



Natural Solutions That Work

DR. BRIAN MCGUCKIN

# Hormone Balance

*Peri and Menopause*

Dr Brian McGuckin  
Chiropractic Internist  
219 - 531 - 1234  
[www.DrMcGuckin.com](http://www.DrMcGuckin.com)

## Hormones Tested

### The Three Estrogens

**Estradiol** - Supports and protects tissue structures needing estrogen.

**Estriol** - Gives muscle strength in women.

**Estrone** - Is converted into Estradiol for support.

**Progesterone** - Is supportive in multiple areas including the following: brain, breast, bone, and pregnancy.

**Testosterone** - Is needed in a small amount with women to balance the effects of estrogen.

**DHEA** - Comes from the Adrenal Glands and is converted into estrogens. It gives a window into the health of the Adrenals.

When testing we want to know the free fraction of the three estrogens, progesterone, testosterone, and the Adrenal Hormone DHEA.

## Why Hormone Balancing Matters

Some women will **NOT** experience **hot flashes, night sweats, fatigue, insomnia, or heavy bleeding**. They will simply stop having periods and start a new chapter in their lives.

Others may be experiencing more symptoms. Menopause stresses the Adrenal Glands. In addition to female symptoms this is going to cause bone loss, muscle weakness, wrinkles, weight gain..... Heavy stress loads cause abnormal signaling from the pituitary gland. Hormones in facial products lead to imbalances. **You may simply be out of balance.**

We use **saliva** as an efficient way to measure the hormones. Saliva is an expressed cell from a gland and contains hormones just like blood. We use all **natural human duplicate hormones** in an oil form that is applied to the skin. Oil gives 100% delivery to the blood stream.

**Schedule your appointment today  
to discuss hormone testing**