



**Health History**

Have you received other types of care for your condition? \_\_\_\_\_

Have you received any previous chiropractic care: **Y N**

Chiropractors Name \_\_\_\_\_ Address: \_\_\_\_\_

Date of last spinal examination? (X-ray, MRI, CT or bone scan) \_\_\_\_\_

Surgeries/Ops: \_\_\_\_\_

**Please tick the following conditions you currently have:**

<input type="checkbox"/> Arthritis	<input type="checkbox"/> Allergy	<input type="checkbox"/> Anxiety	<input type="checkbox"/> Asthma
<input type="checkbox"/> Back Troubles	<input type="checkbox"/> Bursitis	<input type="checkbox"/> Cancer	<input type="checkbox"/> Constipation
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Diarrhea	<input type="checkbox"/> Disc Problem	<input type="checkbox"/> Dizziness
<input type="checkbox"/> Emphysema	<input type="checkbox"/> Epilepsy	<input type="checkbox"/> Gall Bladder Problems	<input type="checkbox"/> Headaches
<input type="checkbox"/> Heart Trouble	<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Insomnia	<input type="checkbox"/> Irregular Periods
<input type="checkbox"/> Kidney Trouble	<input type="checkbox"/> Liver Trouble	<input type="checkbox"/> Menstrual Cramps	<input type="checkbox"/> Migraines
<input type="checkbox"/> Neuralgia	<input type="checkbox"/> Neuritis	<input type="checkbox"/> Pinched Nerve	<input type="checkbox"/> Ringing in ears
<input type="checkbox"/> Scoliosis	<input type="checkbox"/> Sinus Trouble	<input type="checkbox"/> Stomach Issues	<input type="checkbox"/> Thyroid Problems

**Please tick the following conditions your Parents may have had or currently have:**

<input type="checkbox"/> Arthritis	<input type="checkbox"/> Anxiety	<input type="checkbox"/> Asthma	<input type="checkbox"/> Back Troubles
<input type="checkbox"/> Bursitis	<input type="checkbox"/> Cancer	<input type="checkbox"/> Constipation	<input type="checkbox"/> Diabetes
<input type="checkbox"/> Disc Problem	<input type="checkbox"/> Emphysema	<input type="checkbox"/> Epilepsy	<input type="checkbox"/> Headaches
<input type="checkbox"/> Heart Trouble	<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Insomnia	<input type="checkbox"/> Kidney Trouble
<input type="checkbox"/> Liver Trouble	<input type="checkbox"/> Migraines	<input type="checkbox"/> Neuralgia	<input type="checkbox"/> Neuritis
<input type="checkbox"/> Pinched Nerve	<input type="checkbox"/> Scoliosis	<input type="checkbox"/> Sinus Trouble	<input type="checkbox"/> Stomach Issues

**Medications/Vitamins/Supplements:** Please list any of the following you are currently taking

Medications: \_\_\_\_\_

Vitamins: \_\_\_\_\_

Supplements: \_\_\_\_\_

**For women only:**

Are you pregnant?  Yes/no/not sure  Due Date: \_\_\_\_\_

**Stressors**

Because accumulation of stress affects our health and ability to heal please list your top three stresses (you have ever had) in each category:

1. Physical stress (falls, accidents, work postures, sports etc.)
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_
  
2. Bio-chemical stress (smoke, unhealthy foods, missed meals, don't drink enough water, drugs/alcohol, etc.)
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_
  
3. Psychological or mental/emotional stress (work, relationships, finances, self-esteem, etc.)
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_

On a scale of 1-10 please grade your present levels of stress  
(Including physical, bio-chemical and psychological or mental/emotional):

At work:	At home:	At play:
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On a scale of 1-10, (1 being very poor and 10 being excellent) please describe your:

Eating habits:	Exercise habits:	Sleep:	General health:	Mind set:
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How do you grade your physical health?

Excellent <input type="checkbox"/>	Good <input type="checkbox"/>	Fair <input type="checkbox"/>	Poor <input type="checkbox"/>	Getting better <input type="checkbox"/>	Getting worse <input type="checkbox"/>
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How do you grade your emotional/mental health?

Excellent <input type="checkbox"/>	Good <input type="checkbox"/>	Fair <input type="checkbox"/>	Poor <input type="checkbox"/>	Getting better <input type="checkbox"/>	Getting worse <input type="checkbox"/>
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I hereby authorize the Chiropractic Doctor to perform any necessary diagnostic procedures, to fully evaluate my condition for the presence of vertebral subluxation.

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_