



### Client Information for Pre- and Post-Natal Clients

In order to provide you the best wellness care, please complete this form in it's entirety.  
All information is strictly CONFIDENTIAL.

Name \_\_\_\_\_ Today's Date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email \_\_\_\_\_

(Your email will NOT be shared with any 3<sup>rd</sup> parties, and is used for general office announcements and promotions. We won't spam you.)

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Week of Pregnancy \_\_\_\_\_ Expected Due Date \_\_\_\_\_

#### Emergency contact

Name \_\_\_\_\_ Relationship \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

#### Account Information

Person Ultimately Responsible for this account.

Name: \_\_\_\_\_ Relation: \_\_\_\_\_

Billing Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Driver's License # \_\_\_\_\_ Social Security # \_\_\_\_\_

Payment Method:  Cash  Check  Credit Card \_\_\_\_\_ (Type)

\_\_\_\_\_  
Credit Card Number

\_\_\_\_/\_\_\_\_/\_\_\_\_  
Expiration Date

I understand that outstanding balances of more than 30 days will be charged to this account. \_\_\_\_\_  
Initials

Physician or Midwife \_\_\_\_\_ Doula (if applicable) \_\_\_\_\_

- |   |  |
|---|--|
| <input type="checkbox"/> multiple pregnancy (twins) | <input type="checkbox"/> varicose veins      |
| <input type="checkbox"/> gestational diabetes       | <input type="checkbox"/> phlebitis           |
| <input type="checkbox"/> placental dysfunction      | <input type="checkbox"/> leg cramps          |
| <input type="checkbox"/> high blood pressure        | <input type="checkbox"/> restless legs       |
| <input type="checkbox"/> pre-eclampsia              | <input type="checkbox"/> headaches           |
| <input type="checkbox"/> threatened miscarriage     | <input type="checkbox"/> headaches           |
| <input type="checkbox"/> premature labor            | <input type="checkbox"/> heartburn           |
| <input type="checkbox"/> heart disease              | <input type="checkbox"/> constipation        |
| <input type="checkbox"/> bladder infection          | <input type="checkbox"/> hemorrhoids         |
| <input type="checkbox"/> swollen hands or feet      | <input type="checkbox"/> difficulty sleeping |

In which areas of your body are you currently experiencing tension, discomfort, or pain?

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Are there any areas where you would like me to focus during your massage session? Is there anything else you would like me to know about your health or pregnancy?

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Are there any areas where you would prefer not to receive massage today?

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I generally prefer: \_\_\_\_\_ music without words

- music with words  
 no music  
 no preference

When I receive massage, I usually prefer:

- to chat with the therapist  
 to be spoken to only to check in about pressure and comfort level  
 almost complete silence

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Client Signature

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Date