



Why Have Some Never Heard of Non-Surgical Robotic Laser Spinal Decompression for Debilitating Chronic Back and Neck Pain?

The Answer May Surprise You

© Dr. John Zielonka 2024

Dr. John Zielonka and the Ottawa Chiropractic & Natural Health Centre are proud to have Ottawa's only **Non-Surgical Robotic Laser Spinal Decompression** system as part of their **Signature Neuro-Spinal Restoration Program**. There are only 12 health clinics worldwide that utilize this advanced, patented system. This revolutionary technology is the world's first and only to combine simultaneous "true" Spinal Decompression with Class IV laser, the highest level of laser approved by both Health Canada and the FDA. This unique, simultaneous combination continues to show unparalleled success in previously difficult and unsuccessful cases. As such, those who have suffered with chronic, debilitating back and neck pain from disc herniations, disc bulges, Degenerative Disc Disease, osteoarthritis, sciatica, "pinched nerves", spinal stenosis, compression fractures, spondylolisthesis, whiplash, carpal tunnel syndrome, migraines, failed back surgery and wishing to avoid surgery, finally now have renewed hope.

We now know beyond a shadow of a doubt that Non-Surgical Robotic Laser Spinal Decompression is science-based, both in theory and in ongoing clinical research. We also know that thousands of successful treatments have been delivered with an incredible safety record of zero serious adverse reactions of any kind without the need for drugs or surgery at our health clinic in downtown Ottawa, Canada. Finally, we also know that we have changed the lives of many, and in some cases, yes, saved their lives.

So, if the solution is science-based and has such a high success rate, why isn't every doctor aware of this patented new healthcare technology that is now available in only 12 clinics worldwide? Good question. And the answer applies to everything in healthcare, not just Non-Surgical Robotic Laser Spinal Decompression.

As I first wrote in my 7th book, "*The Science of Brain Health - The Simple 7 Step Solution to*

Prevent the Nightmare of Alzheimer's", here's how.

In 2001, the National Academy of Medicine, then known as the Institute of Medicine, published a landmark study that found there was a lag of **17 years** between when health scientists learn something significant from rigorous scientific research and when health practitioners first change their patient care to reflect that new research. That's right – our "healthcare" system is 17 years behind the times and not surprisingly, when I first wrote about it, this particular landmark study had been published 17 years ago. To make matters worse, it can then take another 10 to 15 years before the newly discovered treatment becomes mainstream. You don't have 30 years to wait.

There is a lag of 17 years between when health scientists learn something significant from rigorous scientific research and when health practitioners change their patient care to reflect that new research

Then, what happens when one finally does learn about it? It's slow to be accepted. Why? In a world where the patient should come first, it's unfortunately been overtaken by competition, greed, ulterior motives, lack of awareness (on both the part of the patient and doctor), and the almighty dollar. Some health professionals may downplay a new approach simply because they haven't heard about it. After all, if they haven't read the science, it must not exist. Others will compare it to lesser forms of care based on their lack of knowledge. That's why some wrongly try to equate Non-Surgical Robotic Laser Spinal Decompression with traction or standard decompression – they're not even close to being the same thing. Others may masquerade as experts when in reality, they have no expertise in Non-Surgical Robotic Laser Spinal Decompression or Neuro-Spinal Restoration. Many believe that they can fix the problem with their forms of care. If they can, that's great, and there are many well-meaning professionals out there, but when they can't, and there are many, these people suffer. This is when any good health professional will refer unless they've lost their purpose.

What does all this mean for you?

If you've been suffering with serious back or neck pain and looking for a serious solution, you can't be 30+ years behind. It's time for a different approach. People aren't falling through the cracks; they're falling into deep chasms and a lifetime of suffering that includes a lifetime

of drug use and all their adverse effects. That's why low back pain and dysfunction has continued to be a leading cause of disability for decades. If you're one of these people, whether it's degenerative disc disease, disc herniations and disc bulges, spinal stenosis, spondylolisthesis, failed back surgery, or a combination of these, it's time to experience what many are considering the new gold standard for finally finding a solution for serious, chronic back pain and neck pain, even if your doctor has never heard of it.

To find out if you're a candidate for Non-Surgical Robotic Laser Spinal Decompression, please go here: <https://www.excellenceinhealth.ca/spinal-decompression-ottawa59077999>

Please watch our videos here: <https://youtu.be/s2X0FKhxsPs?si=y7a23rDnmllb44Se>

Ottawa's Only Non-Surgical



Dr. John Zielonka is one of Canada's most trusted health and wellness experts. He is the owner and founder of the [Ottawa Chiropractic & Natural Health Centre](https://www.excellenceinhealth.ca), in the World Exchange Plaza in downtown Ottawa, Ontario, Canada which is home to Ottawa's only Non-Surgical Robotic Laser Spinal Decompression system and Signature Neuro-Spinal Restoration Program. Dr. Zielonka is a Certified Rehabilitation Doctor, the Past Director and Founder of Rehabilitation at the Ottawa Sport Science Centre, and a 16-time award winning Neuro-Functional Chiropractor who has helped thousands achieve a better way of life. He is the author of 10 books including "Low Back Pain is Not a Life Sentence. Please email us at patientadmin@excellenceinhealth.com or please visit www.excellenceinhealth.com or www.DrJohnZielonka.com. You can always call us directly at (613) 688-1036,

