## Signs Your Baby Would Benefit from A Chiropractic Check-up

## A History of:

- Traumatic birth or prolonged labor
- C-Section
- Forceps/Vacuum extraction
- Stuck shoulders
- Brow, facial or other malposition
- Fall or other accident



## Things to look for:

- Torticollis/ head tilt
- Balding on one side of the head



Misshapen or flattened head





Imbalanced facial features



Tension or arching, signs of neural tension



## Signs of distress in body or behavior:

Colic, reflux, constipation, inconsolable crying.



Latching or other nursing issues.



- Sleep disturbances
- Ear infections
- Growth or other developmental issues
- Immune system issues
- Behavioral issues

A chiropractic check and adjustment if needed is always recommended after birth and during childhood, whether the child has symptoms or not.

Items listed above indicate a higher need for a chiropractic check! Even if your child has "grown out of them".