



CHIEF EXECUTIVE OFFICER

BOARD MEMBERS

Jack E. Wagner  
Mark E. Brand, Esq.  
Lisa Burrows-MacLean, Ph.D.  
John R. Cinquino  
Anthony M. D'Auria

Frederick G. Floss, Ph.D.  
Carl V. Granger M.D.  
Daniel P. O'Neill  
Christine M. Oliver, M.D.  
Elizabeth M. Schachtner, M.B.A.

Kenneth L. Sniatecki  
Robert E. Spangenthal, Esq.  
Ezra J. Staley  
Anthony T. Vetrano, M.D.  
Sujata Yalamanchili, M.B.A., Esq.

April 9<sup>th</sup> 2019

Inner Balance Chiropractic  
2800 Sweet Home Road, suite 1  
Amherst, NY 14228

Kimberly Swiatek –

Thank you so much for coming to The Summit Center, and providing free chair massage's to our employees. Working everyday with in the special education field can be an extremely challenging and stressful, and the inner balance team brought with them much needed relief and a spa like experience right to us.

The inner balance employees were kind, thoughtful and were excellent at giving massages. They catered to everyone's specific needs, and made everyone feel very at ease. The employees here at The Summit Center enjoyed it so much and can't wait to work with Inner Balance again. We would highly suggest them for anyone looking to de-stress and have some rest and relaxation time.

Thanks again,

Chrissy Jacobi  
Human Resource Generalist  
150 Stahl Road  
Getzville, New York 14068  
(716) 629-3400 ex) 1851  
Fax: (716) 629-3496  
[cjacobi@thesummitcenter.org](mailto:cjacobi@thesummitcenter.org)



visit us at [www.thesummitcenter.org](http://www.thesummitcenter.org)



HEIM MIDDLE SCHOOL • 175 Heim Rd. • Williamsville, New York 14221 • 716-626-8600 • Fax 716-626-8626

June 12, 2019

Dear Kimberly,

We would like to thank Inner Balance Chiropractic for spending the afternoon at Heim Middle School on May 21<sup>st</sup>. All of our staff that participated loved the massage and had nothing but positive comments about their experience.

Some of the comments included:

“Thank you for the excellent and therapeutic massage: 10 minutes of bliss!” – Evonne M.

“Best neck massage ever! Thank you.” – Karen B.

“Very relaxing way to spend some time during the workday.” – Jessica G.

“I truly enjoyed the chair massage. Even though it was only 10 minutes, it felt a lot longer because it was so relaxing.” – Lisa A.

We appreciate you visiting Heim Middle and providing this wonderful service to our staff. We hope to see you again next year!

Enjoy the summer,

Jeffrey Jachlewski

---

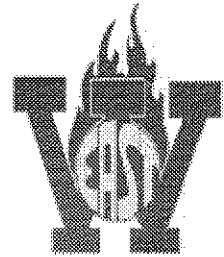
Jeffrey Jachlewski - Principal

Michael Antonelli - Assistant Principal  
Scott G. Martzloff, Ed.D. - Superintendent of Williamsville Central Schools

**WILLIAMSVILLE EAST HIGH SCHOOL**

151 Paradise Road East Amherst, NY 14051 phone (716)626-8410 fax

~~(716)626-8440~~



Elizabeth Gentile \* Michelle Greenway \* Jacqueline Gregoire \* Gregory  
Weber

June 21, 2019

Dear Kimberly:

On behalf of the staff here at Williamsville East High School, I want to express my sincere appreciation for offering a free massage day for our faculty. As we are finishing off the school year, it was a perfect time to care for the staff. You were very knowledgeable and professional; making everyone feel very comfortable. Many of the staff you serviced, were grateful for the opportunity. One staff member said, "It was so relaxing that I forgot that I was at work." Another staff member shared, "Immediately, the masseuse felt the area in my neck that I feel pain every day. She shared great recommendations for self-care." And finally "I never had a massage before from a professional, but now I truly believe in healing hands."

Again, we are grateful for your time and our experience. We hope we can do this again sometime in the future.

Please feel free to contact me again if you are available to offer this service in the future.

Sincerely,  
Jacqueline Gregoire  
Wellness Facilitator



"Help Is Our Middle Name"

60 Dingens Street  
Buffalo, NY 14206

716.822.0919 Office  
716.822.5037 Daycare  
716.822.5098 Fax

FamilyHelpCenter.net

Kate Joyce  
Executive Director

4/19/19

Inner balance Chiropractic  
2800 Sweet Home Road, Suite 1  
Amherst, NY  
14228

Dear Kimberly:

I am writing to thank you and Inner Balance Chiropractic associates/owners for returning to our worksite on April 2, 2019 in order to provide complimentary head and neck massages to our social work staff.

One of the occupational hazards of social work is vicarious traumatization and dealing with constant stressors. In order to remediate such concerns, self care is promoted and employees are encouraged to take time for their well being. Your kind and generous gift certainly helped to promote the concept of self care within the workplace.

I don't know of any other chiropractic firm that offers such a wonderful gift. The employees that participated expressed appreciation for your session and also felt wonderful. Some employees had never experienced a massage before and were happy to be exposed to the values of it.

Thank you for your random act of kindness and promoting self care.

Very truly yours,

Kate Joyce  
Executive Director



endoscopy center of niagara

6930 Williams Road Suite 3010 Niagara Falls, NY 14304

April 17, 2019

Dear Kimberly,

Thank you so much for coming to our Center for our "Beat the Winter Blues" wellness day. We are so grateful for the hard work our staff does and we were looking to do something to show our staff how much we appreciate them. Having you come to the Center and provide the staff with massages was exactly what we were looking for.

You were a pleasure to work with for scheduling. The event became so popular, you had to rearrange to accommodate us with even more slots for physicians, nurse anesthetists and staff. This allowed everyone to participate in the event and enjoy a nice relaxing break from the usual routine here.

You were professional and timely. You were able to adapt your schedule to accommodate everyone that wanted to partake of the event. The feedback we received from the staff was great. I know personally, it was a real treat to take a break, destress, and enjoy a nice massage in the middle of the workday.

I would highly recommend your services to anyone interested and I am hoping we can plan on doing this again next year. I know my staff and myself would love it.

Thanks again for your professional service. I look forward to our next event.

Sincerely,

Mary M. Merrill, RN  
Administrator/Director of Nursing





# FRICANO PRIMARY SCHOOL

Starpoint Central School

**“Rising Stars Start at Fricano”**



July 2019

Dear Inner Balance Chiropractic,

Thank you for the quality of service that was provided by you during the month of May 2019. Our staff sincerely appreciated your thoughtfulness, gracious demeanor and level of expertise. Your great communication skills and flexibility made the experience even better than expected. Everything went so smoothly and staff was appreciative.

Thank you once again. I will and have recommend others to Inner Balance Chiropractic.

Sincerely,

Denielle Toth