

Dr. Mark Trudeau Dr. Jordan Winberg

**CONFIDENTIAL PATIENT CASE HISTORY**

Dear Patient:

Please complete this questionnaire. Your answers will help us to determine if chiropractic care can help you. If we do not sincerely believe your condition will respond satisfactorily, we will not accept your case.

Name\_\_\_\_\_ Birth Date\_\_\_\_\_ Gender M/F Age\_\_\_\_\_

Mailing Address\_\_\_\_\_ City\_\_\_\_\_

Postal Code\_\_\_\_\_ Home Phone\_\_\_\_\_ Bus./Cell Phone\_\_\_\_\_

Marital Status M S W D Spouse's Name\_\_\_\_\_ Children\_\_\_\_\_

Employer\_\_\_\_\_ Occupation\_\_\_\_\_

Name of the person who referred you to our office\_\_\_\_\_

**HEALTH INFORMATION**

What is your major complaint? \_\_\_\_\_

How long have you had this condition? \_\_\_\_\_

Have you had this or similar condition in past? \_\_\_\_\_

What makes it feel better? \_\_\_\_\_

What activities aggravate your condition? \_\_\_\_\_

Is this condition getting progressively worse? \_\_\_\_\_

Have you had x-rays of your spine in the past year? \_\_\_\_\_

Other doctors who have treated this condition: \_\_\_\_\_

Height\_\_\_\_\_ (feet/inches) Weight\_\_\_\_\_ (lbs) Shoe Size\_\_\_\_\_

Do you Smoke? Y/N , how much?\_\_\_\_\_ Do you drink alcohol? Y/N, how much?\_\_\_\_\_

Have you ever suffered from:

Please shade/circle areas of pain

Dizziness Y N Heart Trouble Y N

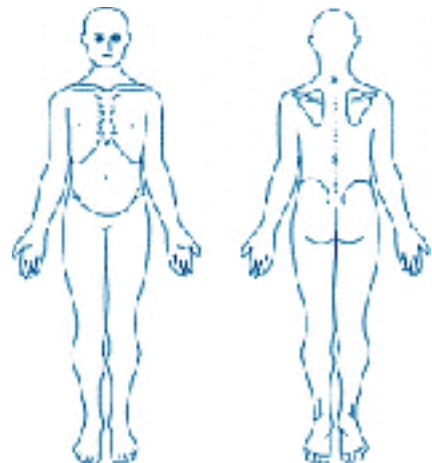
Backaches Y N Diabetes Y N

Arthritis Y N Headaches Y N

Digestive Disorders Y N Sinus Trouble Y N

Nervousness Y N

Other:\_\_\_\_\_



Other Complaints? \_\_\_\_\_

Have you had previous chiropractic care? \_\_\_\_\_ When? \_\_\_\_\_

Name of Chiropractor \_\_\_\_\_ Where? \_\_\_\_\_

Why? \_\_\_\_\_

Name of your Family Doctor \_\_\_\_\_ Last Physical Exam \_\_\_\_\_

List surgical operations and years \_\_\_\_\_

**Do you now take:**

Tranquilizers \_\_\_\_\_ Birth Control Pills \_\_\_\_\_  
Muscle Relaxers \_\_\_\_\_ Vitamins \_\_\_\_\_  
Pain Killers \_\_\_\_\_ Pep Pills \_\_\_\_\_  
Insulin \_\_\_\_\_ Nerve Pills \_\_\_\_\_

**How do you sleep?**

On Stomach \_\_\_\_ On Side \_\_\_\_ On Back \_\_\_\_  
Age of Mattress \_\_\_\_\_  
Comfortable? \_\_\_\_\_ Uncomfortable \_\_\_\_\_  
Hours Slept Per Night \_\_\_\_\_

**Are You Wearing:**

Heel Lifts \_\_\_\_\_ Orthotics \_\_\_\_\_ Inner soles \_\_\_\_\_ Arch Supports \_\_\_\_\_

Have you ever been in an automobile accident? Y N

Accident #1 When?: \_\_\_\_\_ Describe \_\_\_\_\_

Accident #2 When?: \_\_\_\_\_ Describe \_\_\_\_\_

Interests & Hobbies \_\_\_\_\_

**FAMILY HEALTH INFORMATION:**

Many health problems are the result of hereditary spinal weaknesses; this information about your immediate family members will give us a better picture of your health.

Have you or a family member had a history of the following?

Asthma _____	Cardiovascular Disease _____	Lumbago _____	M.S. _____
Allergies _____	Learning Disability _____	Diabetes _____	H.I.V. _____
Arthritis _____	Hyperactivity _____	Epilepsy _____	Cancer _____
Alcoholism _____	Stomach Ulcers _____	Bed Wetting _____	Depression _____
Schizophrenia _____			
Other _____			

I understand and agree that health and accident policies are an arrangement between my insurance carrier and myself. I clearly understand and agree that all services rendered me are charged directly to me and that I am personally responsible for payment. I also understand that if I suspend or terminate my care and treatment, any fees for professional services rendered me will be immediately due and payable. I consent to the examination by the doctor.

Signature: \_\_\_\_\_ Date \_\_\_\_\_

Guardian's Signature \_\_\_\_\_ Witness: \_\_\_\_\_