



# 2022 yoga nights

**Absolute Chiropractic + Wellness**  
Activity Room with Sara Sturge (RYT 200)

**11300 75th St - Ste 101 Kenosha, WI**

**6:15-7:15 PM**

**REGISTER TODAY!**  
CALL 262-925-2890  
OR IN PERSON AT FRONT DESK.

COST: \$15 PER CLASS  
CASH OR CHECK AT THE  
FRONT DESK, OR  
Venmo: @Absolute-Chiro

10 PEOPLE MAX

- **Thursday, March 17th:** St Patrick's Day  
Yoga for Happiness + Luck!

- **Friday, April 22nd:** Earth Day Yoga for  
Balance + Grounding

- **Monday, May 9th:** Mother-Daughter  
Yoga (Everyone welcome: Mothers and  
Sons, Aunts and Nieces, Grandmas and  
Granddaughters, Sisters, Friends | Ages  
12+)



**venmo**