

## PEDIATRIC INTAKE FORM

Date: \_\_\_\_\_

### PERSONAL INFORMATION

Child's First Name: \_\_\_\_\_ M.I.: \_\_\_\_\_ Last Name: \_\_\_\_\_

Preferred Name: \_\_\_\_\_ Social Security Number: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: M F

# of Siblings: \_\_\_\_\_

Sibling(s) Names & Ages: \_\_\_\_\_

Parents' Names: \_\_\_\_\_

Best Contact Phone: (      ) \_\_\_\_\_

Alternate Phone: (      ) \_\_\_\_\_

Email: \_\_\_\_\_

Who can we thank for referring you to Eklund Chiropractic? \_\_\_\_\_

### REASON FOR SEEKING CARE

What is your reason for seeking care at Eklund Chiropractic? \_\_\_\_\_

When did this begin? (If applicable): \_\_\_\_\_

Are there any major injuries and/or surgeries we should know about? \_\_\_\_\_

What is this affecting that is MOST important in your child's life? (List all that apply): \_\_\_\_\_

Has your child seen any other providers for this condition? (List all that apply): \_\_\_\_\_

Has your child seen a chiropractor before? Yes No

How long ago? \_\_\_\_\_ Clinic/Doctor Name: \_\_\_\_\_

What is your reason for the change? (If applicable): \_\_\_\_\_

What is your level of commitment to your child's health? 1 2 3 4 5 6 7 8 9 10

Explain: \_\_\_\_\_

What health goal, if your child were to complete or accomplish it, would have the greatest impact on his/her life?

\_\_\_\_\_  
\_\_\_\_\_

## HEALTH CONCERNS

- |                                                |                                                    |
|------------------------------------------------|----------------------------------------------------|
| <input type="checkbox"/> Anxiety/Depression    | <input type="checkbox"/> Fatigue/Sleep Issues      |
| <input type="checkbox"/> Constipation/Diarrhea | <input type="checkbox"/> Asthma/Chronic Bronchitis |
| <input type="checkbox"/> Nausea/Vomiting       | <input type="checkbox"/> Colic/Acid Reflux         |
| <input type="checkbox"/> Diabetes              | <input type="checkbox"/> Back/Neck Pain/Stiffness  |
| <input type="checkbox"/> Bed Wetting           | <input type="checkbox"/> Difficulty Gaining Weight |
| <input type="checkbox"/> Overweight            | <input type="checkbox"/> Ear or Other Infections   |
| <input type="checkbox"/> Frequent Sickness     | <input type="checkbox"/> Headaches                 |
| <input type="checkbox"/> ADD/ADHD              | <input type="checkbox"/> Learning Disorders        |
| <input type="checkbox"/> Detachment/Distant    | <input type="checkbox"/> Sinus Troubles/Allergies  |
| <input type="checkbox"/> Irritability/Nervous  | <input type="checkbox"/> Autism/Asperger's         |
| <input type="checkbox"/> Other _____           |                                                    |

Explain any boxes checked above or additional concerns:

Is there anything else regarding your child's conditions you feel the doctor should know? \_\_\_\_\_

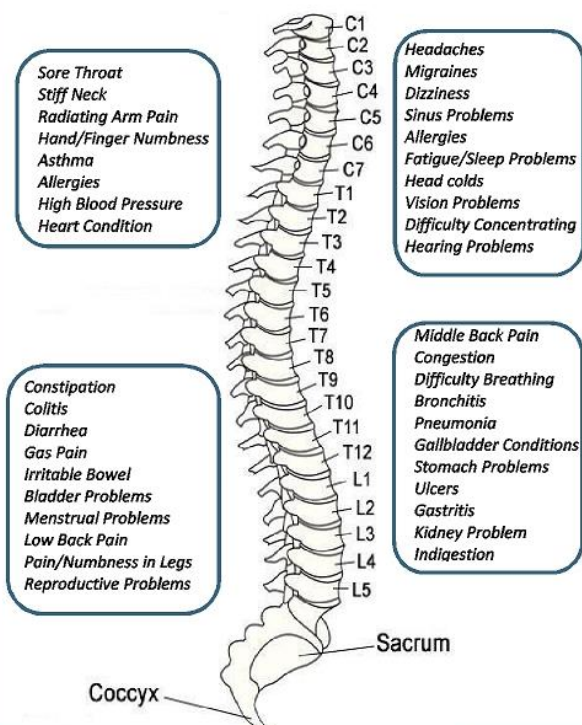
## MEDICATIONS

- |                                             |                                            |
|---------------------------------------------|--------------------------------------------|
| <input type="checkbox"/> Anxiety/Depression | <input type="checkbox"/> Migraine/Headache |
| <input type="checkbox"/> Asthma             | <input type="checkbox"/> Acid Reflux       |
| <input type="checkbox"/> Pain Narcotics     | <input type="checkbox"/> ADD/ADHD          |
| <input type="checkbox"/> Antibiotics        | <input type="checkbox"/> Digestive         |
| <input type="checkbox"/> Other _____        |                                            |
| <input type="checkbox"/> Other _____        |                                            |
| <input type="checkbox"/> Other _____        |                                            |

Explain any boxes checked above: \_\_\_\_\_

Please circle your child's health concern's below.

Every health concern relates to a specific area of the spine and nervous system.



## VITAMINS/SUPPLEMENTS

- ☐ Multi-Vitamin
- ☐ Vitamin D3
- ☐ Fish Oil/Omega-3
- ☐ Probiotics
- ☐ Other: \_\_\_\_\_
- ☐ Other: \_\_\_\_\_
- ☐ Other: \_\_\_\_\_

## LOCATION & QUALITY OF PAIN

Neck & Upper Back		Low Back & Other	
<p>Neck L R</p> <p>Upper Back L R</p> <p>Thoracic L R</p>	<p><b>Quality</b></p> <p>Aching Dull Sharp Burning</p> <p>Constant Intermittent Throbbing</p> <p>Cramping Tightness</p> <p>Numbness Swelling Shooting</p> <p>Radiating Headaches</p> <p><b>Sensations</b></p> <p>Burning Numbness</p> <p>Pins &amp; Needles Tingling</p> <p>Throbbing</p>	<p><b>Severity</b></p> <p>Normal lifestyle School</p> <p>Sleeping Work Eating</p> <p><b>Pain Scale</b></p> <p>1 2 3 4 5 6 7 8 9 10</p> <p>(Circle multiple numbers if pain ranges)</p> <p>How long have symptoms been present?</p> <p>_____</p>	<p><b>Pain is Exacerbated by:</b></p> <p>Driving Joint use Movement</p> <p>Sitting Standing Bending Rest Twisting</p> <p>Walking Physical Activity</p> <p><b>(If it applies) Mechanism of Injury</b></p> <p>Bending Jogging Lifting</p> <p>Lifting and Turning,</p> <p>Motor Vehicle Accident</p> <p>(Driver, Passenger, Pedestrian)</p> <p>Repetitive injury Running Sports Turning</p> <p>Twisting Walking Working</p>
<p><b>Low Back &amp; Other</b></p> <p>Lower back L R</p> <p>Hip L R</p> <p>_____ L R</p> <p>_____ L R</p>	<p><b>Quality</b></p> <p>Aching Dull Sharp Burning</p> <p>Constant Intermittent Throbbing</p> <p>Cramping Tightness</p> <p>Numbness Swelling Shooting</p> <p>Radiating</p> <p><b>Sensations</b></p> <p>Burning Numbness</p> <p>Pins &amp; Needles Tingling</p> <p>Throbbing</p>	<p><b>Severity</b></p> <p>Normal lifestyle School</p> <p>Sleeping Work Eating</p> <p><b>Pain Scale</b></p> <p>1 2 3 4 5 6 7 8 9 10</p> <p>(Circle multiple numbers if pain ranges)</p> <p>How long have symptoms been present?</p> <p>_____</p>	<p><b>Pain is Exacerbated by:</b></p> <p>Driving Joint use Movement</p> <p>Sitting Standing Bending Rest Twisting</p> <p>Walking Physical Activity</p> <p><b>(If it applies) Mechanism of Injury</b></p> <p>Bending Jogging Lifting</p> <p>Lifting and Turning,</p> <p>Motor Vehicle Accident</p> <p>(Driver, Passenger, Pedestrian)</p> <p>Repetitive injury Running Sports Turning</p> <p>Twisting Walking Working</p>

# INFORMED CONSENT TO TREAT/ HIPPA

Dr. Alyssa Oltmanns, DC Revised 12/2024

You make the decisions regarding your health care. Our role is to provide you with information to aid you in making informed decisions. This is referred to as “informed consent” and involves your understanding and agreement regarding the care we recommend, the associated benefits and risks, as well as the potential effect on your health should you choose not to receive care.

If indicated, diagnostic exams may be conducted. These exams will be performed carefully, but may cause discomfort.

Chiropractic care mainly involves the chiropractic adjustment; however there may be additional procedures or recommendations. To complete a chiropractic adjustment, the doctor uses their hands or assistive instruments to influence anatomical structures, such as vertebrae. Potential benefits of a chiropractic adjustment include restoring normal joint motion, reducing joint swelling, inflammation, and pain, and improving neurological function.

It is important to understand, as with all health care approaches, that results are not guaranteed and there is no promise of a cure. There exists some risks to care, including, but not limited to: muscle spasm, aggravating and/or temporarily increasing symptoms, lack of improvement of symptoms, burns/scarring from electrical stimulation and hot/cold therapies, fractures, disc injuries, strokes, dislocations, strains, and sprains. In regard to strokes, there is a rare, but serious condition known as an arterial dissection that typically is caused by a tear in the inner layer of the artery that may cause the development of a thrombus (clot) with the potential to lead to a stroke. The best available scientific evidence supports the understanding that chiropractic adjustments do not cause a dissection on a normal, healthy artery. Disease processes, genetic disorders, medications, and vessel abnormalities may cause an artery to be more susceptible to dissection

*I understand that, under the Health Insurance Portability and Accountability Act of 1996 (HIPAA), I have certain rights to privacy regarding my protected health information. I understand that this information can and will be used to: conduct, plan and direct my treatment and follow up with multiple healthcare providers who may be involved in that treatment directly or indirectly, obtain payment from third party payers, and conduct normal healthcare operations such as quality assessments and physician's certificated. I have read and understand your Notice of Privacy Practices. A more completed description can be requested. I understand that I can request, in writing, that you restrict how my personal information is used and disclosed.*

It is also important that you understand there are more treatment options available for your condition other than chiropractic procedures. These options may include: self-administered care, over-the-counter pain relievers, physical measures and rest, prescription drugs, physical therapy, bracing, injections, and surgery. Lastly, you have the right to a second opinion and to secure other opinions about your circumstances and health as you see fit.

I have read, or have had read to me, the above consent. I appreciate that it is not possible to consider every possible complication to care. I have also had an opportunity to ask questions about its content, and by signing below, I agree with the current or future recommendations to receive chiropractic care as is deemed appropriate for my circumstance. I intend this consent to cover the entire course of care from all providers in this office for my present condition and for any future conditions for which I seek chiropractic care from this office.

Name of Patient: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Patient: \_\_\_\_\_

Name Printed of Guardian/Parental and Relationship to Patient: \_\_\_\_\_

Guardian/Parental Signature: \_\_\_\_\_ Date: \_\_\_\_\_