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SECTION 5 - Sitting	SECTION 5 - Sitting	
1 I can sit in my chair as long as I like without pain. 2 I can sit in my favorite chair as long as I like.		
2 I can sit in my favorite chair as long as I like. 3 Pain prevents me from sitting more than one hour.		
4 Pain prevents me from sitting more than one nour.		
5 Pain prevents me from sitting more than 10 minutes.		
6 Pain prevents me from sitting at all.		

OSWESTRY DISABILITY INDEX QUESTIONNAIRE

Date: _____

Name: