glands)	
Musculoskeletal (Example: Swollen Joints, Muscle Spasms, Muscle Cramps)	
Endocrine (Example: Thyroid Problems, Diabetes)	
Psychiatric/Neurological (Example: Headaches, Dizziness, Tremors, Poor Balance)	
Female/Male Specific (Example: Irregular Periods, Pregnancy/Prostate Problems)	
Other	

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Please list any past or present health conditions:
Please list all surgeries and corresponding conditions:
History of any vaccines, immunizations, shots in the past, if so, which ones?
Please list foods you ate yesterday:
Please list any foods you eat on a regular basis or foods you tend to avoid:
Please list anything else in your medical history that you feel is relevant:

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