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DR. AMANDA HAEG OF CADENCE CHIROPRACTIC EARNS WEBSTER CERTIFICATION TO BETTER CARE FOR PREGNANT WOMEN

Eden Prairie, MN: Dr. Amanda Haeg has completed the requirements needed to be officially Webster certified by the International Chiropractic Pediatric Association (ICPA) and is acknowledged by the ICPA as proficient in this specific chiropractic skill on 09/24/2017. Dr. Haeg will better serve pregnant women who are preparing for safer and easier birth outcomes.

Webster certified doctors are taught gentle adjusting techniques, individual case management systems and evidence-informed practice to best care for pregnant women. In addition to this, doctors are given an in-depth view of birth and are provided with the necessary skills and resources to support women who want safer natural births.

Dr. Haeg has undergone a written and a clinical exam for Webster Certification proficiency. This technique includes a specific chiropractic pelvic analysis and accompanying adjustment. The goal of the adjustment is to reduce the effects of pelvic misalignment and to restore normal function and balance in the pelvis.

In the care of pregnant women, this pelvic misalignment may lead to difficult labor for the mother (i.e. dystocia). Dystocia, as defined by William's Obstetrics, is caused by inadequate uterine function, pelvic misalignment, and baby malposition. Preliminary research indicates that chiropractic adjustments using the Webster Technique may have a positive effect on birth outcomes by addressing these three causes of dystocia

This certification enables Dr. Haeg to expand her range of care to individuals throughout pregnancy with excellence and in accordance with evidence-informed practice. "With the training and support of ICPA, I am thrilled to share the incredible benefits of chiropractic care with pregnant mothers!" shares Dr. Haeg.

For more information about Dr. Haeg's practice please visit: cadencechiromn.com. For more information about the ICPA program, please visit: www.icpa4kids.com

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ABOUT CADENCE CHIROPRACTIC

At Cadence Chiropractic, we believe that you deserve the highest standard of health care. Eden Prairie chiropractors Dr. Aleshka Calderon-Santini and Dr. Amanda Haeg are constantly seeking to improve themselves, making sure that you receive the most advanced and effective chiropractic care available.

Getting you results is our primary focus, and to do so, we use a modern technique called the Pierce Results System of Analysis. It's extremely precise and provides measurable outcomes, allowing your progress to be examined along the way. There's no popping or twisting involved, either — it's gentle and noninvasive. We're the only office in the upper Midwest that utilizes this system of analysis, which includes motion X-Ray to give us a thorough understanding of your body's movement patterns.

Visit cadencechiromn.com for more information.

ABOUT ICPA

The International Chiropractic Pediatric Association (ICPA) is a nonprofit organization whose mission is to advance chiropractic by establishing evidence-informed practice, supporting excellence in professional skills and delivering educational resources to the public. It fulfills this mission by engaging and serving family chiropractors worldwide through Research, Training and Public Education. Founded in 1986, the ICPA is the profession's oldest, largest and most sought out chiropractic pediatric association. For more information about the ICPA and chiropractic research, visit discoverkidshealth.com.