



## Chiropractic Registration and History

### Personal information

Full name: \_\_\_\_\_ Date of birth: \_\_\_\_\_  
(as appears on Medicare Card)

Residential address: \_\_\_\_\_

Suburb \_\_\_\_\_ State: \_\_\_\_\_ Postcode: \_\_\_\_\_

Phone/Mobile: \_\_\_\_\_ Email Address: \_\_\_\_\_

Occupation: \_\_\_\_\_ Marital status: \_\_\_\_\_ Children: \_\_\_\_\_

Emergency contact Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ PH: \_\_\_\_\_

Health Insurance: **Y** or **N** Name of Health Fund: \_\_\_\_\_

How did you find us? \_\_\_\_\_

### Reason for visit

**Reason for visit:** \_\_\_\_\_

When did your symptoms first appear? \_\_\_\_\_

Is your condition getting progressively worse? \_\_\_\_\_ Severity of your condition (0 least – 10 severe): \_\_\_\_\_

**Type of pain:**                      Sharp                      Dull                      Throbbing                      Burning  
(please circle)                      Numbness                      Cramping                      Other: \_\_\_\_\_

**Frequency of pain:**                      Constant                      Irregular  
(please circle)

**Does it interfere with:**                      Work                      Sleep                      Daily Routine                      Recreation  
(please circle)

Activities that are most painful: \_\_\_\_\_

Activities that the pain stops you from doing: \_\_\_\_\_

**Please mark on the pictures where you have pain, numbness or tingling.**



**Drs. Notes**

## Health history

Have you received other types of care for your condition? \_\_\_\_\_

Have you received any previous chiropractic care: No / Yes

Chiropractor's name: \_\_\_\_\_ Address: \_\_\_\_\_

Date of last spinal examination (x-ray, MRI, CT or bone scan): \_\_\_\_\_

Surgeries/operations: \_\_\_\_\_

\_\_\_\_\_

**Please tick the following conditions you currently have:**

<input type="checkbox"/> Arthritis	<input type="checkbox"/> Allergy	<input type="checkbox"/> Anxiety	<input type="checkbox"/> Asthma
<input type="checkbox"/> Back Troubles	<input type="checkbox"/> Bursitis	<input type="checkbox"/> Cancer	<input type="checkbox"/> Constipation
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Diarrhea	<input type="checkbox"/> Disc Problem	<input type="checkbox"/> Dizziness
<input type="checkbox"/> Emphysema	<input type="checkbox"/> Epilepsy	<input type="checkbox"/> Gall Bladder Problems	<input type="checkbox"/> Headaches
<input type="checkbox"/> Heart Trouble	<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Insomnia	<input type="checkbox"/> Irregular Periods
<input type="checkbox"/> Kidney Trouble	<input type="checkbox"/> Liver Trouble	<input type="checkbox"/> Menstrual Cramps	<input type="checkbox"/> Migraines
<input type="checkbox"/> Neuralgia	<input type="checkbox"/> Neuritis	<input type="checkbox"/> Pinched Nerve	<input type="checkbox"/> Ringing in ears
<input type="checkbox"/> Scoliosis	<input type="checkbox"/> Sinus Trouble	<input type="checkbox"/> Stomach Issues	<input type="checkbox"/> Thyroid Problems

**Please tick the following conditions your parents may have had or currently have:**

<input type="checkbox"/> Arthritis	<input type="checkbox"/> Anxiety	<input type="checkbox"/> Asthma	<input type="checkbox"/> Back Troubles
<input type="checkbox"/> Bursitis	<input type="checkbox"/> Cancer	<input type="checkbox"/> Constipation	<input type="checkbox"/> Diabetes
<input type="checkbox"/> Disc Problem	<input type="checkbox"/> Emphysema	<input type="checkbox"/> Epilepsy	<input type="checkbox"/> Headaches
<input type="checkbox"/> Heart Trouble	<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Insomnia	<input type="checkbox"/> Kidney Trouble
<input type="checkbox"/> Liver Trouble	<input type="checkbox"/> Migraines	<input type="checkbox"/> Neuralgia	<input type="checkbox"/> Neuritis
<input type="checkbox"/> Pinched Nerve	<input type="checkbox"/> Scoliosis	<input type="checkbox"/> Sinus Trouble	<input type="checkbox"/> Stomach Issues

**Medications/Vitamins/Supplements:** Please list any of the following you are currently taking

Medications: \_\_\_\_\_

Vitamins: \_\_\_\_\_

Supplements: \_\_\_\_\_

**For women only:**

Are you pregnant? No / Not sure / Yes, due date: \_\_\_\_\_

## Stressors

Because accumulation of stress affects our health and ability to heal please list your top three stresses (you have ever had) in each category:

1. Physical stress (falls, accidents, work postures, sports etc.)

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

2. Bio-chemical stress (smoke, unhealthy foods, missed meals, don't drink enough water, drugs/alcohol, etc.)

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

3. Psychological or mental/emotional stress (work, relationships, finances, self-esteem, etc.)

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

On a scale of 1-10 (1 being very low and 10 being extreme) please grade your current levels of stress. Including physical, bio-chemical and psychological or mental/emotional):

At work:	At home:	At play:
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On a scale of 1-10 (1 being very poor and 10 being excellent) please describe your:

Eating habits:	Exercise habits:	Sleep:	General health:	Mind set:
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How do you grade your physical health?

Excellent <input type="checkbox"/>	Good <input type="checkbox"/>	Fair <input type="checkbox"/>	Poor <input type="checkbox"/>	Getting better <input type="checkbox"/>	Getting worse <input type="checkbox"/>
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How do you grade your emotional/mental health?

Excellent <input type="checkbox"/>	Good <input type="checkbox"/>	Fair <input type="checkbox"/>	Poor <input type="checkbox"/>	Getting better <input type="checkbox"/>	Getting worse <input type="checkbox"/>
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## Authority

I hereby authorise the Chiropractic Doctor to perform any necessary diagnostic procedures, to fully evaluate my condition for the presence of vertebral subluxation.

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_