

Dr. James P. Cima

Doctor of Chiropractic

10800 Suite 111
N. Military Trail
Palm Beach Gardens, Fl. 33410

Phone: 561-627-3810
Fax: 561-557-2954
Email: DrCima@cimahealth.com
www.cimahealth.com
www.cimasystem.com

EDUCATION

New York Chiropractic College Doctor of Chiropractic Degree	1976
Cornell University Bachelor of Science	1970

LICENSES

Florida	1980 – Present
---------	----------------

PROFESSIONAL EXPERIENCE

Palm Beach Chiropractic/ Cima Health and Wellness Owner, Chiropractor	1980- Present
Palmer College of Chiropractic Florida SOT elective instructor	2006- 2015

POST GRADUATE EDUCATION

Over 4000 hours of Continuing Chiropractic Education Taught:	
Blook Work Evaluation	Exercise Rehabilitation
Viscero-Somato, Somato- Visceral Reflex	Craniopathy
Sacro-Occipital Technique	Success Management

PUBLICATIONS, VIDEOS, AND SOFTWARE

Books:	
Achieving Unlimited Health	1999
Temporal Mandibular Joint Dysfunction and the Cranial Concept	1983
Biochemical Blood Work Evaluation Part 1, 2	1982
How to Eat More and Lose Weight and Never Diet Again	1997
Viscero Somato, Somato Visceral Patterns	2000
The Cranial Concept	2000
Treating the Triune of Health	2000
Video:	
Cranial Correction and Motion	2000
Software:	
Biochemical Blood Chemistry Analysis	2000
Articles Published:	
Articles written on Nutrition, Cranial Therapy and Exercise Physiology in the American Chiropractor magazine available upon request	

TECHNIQUES

Certified Craniopath
Sacro-Occipital Technique (SOT)- Cranial Therapy, Pelvic Blocking, and Organ Therapy
Sports Medicine, Nutrition, and Rehabilitation

AFFILIATIONS

Preceptor program and Keiser University	Instructor for FCC
Preceptor program for Palmer College of Chiropractic	Instructor for FCPA
Instructor for Life University	