

# PERQUE Whey Guard Powder



**Result:** Wholesome delicious and nutritious meal replacement powder.

**Benefit:** Provides a low calorie, whole food meal replacement for better weight management.

**Fact:** Formulated with 100% native whey protein, the most gentle and natural whey available.

May be used as part of a healthy program to manage weight and pain.

## Nutrition Facts

Serving Size: 2 heaping scoops (39g)

Servings Per container: 14

### Amount Per Serving

**Calories 177**

**Calories from Fat 17**

	Amt	% Daily Value*
<b>Total Fat</b>	1.4 g	<b>2%</b>
<b>Saturated Fat</b>	0.5 g	<b>3%</b>
<b>Trans Fats</b>	0 g	<b>0%</b>
<b>Cholesterol</b>	42.5 mg	<b>14%</b>
<b>Sodium</b>	85.8 mg	<b>4%</b>
<b>Potassium</b>	179.4 mg	<b>5%</b>
<b>Total Carbohydrates</b>	18.7 g	<b>6%</b>
<b>Dietary Fiber</b>	10.3 g	<b>41%</b>
<b>Sugars</b>	8 g	
<b>Protein</b>	15.4 g	<b>31%</b>
<b>Probiotic (Bacillus subtilis) RO179</b>	15 mg	

OTHER INGREDIENTS: NONE

\* Percent Daily Values are based on a 2,000 calorie diet.

Calories per gram: Fat – 9 Carbohydrate – 4 Protein – 4

Native Whey Protein Concentrate by Cross Flow, fibers(guar gum, xanthan gum) sugars (organic evaporated cane juice, maple flakes), natural vanilla extract, milk buds, potassium chloride, natural cream extract ( butyrate rich butter fat), monk fruit concentrate, MCT (from raw coconut and palm), Horsetail