# FUNCTIONAL MEDICINE Welcome to our office-

I want to welcome you to our office and help you get acquainted with our policies and recommendations.

#### There are three reasons why people seek our care.

# 1. PAIN RELIEF- They want some relief from an injury that just happened or has flared up from a past injury. They are just interested in some remedial and home care instructions. SIGN HERE IF YOU WANT PAIN RELIEF\_\_\_\_\_\_

# 2. MY BODY IS NOT DOING WELL. You have a serious condition ruining your life, and you are searching for answers. You know this condition will worsen as you age and become more

debilitating. You feel you are losing control of your body, mind, or both.

The pain, fatigue, lack of sleep, and weight gain worsen yearly. No matter your age, you feel and look 20-30 years older.

You have been seen by many different doctors that tested you, drugged you, retested, drugged, and retested you. You may have had 1-2 surgical procedures with no apparent medical solutions. Things are going from bad to worse.

Money is no longer the object; freedom from your afflictions is the objective.

# 3. I WANT TO LIVE A HEALTHY LIFESTYLE AND ENJOY THE REST OF MY LIFE-

You consider yourself healthy but realize that you are not a health expert and require guidance. Just like climbing Mt. Everest, you need a guide; otherwise, it will end in disaster.

You want to age gracefully and participate in your favorite activities for the rest of your life.

You would like additional protection from heart disease, cancer, diabetes, dementia, and so on.

IF YOU ARE IN 2 OR 3, the questions below are what patients want answers to.

# 1. WHAT IS CAUSING MY PROBLEM(S), AND WHY ARE THEY NOT GOING AWAY?

You will get a detailed explanation of what is causing your problem and why it will not go away.

# 2. WHAT TREATMENT DO I NEED TO CORRECT THE CAUSE (S)?

Treatment will include many modalities, as well as nutrition and exercise. The doctor will discuss precisely what you will require.

**3. HOW LONG WILL IT TAKE?** Most programs run for 3-6 months, with some requiring more time based on severity and chronicity. Weekly visits may range from 1-3

# 4. WHAT IS THE FEE?

Professional fees run from \$3-6,000 based on the length of care and the types of treatment.

- ✤ You can pay upfront and receive a 10% discount or
- Pay over the length of the program
- ✤ Financing is also available from care credit at 0% interest if paid within the year.
- You Insurance may pay part, but you are responsible for reimbursing us when treatment is rendered

#### SIGN HERE IF YOU WANT 2 OR 3 \_\_\_\_\_

### SIGN HERE IF YOU WANT TO DISCUSS IT FURTHER