

Resources to learn more about EFT/Tapping

www.thetappingsolution.com

www.emofree.com

www.eftuniverse.com/faqs/about-eft-tapping-and-this-site

www.tappingganda.com/learntapping

www.carollook.com/what-if-tapping/

www.youtube.com/watch?v=pAclBdj20ZU

How to Tap with Jessica Ortner