



**3. How often do you experience your symptoms?**

**Area #1**

- Constantly (76-100% of the time)
- Frequently (51-75% of the time)
- Occasionally (26-50% of the time)
- Intermittently (1-25% of the time)

**Area #2**

- Constantly (76-100% of the time)
- Frequently (51-75% of the time)
- Occasionally (26-50% of the time)
- Intermittently (1-25% of the time)

**Area #3**

- Constantly (76-100% of the time)
- Frequently (51-75% of the time)
- Occasionally (26-50% of the time)
- Intermittently (1-25% of the time)

**4. How would you describe the type of pain?**

**Area #1**

- Sharp  Numb
- Dull  Tingly
- Diffuse  Sharp with motion
- Achy  Shooting with motion
- Burning  Stabbing with motion
- Shooting  Electric like with motion
- Stiff  Other: \_\_\_\_\_

**Area #2**

- Sharp  Numb
- Dull  Tingly
- Diffuse  Sharp with motion
- Achy  Shooting with motion
- Burning  Stabbing with motion
- Shooting  Electric like with motion
- Stiff  Other: \_\_\_\_\_

**Area #3**

- Sharp  Numb
- Dull  Tingly
- Diffuse  Sharp with motion
- Achy  Shooting with motion
- Burning  Stabbing with motion
- Shooting  Electric like with motion
- Stiff  Other: \_\_\_\_\_

**5. How are your symptoms changing with time?**

**Area #1**

- Getting Worse
- Not Changing
- Getting Better

**Area #2**

- Getting Worse
- Not Changing
- Getting Better

**Area #3**

- Getting Worse
- Not Changing
- Getting Better

**6. Using a scale from 0-10 (10 being the worst), how would you rate your problem?**

Area #1 \_\_\_\_\_

Area #2 \_\_\_\_\_

Area #3 \_\_\_\_\_

**7. How much has the problem interfered with your work?**

**Area #1**

- Not at all  A little bit
- Moderately  Quite a bit
- Extremely

**Area #2**

- Not at all  A little bit
- Moderately  Quite a bit
- Extremely

**Area #3**

- Not at all  A little bit
- Moderately  Quite a bit
- Extremely

**8. How much has the problem interfered with your active daily living?**

**Area #1**

- Not at all  A little bit
- Moderately  Quite a bit
- Extremely

**Area #2**

- Not at all  A little bit
- Moderately  Quite a bit
- Extremely

**Area #3**

- Not at all  A little bit
- Moderately  Quite a bit
- Extremely

**9. How long have you had this problem?** Area #1 \_\_\_\_\_ Area #2 \_\_\_\_\_ Area #3 \_\_\_\_\_

**10. How do you think your problem began?**

Area #1 \_\_\_\_\_

Area #2 \_\_\_\_\_

Area #3 \_\_\_\_\_

**12. What aggravates your problem?**

Area #1 \_\_\_\_\_

Area #2 \_\_\_\_\_

Area #3 \_\_\_\_\_

**13. What makes your problem feel better?**

Area #1 \_\_\_\_\_

Area #2 \_\_\_\_\_

Area #3 \_\_\_\_\_

**14. Who else have you seen for your problem?**

- Chiropractor  Neurologist  Primary Care Physician
- ER physician  Orthopedist  Other: \_\_\_\_\_
- Massage Therapist  Physical Therapist  No one

**15. What concerns you the most about your problem (Please Pick Only One)?**

- Could be Serious  Not Going Away  Getting Worse  Affecting Work  Affecting Sleep
- Affecting Mental Outlook  Affecting Relationships  Affecting Leisure  Other: \_\_\_\_\_

**16. What is your: Height \_\_\_\_\_ Weight \_\_\_\_\_**

**17. How would you rate your overall Health?**

- Excellent       Very Good       Good       Fair       Poor

**18. What type of exercise do you do?** \_\_\_\_\_

**19. Indicate if you have any immediate family members with any of the following:**

- Rheumatoid Arthritis       Diabetes       Lupus  
 Heart Problems       Cancer       ALS

**21. For each of the conditions below, place a check in the "present" column for your current concerns. If you have had any of the conditions in the last 6 months, then place a check in the "past" column.**

<b>Past</b>	<b>Present</b>		<b>Past</b>	<b>Present</b>		<b>Past</b>	<b>Present</b>	
<input type="checkbox"/>	<input type="checkbox"/>	Headaches	<input type="checkbox"/>	<input type="checkbox"/>	High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>	Diabetes
<input type="checkbox"/>	<input type="checkbox"/>	Neck Pain	<input type="checkbox"/>	<input type="checkbox"/>	Heart Attack	<input type="checkbox"/>	<input type="checkbox"/>	Excessive Thirst
<input type="checkbox"/>	<input type="checkbox"/>	Upper Back Pain	<input type="checkbox"/>	<input type="checkbox"/>	Chest Pains	<input type="checkbox"/>	<input type="checkbox"/>	Frequent Urination
<input type="checkbox"/>	<input type="checkbox"/>	Mid Back Pain	<input type="checkbox"/>	<input type="checkbox"/>	Stroke	<input type="checkbox"/>	<input type="checkbox"/>	Smoking/Tobacco Use
<input type="checkbox"/>	<input type="checkbox"/>	Low Back Pain	<input type="checkbox"/>	<input type="checkbox"/>	Angina	<input type="checkbox"/>	<input type="checkbox"/>	Drug/Alcohol Dependence
<input type="checkbox"/>	<input type="checkbox"/>	Shoulder Pain	<input type="checkbox"/>	<input type="checkbox"/>	Kidney Stones	<input type="checkbox"/>	<input type="checkbox"/>	Allergies
<input type="checkbox"/>	<input type="checkbox"/>	Elbow/Upper Arm Pain	<input type="checkbox"/>	<input type="checkbox"/>	Kidney Disorders	<input type="checkbox"/>	<input type="checkbox"/>	Depression
<input type="checkbox"/>	<input type="checkbox"/>	Wrist Pain	<input type="checkbox"/>	<input type="checkbox"/>	Bladder Infection	<input type="checkbox"/>	<input type="checkbox"/>	Systemic Lupus
<input type="checkbox"/>	<input type="checkbox"/>	Hand Pain	<input type="checkbox"/>	<input type="checkbox"/>	Painful Urination	<input type="checkbox"/>	<input type="checkbox"/>	Epilepsy
<input type="checkbox"/>	<input type="checkbox"/>	Hip Pain	<input type="checkbox"/>	<input type="checkbox"/>	Loss of Bladder Control	<input type="checkbox"/>	<input type="checkbox"/>	Dermatitis/Eczema/Rash
<input type="checkbox"/>	<input type="checkbox"/>	Upper Leg Pain	<input type="checkbox"/>	<input type="checkbox"/>	Prostate Problems	<input type="checkbox"/>	<input type="checkbox"/>	HIV/AIDS
<input type="checkbox"/>	<input type="checkbox"/>	Knee Pain	<input type="checkbox"/>	<input type="checkbox"/>	Abnormal Weight Gain/Loss			
<input type="checkbox"/>	<input type="checkbox"/>	Ankle/Foot Pain	<input type="checkbox"/>	<input type="checkbox"/>	Loss of Appetite			
<input type="checkbox"/>	<input type="checkbox"/>	Jaw Pain	<input type="checkbox"/>	<input type="checkbox"/>	Abdominal Pain			
<input type="checkbox"/>	<input type="checkbox"/>	Joint Pain/Stiffness	<input type="checkbox"/>	<input type="checkbox"/>	Ulcer			
<input type="checkbox"/>	<input type="checkbox"/>	Arthritis	<input type="checkbox"/>	<input type="checkbox"/>	Hepatitis			
<input type="checkbox"/>	<input type="checkbox"/>	Rheumatoid Arthritis	<input type="checkbox"/>	<input type="checkbox"/>	Liver/Gall Bladder Disorder			
<input type="checkbox"/>	<input type="checkbox"/>	Cancer	<input type="checkbox"/>	<input type="checkbox"/>	General Fatigue			
<input type="checkbox"/>	<input type="checkbox"/>	Tumor	<input type="checkbox"/>	<input type="checkbox"/>	Muscular Incoordination			
<input type="checkbox"/>	<input type="checkbox"/>	Asthma	<input type="checkbox"/>	<input type="checkbox"/>	Visual Disturbances			
<input type="checkbox"/>	<input type="checkbox"/>	Chronic Sinusitis	<input type="checkbox"/>	<input type="checkbox"/>	Dizziness			
<input type="checkbox"/>	<input type="checkbox"/>	Other: _____						

- For Females Only**
- Birth Control Pills  
 Hormonal Replacement  
 Pregnancy

**22. List any prescription medications or over-the-counter medications you are currently taking:**

\_\_\_\_\_  
\_\_\_\_\_

**23. List any nutritional supplements you are currently taking:**

\_\_\_\_\_  
\_\_\_\_\_

**24. List all surgical procedures you have had:**

\_\_\_\_\_  
\_\_\_\_\_

**25. What activities does your job require?**

- |   |  |  |  |
|---|--|--|--|
| <input type="checkbox"/> Sit:           | <input type="checkbox"/> Most of the day | <input type="checkbox"/> Half the day    | <input type="checkbox"/> A little of the day |
| <input type="checkbox"/> Stand:         | <input type="checkbox"/> Most of the day | <input type="checkbox"/> Half the day    | <input type="checkbox"/> A little of the day |
| <input type="checkbox"/> Computer work: | <input type="checkbox"/> Most of the day | <input type="checkbox"/> Half the day    | <input type="checkbox"/> A little of the day |
| <input type="checkbox"/> On the phone:  | <input type="checkbox"/> Most of the day | <input type="checkbox"/> Half of the day | <input type="checkbox"/> A little of the day |
| <input type="checkbox"/> Drives:        | <input type="checkbox"/> Most of the day | <input type="checkbox"/> Half of the day | <input type="checkbox"/> A little of the day |
| <input type="checkbox"/> Walk           | <input type="checkbox"/> Most of the day | <input type="checkbox"/> Half of the day | <input type="checkbox"/> A little of the day |
| <input type="checkbox"/> Other:         | <input type="checkbox"/> Manual Labor    | <input type="checkbox"/> Reads a lot     | <input type="checkbox"/> Travels a lot       |

**26. What activities do you do outside of work?** \_\_\_\_\_

**27. Have you ever been hospitalized?**  No       Yes

If yes, why \_\_\_\_\_

**28. Have you seen a chiropractor before?**  No  Yes

If yes, who: \_\_\_\_\_ how long ago: \_\_\_\_\_ results were:  Good  Mixed  Bad

**29. Have you had significant physical trauma in the past?**  No  Yes

If yes, please explain (include type of trauma and year): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**30. Anything else pertinent to your visit today?** \_\_\_\_\_

I authorize this office to release any information requested by my insurance company or other health care individuals to document my claim for benefits or assist in further health care purposes. The above information was completed correctly to the best of my knowledge and I understand that it is my responsibility to inform this office of any changes in my health status or financial status.

**Patient (or Guardian) Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

## Consent to evaluate and adjust a minor child

I, \_\_\_\_\_, being the parent or legal guardian of \_\_\_\_\_, have read and fully understand the above terms of acceptance and hereby grant permission for my child to receive chiropractic care.

\_\_\_\_\_  
*Signature*

\_\_\_\_\_  
*Date*

## Pregnancy Release

This is to certify that to the best of my knowledge I am not pregnant and the above doctor and his/her associates have my permission to perform an x-ray evaluation. I have been advised that an x-ray can be hazardous to an unborn child. Date of last menstrual period: \_\_\_\_\_

\_\_\_\_\_  
*Signature*

\_\_\_\_\_  
*Date*

## Consent for Treatment

I, the undersigned, hereby authorize the Doctors of Porter Family Chiropractic and whomever they may designate as their assistant(s) to perform diagnostic tests, including but not limited to radiographs, and to administer treatment as is necessary.

I, also, certify that no guarantee or assurance has been made to the results that may be obtained.

I understand and agree that insurance policies are an arrangement between an insurance carrier and myself. Furthermore, I understand that this office will prepare any necessary reports and forms to assist me in making collection from the insurance company and that amount authorized to be paid directly to this office will be credited to my account upon receipt. I permit this office to endorse remittances for the conveyance of credit to my account. **However, I clearly understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment.**

Patient's Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Witness \_\_\_\_\_

## HIPPA INFORMATION

*DISCLOSE PROTECTED HEALTH INFORMATION IN ACCORDANCE WITH THE FOLLOWING:*

### SPECIFIC AUTHORIZATIONS

1. I give permission to Porter Family Chiropractic use my address, phone number and clinical records to contact me with birthday cards, newsletters, patient letters, thank-you cards, first adjustment calls, testimonials and information about treatment alternatives or other health related information.
2. By signing this form you are giving Porter Family Chiropractic permission to use and disclose your protected health information in accordance with the directives listed above.

### RIGHT TO REVOKE AUTHORIZATION

You have the right to revoke this AUTHORIZATION, in writing, at any time. However, your written request to revoke this AUTHORIZATION is not effective to the extent that we have provided services or taken action in reliance on your authorization. You may revoke this AUTHORIZATION by mailing or hand delivering a written notice to the Privacy Official of Porter Family Chiropractic. The written notice must contain the following information:

Your Name, Social Security Number and Date of Birth; A Clear Statement of Your Intent to Revoke This AUTHORIZATION; The Date of Your Request and Your Signature.

I have read and agree to the financial policy and Hippa privacy policy set above. Furthermore should I for any reason, discontinue care, I understand that the entire balance for professional services rendered to date will be due within 30 days. I agree that you may release my information to my insurance agent / adjuster or their agents regarding my care in this office. I also understand that the records including x-rays are a permanent record and are the property of Porter Family Chiropractic. Copies are available at a nominal charge. A copy of this agreement will serve as the original. This AUTHORIZATION is requested by Porter Family Chiropractic for its own use or disclosure of PHI. (Minimum necessary standards apply.) You have the right to refuse to sign this AUTHORIZATION. If you refuse to sign this AUTHORIZATION, Porter Family Chiropractic will not refuse to provide treatment.

\_\_\_\_\_  
Name (printed)

\_\_\_\_\_  
Date

\_\_\_\_\_  
*Signature of Patient / Guardian*

\_\_\_\_\_  
Witness

**Your Family and Your Health are in Great Hands!**

**ASSIGNMENT AND INSTRUCTION FOR DIRECT PAYMENT TO DOCTOR  
PRIVATE AND GROUP ACCIDENT AND HEALTH INSURANCE**

RE:

Patient: \_\_\_\_\_

Employer: \_\_\_\_\_

Claim/Group #: \_\_\_\_\_

SS# / ID#: \_\_\_\_\_

I hereby instruct the \_\_\_\_\_ Insurance Company  
To pay by check, made out and mailed directly to:

**PORTER FAMILY CHIROPRACTIC CENTER  
2655 Dallas Hwy. Suite 110**

***Marietta, GA 30064***

Or

If my current policy prohibits direct payment to the doctor, then I hereby also instruct and direct you to make out the check to me and mail it to the following:

***C/O PORTER FAMILY CHIROPRACTIC CENTER***

**2655 Dallas Hwy. Suite 110  
Marietta, GA 30064**

the professional or medical expense benefits allowable, and other wise payable to me under my current insurance policy as payment toward the total charges for professional services rendered. **THIS IS A DIRECT ASSIGNMENT OF MY RIGHTS AND BENEFITS UNDER THIS POLICY.** This payment will not exceed my indebtedness to the above-mentioned assignee, and I have agreed to pay, in a current manner, any balance of said professional service charges over and above this insurance payment.

A photocopy of this Assignment shall be considered as effective and valid as the original.

I also authorize the release of any information pertinent to my case to any insurance company, adjuster, or attorney involved in this case.

Dated at PORTER FAMILY CHIROPRACTIC CENTER this \_\_\_\_\_ day of \_\_\_\_\_  
20\_\_\_\_\_

\_\_\_\_\_  
Signature of Policyholder

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Signature of claimant, if other than Policyholder

**Porter Family Chiropractic Center  
OFFICE POLICIES AND PROCEDURES**

**Please check next to each item and sign/date the back of this sheet.**

\_\_\_\_\_ **1. Chiropractic Results:** We are very result-focused, however there are many factors which effect how quickly your body responds to our care. Some are: your age, occupation, how long you've had your vertebral subluxations (pinched nerves), and the number of subluxations present in your spine. Your body has the incredible ability to heal itself from within! The Doctor will consider these factors before making a recommended treatment plan. Our goal is to get you to a level of health where Wellness Care becomes the desired result-- adding Years to your Life, and Life to your Years!

\_\_\_\_\_ **2. Symptoms:** It is important to understand the differences between your symptoms and their causes. A symptom is an outward pain/discomfort created by your body to communicate that something is wrong on the inside. The cause of the pain/symptom may be a result of something that happened long ago, never surfacing until now. As your spine is corrected you will have good and bad days. Don't get caught up in this roller coaster; just know that it is normal. You will get the best results if you understand that this is a process that takes time designed to get you functioning at your peak level and on the road to wellness. Stay focused on the outcome and enjoy the journey towards a healthier you!

\_\_\_\_\_ **3. Appointments:** The next two appointments after today are about giving you as much information about you and your condition and will be of utmost importance. The first, the doctor will present the findings as to the cause of your problems, and the next will be to give you more information on how the body is designed to work, called the New Patient Orientation. Your adjustments will not be scheduled at specific times, however you will be scheduled to be here on specific days of the week. A certain number of adjustments in a given time period is necessary to get you the best results from re-training your nerve and muscle memory. Maintaining your Doctor-recommended treatment plan will offer you the best opportunity to heal and build wellness, preventing regression in your expected results. While we can't predict the exact number of adjustments you will need, we do know that *consistency creates the best results*.

\_\_\_\_\_ **4. Daily Visit Procedure:** When you arrive please sign in and take a seat in the reception room until the Front Desk Chiropractic Assistant directs you to an adjusting room. When in the room, close the door, *lie down on your stomach and relax* to aid in the success and comfort of your adjustments. Once the Doctor learns your spine your adjustments will be focused and last only a few minutes. When leaving the room, please **leave the door OPEN for the next patient to enter**.

**Patient:** \_\_\_\_\_

**Date:** \_\_\_\_\_

# PORTER FAMILY CHIROPRACTIC CENTER

Our *ultimate goal* for you is to help your entire body and its organs to perform at their highest level possible helping you to attain and then maintain maximum health. In order for us to further evaluate your areas of malfunctioning health conditions, please circle the answers to all the questions below. Please indicate if the problem pertains to you, your spouse, or another family member (mom, dad, child).

Name \_\_\_\_\_ Date \_\_\_\_\_

Occupation \_\_\_\_\_ Age \_\_\_\_\_

	You	Spouse	Family	Parent (M/F)
<p><b>1. Have you ever had any problems with your Heart?</b>  <b>High or Low Blood Pressure, High or Low Pulse Rate, Placquing of Arteries, Pains in Chest, Heart Attack(s), or other.</b> _____</p>	_____	_____	_____	_____
<p><b>2. Have you ever had any problems with your Lungs?</b>  <b>Difficulty in Breathing, Asthma, Shortness of Breath, Bronchitis, Pneumonia or Other.</b> _____</p>	_____	_____	_____	_____
<p><b>3. Have you ever had any problems with your Stomach?</b>  <b>Indigestion, Heartburn, Upset stomach, Ulcers, Hiatal Hernia, Reflux, or Other.</b> _____</p>	_____	_____	_____	_____
<p><b>4. Have you ever had any problems with your Digestive System?</b>  <b>Constipation, Diarrhea, Gas, Bloating, Irritable Bowel Syndrome, or Other.</b> _____</p>	_____	_____	_____	_____
<p><b>5. Have you ever had any problems in your Reproductive System?</b></p> <p><b>Women: PMS, Irregular Cycles, Menopause Infertility, Cysts of Ovaries or Uterus Precancerous Conditions, or Other.</b>            _____</p> <p><b>Men: Prostate Enlargement, Difficulty in Starting Urination, Infertility, or Other.</b>            _____</p>	_____	_____	_____	_____
<p><b>6. Do you "Catch" Bugs/Viruses Easily (colds, flu, etc.)?</b></p>	_____	_____	_____	_____



7. **Have you ever had any problems with your Ears?**  
**Earaches, Ear Infections, Tubes in Ears or Scheduled Surgery for Tubes, Ringing in Ears, or Other.** \_\_\_\_\_  
 \_\_\_\_\_
8. **Have you ever had any problems with?**  
**Headaches, Migraines, Sinus Problems, Nose problems, Eye problems, Allergies, Sleep problems or Other.** \_\_\_\_\_  
You Spouse Family Parent (M/F)
9. **Have you ever had any problems with your Kidneys/Bladder/Liver Difficulty or pain upon urination, Leaky Bladder, Blood Disorder(s), Kidney stones, Gallstones, Bladder infections, or Other.** \_\_\_\_\_  
 \_\_\_\_\_
10. **Have you ever had any problems with your Pancreas? High or Low Blood Sugar, Taking Insulin or other Medications, or Other.** \_\_\_\_\_  
 \_\_\_\_\_
11. **Have you ever had any problems with Hormonal Imbalances? Anxiety, Depression, Change of Life Hormonal problems, Thyroid problems, ADD/ADHD or Other.** \_\_\_\_\_  
 \_\_\_\_\_
12. **Do you regularly take aspirin or other over the counter drugs?** \_\_\_\_\_
13. **Have you ever smoked?** \_\_\_\_\_  
**Do you smoke more than 10 cigarettes a day?** \_\_\_\_\_
14. **Have you ever been diagnosed with any of the following: cancer, fibromyalgia, chronic fatigue, multiple sclerosis, lupus or other, give details.**  
 \_\_\_\_\_  
 \_\_\_\_\_
15. **Do you have any other health problems or pain not mentioned above? Please describe where and how long you have experienced the problem(s).**  
 \_\_\_\_\_  
 \_\_\_\_\_
16. **When you were born, were you delivered natural; vaginal with anesthesia, forceps, or vacuum extraction; or by c-section?** \_\_\_\_\_

17. On a scale of 1-10, (1 being least important, and 10 being the most important)  
Describe the priority of your health. Your answer is: \_\_\_\_\_
18. Choose one of the following which best describes your health goal(s).  
\_\_\_\_\_ Only interested in getting out of pain.  
\_\_\_\_\_ To take my health beyond the absence of pain, and to regain  
my health even though it may take more time and effort.  
\_\_\_\_\_ Once I attain my best health possible, I am interested in maintaining  
my new wellness state for as long as possible during my lifetime.
19. I understand that my body is the ONLY one I'll ever have, therefore it makes sense  
to want to make it the "BEST" possible. Yes No
20. I also understand that this is the ONLY LIFE I will ever enjoy, therefore I want to  
Learn as much as possible on how I can take care of it during the years to come.  
Yes No
21. Does it make sense to you that when you improve your health, it will in turn improve the  
QUALITY OF YOUR LIFE? Yes No