

Please Fill Out Form Completely

(Please Print)

Today's Date: _____

Patient Name: _____ Birth-date: _____

Address: _____ City: _____ State: _____ Zip: _____

Home/Cell Phone: _____ Email: _____

Occupation: _____ Employer: _____ Primary Care Physician: _____

How did you hear about our office??? _____

Have consulted a Chiropractic before? No Yes When? _____ If so, Whom _____

List other doctors consulted for these conditions:

(1) _____ Date seen _____

(2) _____ Date seen _____

Is this injury work-related? _____ Have you reported it to your employer? _____

Is this injury or illness related to an automobile accident? _____ (if yes, complete below)

Your Auto Ins. Co. _____ Policy # _____ Claim # _____

Please Mark any Complaints or Regions of Pain (Mark all that apply)

Neck Pain Mid-Back Pain Low Back Pain Sacral/Buttock Pain

Right Hip Left Hip Right Shoulder Left Shoulder

Right Knee Left Knee Right Elbow Left Elbow

Right Ankle-Foot Left Ankle-Foot Right Wrist-Hand Left Wrist-Hand

Headaches Sinus Issues Muscle Cramps Muscle Fatigue Numbness

Are your symptoms: **Getting worse** **Getting better** **Staying the same**

What is your chief complaint? _____

When did it start? _____

What caused it? _____

What makes pain worse? _____

What makes pain better? _____

Does the pain go down arms or legs? If yes describe _____

Do you have numbness in your hands or feet? If yes describe _____

Doctors Initials _____

PATIENT HISTORY

Circle the current pain level of your complaint:

Circle the percentage of day you experience the complaint:

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|---|---|---|---|---|---|---|---|---|----|

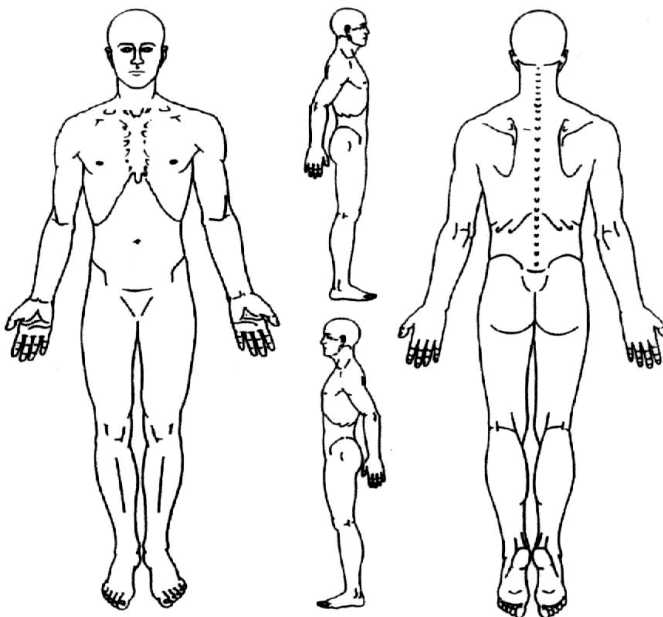
| | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|-----|
| 10 | 20 | 30 | 40 | 50 | 60 | 70 | 80 | 90 | 100 |
|----|----|----|----|----|----|----|----|----|-----|

When do you feel it most? AM PM Explain: _____

Please show where on the body below you are experiencing all of your current complaints by circling the area and placing the letter(s) on the left of that specific area.

Do you currently have pain and/or difficulty performing any of the following activities? (Circle Y or N)

- A: Ache
- B: Burning
- C: Cramping
- D: Dull Pain
- F: Stiffness
- N: Numbness
- R: Throbbing
- S: Soreness
- T: Tingling
- X: Sharp Pain



- Walking Y N
- Standing Y N
- Running Y N
- Sleeping Y N
- Driving Y N
- Personal Grooming Y N
- Sitting Y N
- Kneeling Y N
- Exercising Y N
- Bending Y N
- Lifting Objects Y N
- Lifting Children Y N
- Housework Y N

- Pain Relievers** Daily Weekly How Much? _____
- Alcohol Use** Daily Weekly How Much? _____
- Tobacco Use** Daily Weekly How Much? _____
- Coffee Use** Daily Weekly How Much? _____
- Exercising** Daily Weekly How Much? _____

Are you pregnant? Yes No Number of pregnancies? _____ Number of miscarriages? _____

Have you ever had Surgery (Please include all Surgeries)

- (1) Type _____ When _____
- (2) Type _____ When _____
- (3) Type _____ When _____

Accidents or Injuries in the past (please list all)

Doctors Initials _____



Activities of Daily Living

How does this condition currently interfere with your life and ability to function?

| | No Effect | Mild | Moderate | Severe | | No Effect | Mild | Moderate | Severe |
|------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Sitting | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Grocery Shopping | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Rising out of a chair | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Household Chores | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Standing | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Yardwork | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Walking | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Lifting objects | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Lying Down | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Reaching overhead | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Bending over | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Showering or bathing | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Climbing stairs | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Dressing myself | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Using a computer | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Love life | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Getting in/out of car | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Getting to sleep | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Driving a Car | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Staying asleep | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Looking over shoulder | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Concentrating | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Caring for family | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Exercising | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Acknowledgements

To set clear expectations, improve communications and help you get the best results in the shortest amount of time, please read each statement and initial your agreement.

Initials _____ I instruct the chiropractor to deliver the care that in his or her professional judgment, can best help me in the restoration of my health. I also understand that the chiropractic care offered in this practice is based on the best available evidence designed to reduce or correct vertebral subluxation. Chiropractic care is a sperate and distinct healing art from medicine and does not proclaim to cure any named disease or entity.

Initials _____ I may request a copy of the Privacy Policy and understand it describes how my professional health information is protected and released on my behalf for seeking reimbursement for any involved third parties.

Initials _____ I realize that electric stimulation therapy my be hazardous to an unborn child and I certify that to the best of my knowledge I am not pregnant. Date of last menstrual period (**MM/DD/YYYY**): _____

Initials _____ I grant permission to be called to confirm reschedule an appointment and to be sent occasional cards, letters, emails or health information to me as an extension of my care in this office.

Initials _____ I acknowledge that any insurance I may have is an agreement between the carrier and me and that I am responsible for the payment of any covered or non-covered services I receive.

Initials _____ To the best of my ability, the information I have supplied is complete and truthful. I have not misrepresented the presence, severity or cause of my health.

I authorize Sacco Chiropractic to release any information you deem appropriate concerning my physical condition to any insurance company, attorney, or adjuster in order to process any claim for reimbursement of charges incurred by me as a result of professional services rendered by you, and I hereby release you of any consequence thereof.

Signature: _____ **Date:** _____

Doctors Initials
