## ADULT MEMBER HEALTH RECORD

#### CHIROPRACTIC EXPERIENCE **ABOUT YOU** WHO REFERRED YOU TO OUR OFFICE? FULL NAME: HAVE YOU SEEN OR HEARD OF OUR OFFICE BECAUSE OF (✓ALL THAT APPLY): ADDRESS: ☐ INTERNET ☐ FACEBOOK □ COMMUNITY EVENT HAVE YOU BEEN ADJUSTED BY A CHIROPRACTOR BEFORE? ZIP: CITY: STATE: ☐ YES □ NO PREVIOUS DOCTOR OF CHIROPRACTIC NAME: HOME PHONE: CELL PHONE: DID THEY TAKE X-RAYS? ☐ YES □ NO EMAIL ADDRESS: APPROXIMATE DATE OF LAST VISIT/ADJUSTMENT: DATE OF BIRTH: AGE: WHAT WAS THE REASON YOU WERE SEEN? GENDER: MARITAL STATUS: HAS ANYONE IN YOUR FAMILY EVER SEEN A CHIROPRACTOR? NUMBER OF CHILDREN: **REASON FOR THIS VISIT** EMPLOYER NAME: WORK PHONE: DESCRIBE THE REASON FOR THIS VISIT: TYPE OF WORK YOU DO DAILY: (✓ALL THAT APPLY) ☐ MANUAL LABOR ☐ STANDING ☐ SITTING EXPLAIN: IS THE PURPOSE OF THIS APPOINTMENT RELATED TO: □ SPORTS □ AUTO □ FALL □ HOME INJURY □ CHRONIC DISCOMFORT □ OTHER PLEASE EXPLAIN: PAYMENT METHOD: □ CASH ☐ CHECK ☐ CREDIT CARD SPOUSE/EMERGENCY CONTACT WHEN DID THIS CONDITION BEGIN? NAME: HAS THIS CONDITION: EMPLOYER: ☐ GOTTEN WORSE ☐ STAYED CONSTANT ☐ COME AND GONE DOES THIS CONDITION INTERFERE WITH: ADDRESS: □ WORK □ SLEEP □ DAILY ROUTINE □ OTHER ACTIVITIES CITY: STATE/ZIP CODE: PLEASE EXPLAIN: TYPE OF WORK: HAS THIS CONDITION OCCURRED BEFORE? ☐ YES □ NO PLEASE EXPLAIN: **HEALTH HABITS** DO YOU SMOKE? □ YES □ NO If yes, how much HAVE YOU SEEN OTHER DOCTORS FOR THIS CONDITION? If yes please list per day name/type of Doctor below □ YES ■ NO DO YOU DRINK ALCOHOL? YES □ NO If yes, how much DOCTOR'S NAME: per week DO YOU DRINK COFFEE, If yes, how much TYPE OF TREATMENT: TEA, OR SODA per day\_ DO YOU EXERCISE REGULARLY? ☐ YES □ NO RESULTS: DO YOU WEAR: ☐ ARCH SUPPORTS ☐ HEEL LIFTS ☐ SOLE LIFTS ☐ INNER SOLES



### WERE YOU AWARE THAT...

DOCTORS OF CHIROPRACTIC WORK WITH THE NERVOUS SYSTEM?			
☐ YES	□ NO		
THE NERVOUS SYSTEM CONTROLS ALL BODILY FUNCTIONS AND SYSTEMS?			
☐ YES	□ NO		
CHIROPRACTIC IS THE LARGEST NATURAL HEALING PROFESSION IN THE WORLD?			
☐ YES	□ NO		

### **GOALS FOR YOUR CARE**

People see Chiropractors for a variety of reasons. Some go for relief of pain, some to correct the cause of pain and others for correction of whatever is malfunctioning in their body. Your Doctor will weigh your needs and desires when recommending your care program. Please check the type of care desired so that we may be guided by your wishes to meet your goals.

- ☐ Relief care: Symptomatic relief of pain or discomfort.
- ☐ Corrective care: Correcting and relieving the cause of the problem as well as the symptom.
- ☐ Comprehensive care: Bring whatever is malfunctioning in the body to the highest state of health possible with Chiropractic care.
- ☐ I want the Doctor to select the type of care appropriate for

### LIST ALL MEDICATIONS YOU TAKE

☐ CHOLESTEROL MEDICATIONS	☐ BLOOD PRESSURE MEDICINE
☐ STIMULANTS	□ BLOOD THINNERS
☐ TRANQUILIZERS	☐ PAIN KILLERS (INCLUDING ASPIRIN)
☐ MUSCLE RELAXERS	□ OTHER:
□ INSULIN	□ OTHER:
□ VITAMINS & SUPPLEMENTS:	ı

### YOUR CONCERNS

INSTRUCTIONS: Please CIRCLE the health concerns or conditions you may be experiencing now or have in the past. Each area of concern relates to an area of the spine and nerve function. Headaches Migraines Dizziness Sinus Problems Sore Throat Allergies Stiff Neck Fatigue Radiating Arm Pain Head Colds Hand/Finger Numbness Vision Problems Asthma Difficulty Concentrating Allergies Hearing Problems High Blood Pressure Heart Conditions T3 Middle Back Pain T4 Congestion T5 Difficulty Breathing Bronchitis T6 Pneumonia T7 Gallbladder Conditions T8 Stomach Problems T9 Ulcers GastritisT10 Kidney Problems T11 T12 OTHER: Constipation Colitis Diarrhea Gas Pain

# Colitis Diarrhea Gas Pain Irritable Bowel Bladder Problems Menstrual Problems Low Back Pain Pain or Numbness in legs Reproductive Problems

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### **HEALTH CONDITIONS**

**INSTRUCTIONS:** Please check each of the diseases or conditions that you now have or have had in the past. While they may seem unrelated to the purpose of the appointment, they can affect the overall diagnosis, care plan and the possibility of being accepted for care.

	EVERE OR FREQUENT EADACHES	□ THYROID PROBLEMS	□ PAIN IN ARMS/ LEGS/HANDS	□ NUMBNESS	FOR WOMEN ONLY:
	EART SURGERY/ ACEMAKER	□ SINUS PROBLEMS	□ LOW BLOOD PRESSURE	□ ALLERGIES	ARE YOU PREGNANT? ☐ YES ☐ NO
	OWER BACK PROBLEMS	□ HEPATITIS	□ RHEUMATIC FEVER	□ DIABETES	IF YES, WHEN IS YOUR DUE DATE?
□ D	IGESTIVE PROBLEMS	□ DIFFICULTY BREATHING	□ ULCERS/COLITIS	□ SURGERIES:	ARE YOU NURSING?
	AIN BETWEEN HOULDERS	□ KIDNEY PROBLEMS	□ TUBERCULOSIS	□ ASTHMA	ARE YOU TAKING BIRTH CONTROL? ☐ YES ☐ NO
	ONGENITAL HEART EFECT	☐ HIGH BLOOD PRESSURE	□ ARTHRITIS	□ LOSS OF SLEEP	DO YOU:  EXPERIENCE PAINFUL PERIODS? ☐ YES ☐ NO
□ FI	REQUENT NECK PAIN	□ CHEMOTHERAPY	□ SHINGLES	<ul><li>DIZZINESS</li></ul>	HAVE IRREGULAR CYCLES?  HAVE BREAST IMPLANTS?  □ YES □ NO

### **AUTHORIZATION FOR CARE**

I hereby authorize the Doctor to work with my condition through the use of adjustments to my spine, as he or she deems appropriate. I clearly understand and agree that all services rendered me are charged directly to me and that I am personally responsible for payment. I agree that I am responsible for all bills incurred at this office. The Doctor will not be held responsible for any pre-existing medically diagnosed conditions nor for any medical diagnosis. I also understand that if I suspend or terminate my care, any fees for professional services rendered me will become immediately due and payable.

I hereby authorize assignment of my insurance rights and benefits (if applicable) directly to the provider for services rendered. I understand and agree that health and accident insurance policies are an arrangement between an insurance carrier and myself. I understand that the Doctor's Office will prepare any necessary reports and forms to assist me in collecting from the insurance company and that any amount authorized to be paid directly to the Doctor's Office will be credited to my account on receipt.

**Ownership of X-ray Films:** It is understood and agreed that the payments to the Doctor for X-rays is for examination of X-rays only. The X-ray negative will remain the property of the office. They are kept on file where they may be seen at any time while I am a patient at this office.

a panen ai mis office.			
SIGNATURE:		DATE:	
GUARDIAN OR SPOUSE AUTHORIZING CARE SIGNATURE:		DATE:	
WHO IS RESPONSIBLE FOR PAYMENT OF YOUR ACCO	OUNT?		
□ PATIENT	□ SPOUSE	□ PARENT	□ AUTO INSURANCE

### TERMS OF ACCEPTANCE

When a patient seeks chiropractic care and we accept such a patient for care, it is essential for both to be working towards the same objective. Chiropractic has only one goal. It is only when the patient understands both the objective and the method that they will be able to attain it. This will prevent any confusion or disappointment.

An <u>adjustment</u> is the specific application of forces to facilitate the body's correction of vertebral subluxation. Our chiropractic method of correction is by specific adjustments to the spine.

Health is a state of optimal physical, mental and social well being, not merely the absence of disease.

<u>Vertebral Subluxation</u> is a misalignment of one or more of the joints of the body. This can cause pain or alteration of nerve function and interference of the transmission of nerve impulses, lessening the body's innate ability to maintain maximum health.

We do not offer to diagnose or treat any disease or condition other than vertebral subluxation. However, if during the course of a chiropractic spinal evaluation, we encounter non-chiropractic or unusual findings, we will advise you. If you desire advice, diagnosis or treatment for those findings, we will recommend that you seek the services of a health care provider who specializes in that area. Regardless of what the disease is called, we do not offer to treat it. Nor do we offer advice regarding treatment prescribed by others. OUR ONLY PRACTICE OBJECTIVE is to eliminate a major interference to the expression of the body's innate wisdom. Our only method is specific adjusting to correct vertebral subluxation.

I have read and fully understand the above statement. Any questions regarding the doctor's objectives pertaining to my care in this office have been answered to my complete satisfaction. I therefore accept chiropractic care on this basis.

SIGNATURE:	DATE:
WITNESS SIGNATURE:	DATE:

### NOTICE OF PRIVACY POLICY

Protecting the privacy of your personal health information is important to us. Disclosure of your protected health information without authorization is strictly limited to defined situations that include emergency care, quality assurance activities, public health, research, and law enforcement activities. Any other disclosures for the purposes of treatment, payment or practice operations will be made only after obtaining your consent.

- You may request restrictions on your disclosures.
- You may inspect and receive copies of your records within 30 days with a request.
- You may request to view changes to your records.
- In the future, we may contact you for appointment reminders, announcements and to inform you about our practice and its staff.

I understand that, under the Health Insurance Portability & Accountability Act of 1996 (HIPAA), I have certain rights to privacy regarding my protected health information. I understand that this information can and will be used to:

- Conduct, plan and direct my treatment and follow up with multiple healthcare providers who may be involved in that treatment directly or indirectly.
- *Obtain payment from third party payers.*

PATIENT NAME (PLEASE PRINT):

Conduct normal healthcare operations such as quality assessments and physician's certifications.

I have read and understand your Notice of Privacy Practices. A more complete description can be requested. I also understand that I can request, in writing, that you restrict how my personal information is used and or disclosed.

RELATIONSHIP TO PATIENT:

SIGNATURE:	DATE:
DATHENITE C	ACE HICTORY
PATIENT CA FOR OFFI	ASE HISTORY CE USE ONLY
CHIEF CONCERNS:	
HISTORY OF CONDITION:	
ASSOCIATED SYMPTOMS:	
AGGRAVATING FACTORS:	
WHAT HAS BEEN DONE TO HELP THIS CONDITION:	
PRIOR ILLNESS, SURGERY, ACCIDENTS:	
FAMILY HEALTH HISTORY:	
OTHER:	



□ SYSTEMS CHECK COMPLETE