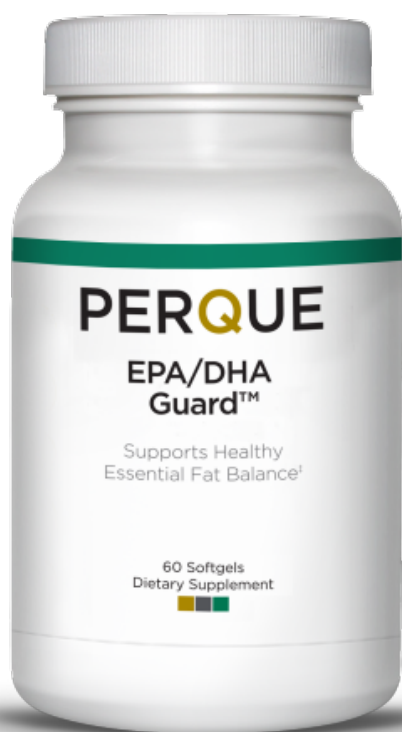




Natural Solutions That Work

DR. BRIAN MCGUCKIN

Why We Need EPA/DHA OMEGA 3



Brian McGuckin, D.C., DABCI

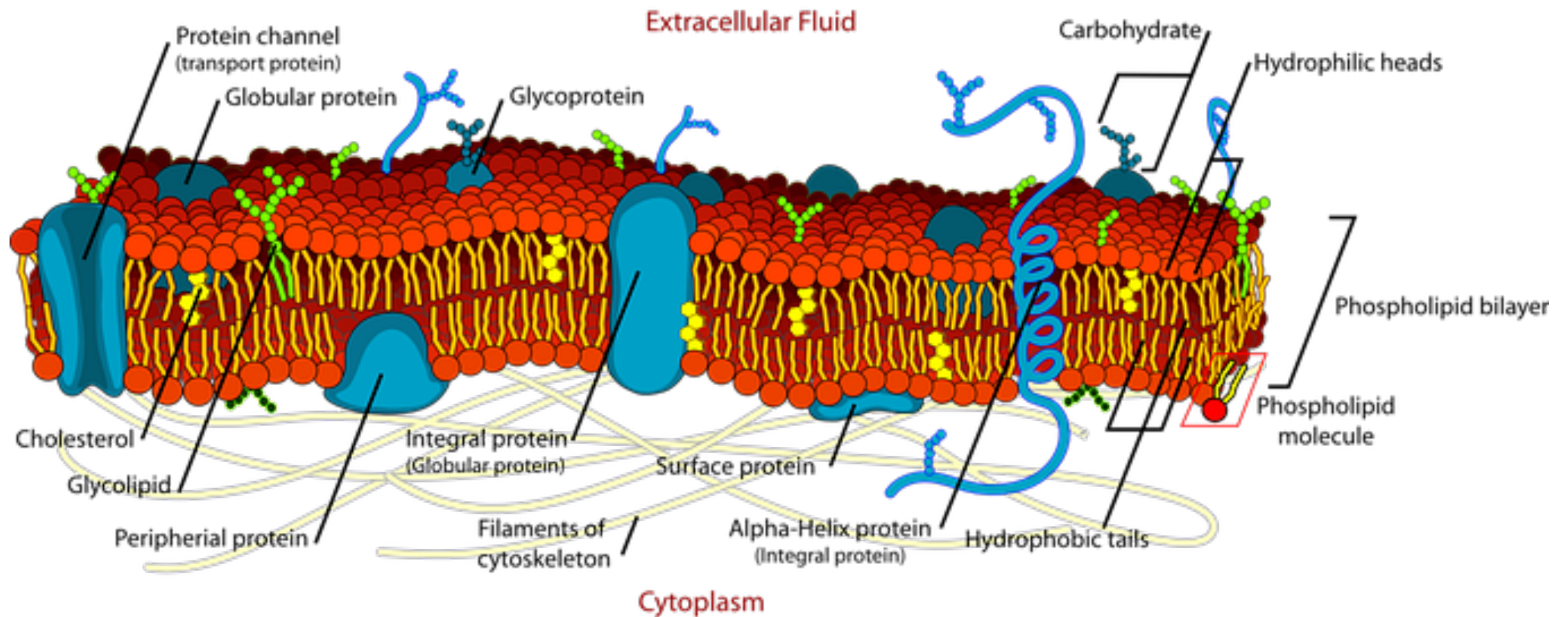
412 Marquette Street

Valparaiso, IN 46383

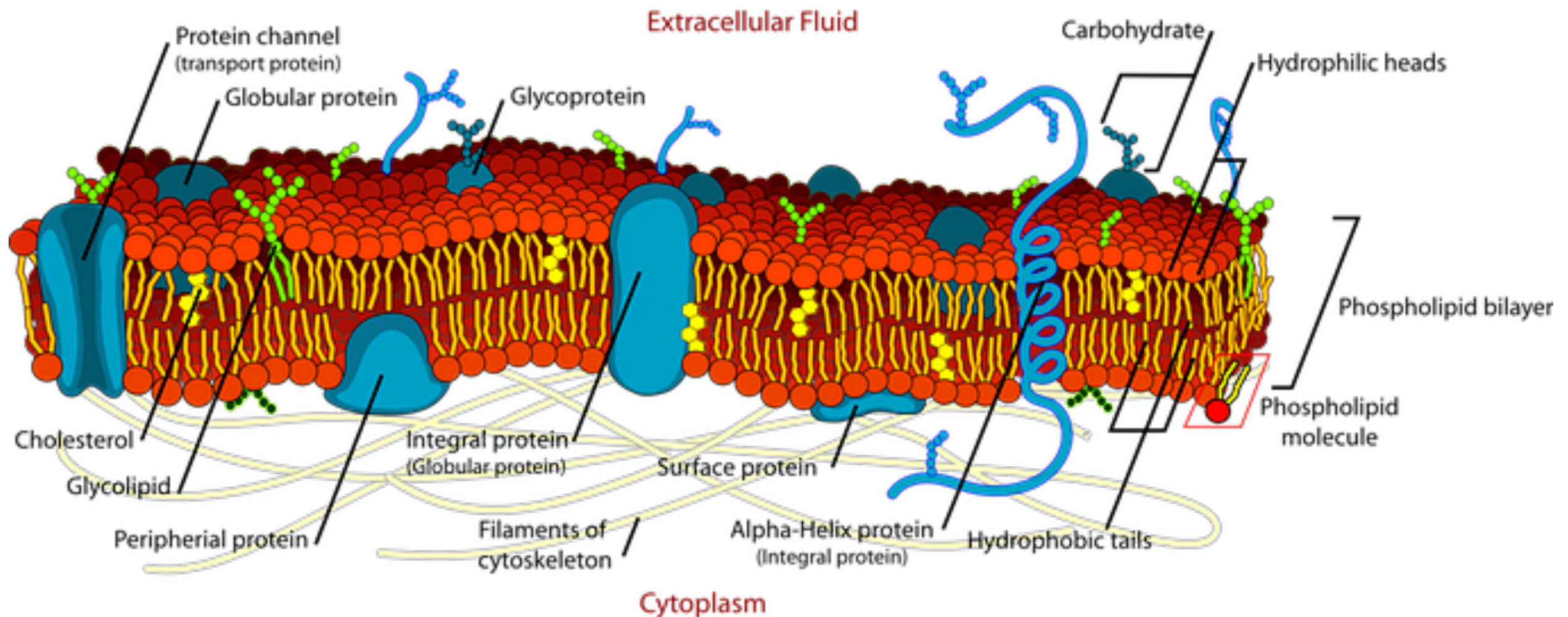
www.DrMcGuckin.com

219 - 531 - 1234

The Cell wall is a Phospholipid bilayer.
Nutrients can come in a cell and waste products can leave based on the concentration of Omega 3 oils, called fluidity.



If we are low in Omega 3 oils (the EPA/DHA) the cell wall loses its ability to bring nutrients in and toxins out. We become fatigued faster and become more inflamed.



Omega 3 Oils are called Essential oils

Omega 3 Oils are Essential because they can only be obtained through our diet.

They are essential for cell nutrients to enter the cell, and toxins to come out.

Inflammatory and inflammation prevention hormones are made from Omega 3's.

Omega 3 Oils are extremely important

Cardiovascular, Reproductive, Immune, Hormonal, Brain cognition, and Mood are all dependent on a balance between Omega 3 and 6 oils.

Marine Sourced Omega 3 gives the optimal EPA/DHA concentrations to achieve this balance.

Reliance on Deep Ocean Fish for optimal EPA/DHA means it has to be made safe

Fish oil has to be free of PCB's, Mercury, and other harmful chemicals.

It has to be made to stay fresh in the capsule or liquid form.

Safe Oil Comes from strict Distillation processes

The oil has to be distilled at a low temperature .

The descending collection tube has to be kept cold with nitrogen.

The actual capsule is filled in a nitrogen packed stainless steel machine to prevent any oxygen from getting in the capsule.

The Oil should have minimal to no odor and should have no negative taste on biting open a capsule.

Yes, bite open a capsule from Perque and there is not fish taste at all.

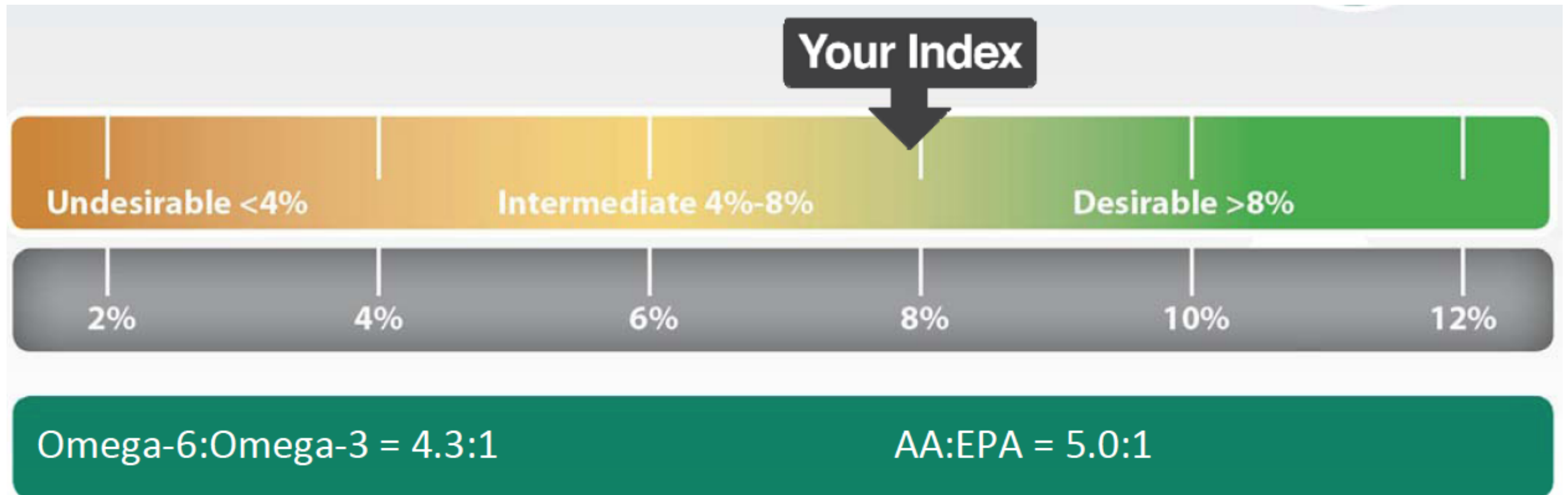
If you burp up fish, the oil zings or tongue, or there are preservatives in the oil ingredients, this means it is rancid.

**Perque and Anabolic Guarantee in
writing their oil is made to these
standards.**

It's not easy to make oil this precise.

It is that important.

**The Goal is to have the Omega 3 Oils
over 8% and the Ratio of Omega 6 to
Omega 3 at 4 to 1**



**For more information call the office at 219 - 531 - 1234 and visit the office
website at www.DrMcGuckin.com**