



Natural Solutions That Work

DR. BRIAN MCGUCKIN

Hormone Balance

Cycle Map Testing

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Hormones Tested

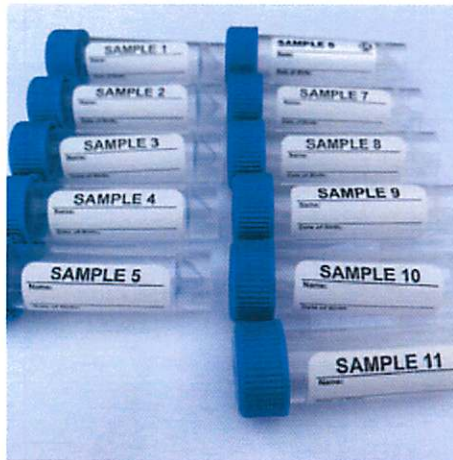
Estrogen (Estradiol) - Supports and protects tissue structure needing estrogen.

Progesterone - Is supportive in multiple areas including the following: brain, breast, bone, and pregnancy.

Testosterone - Is needed in a small amount with women to balance the effects of estrogen.

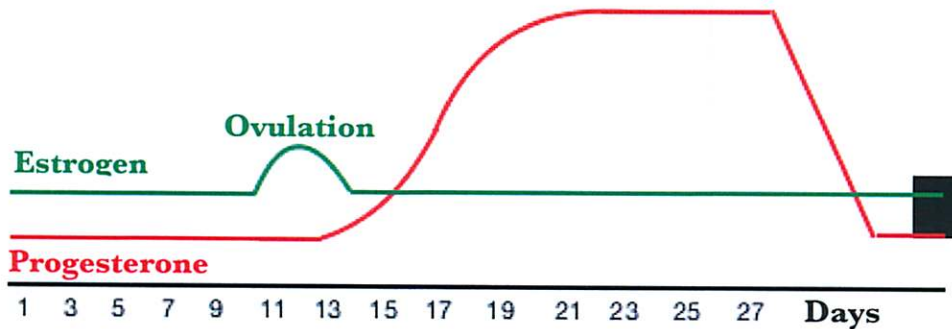
DHEA - Comes from the Adrenal Glands and is converted to estrogens. It gives a window into the health of the Adrenals.

Eleven saliva samples are taken from Day 1 of the cycle map to Day 1 of the next cycle. This gives us a complete map of your progesterone output, estrogen levels, and when ovulation occurs.



Normal 28 Day Hormone Cycle

Progesterone elevates after ovulation and stays at this level until the next cycle starts.



Abnormal Hormone Cycle

Progesterone dropping after day 20 stresses the Adrenal Glands. This can lead to weight gain, poor sleep, heavy bleeding, depression, insomnia, and PMS.

