



GONSTEAD CHIROPRACTIC

What is Gonstead Chiropractic Technique?

One of the most advanced techniques, Gonstead Chiropractic is a results-driven system that involves in-depth analysis, comprehensive diagnosis, and treatment of patients with vertebral subluxations.

The Gonstead technique uses a more thorough analysis of the spine unlike other conventional chiropractic techniques. The five criteria used in spinal analysis by Gonstead Chiropractors are:

- **Visualization** - The process of comparing and cross referencing other findings to look for subtle changes in your posture and movement.
- **Static Palpation** - The process of “feeling” your spine while you’re in stationary position.
- **Motion Palpation** - The process of examining your spine while your body’s in motion.
- **Instrumentation** - The process of detecting uneven distributions of heat along the spine using a Nervoscope.
- **X-ray analysis** - The process of visualizing your entire spine structure.

Spinal Care Chiropractic Inc. is the First and Only Specialized Gonstead Chiropractic Clinic in the Philippines.

At Spinal Care, our doctors practice Gonstead chiropractic in a pain-free way making sure our patients feel comfortable every time they undergo adjustments. We address a variety of cases including sciatica, scoliosis, leg pain, neck pain, slip disc, disc bulges, colic, and long-term headaches.

Why Consider Undergoing Gonstead Chiropractic Care?

Here are some of the benefits regular Gonstead chiropractic care can do to your body:

For people who sit long hours at work:

- Reduces neck, shoulder, knee and back pain
- Improves stress tolerance

For Athletes:

- Improves mobility, flexibility and sports performance
- Treats ankle sprains
- Eliminates recurring injuries

For Pregnant/Postpartum Moms:

- Establishes pelvic balance for pregnant women that helps the baby to be in the best possible position for delivery
- Relieves children from colic, acid reflux, and ear infection

For people who wants to achieve a healthier spine:

- Well-aligned spine
- Improves sleep
- Improves posture
- Improves mood
- Lessens numbness
- Relieves headache
- Relieves cervical stiffness
- Relieves pain caused by arthritis and rheumatism
- Improves overall health and well-being

Consultation and Chiropractic Adjustment Fees at Spinal Care

The initial consultation is **P1500** (P1050 for those with PWD and Senior's ID).

X-Ray is required prior to treatment and we advise patients to have it done at St. Lukes Medical Center, Global City.

Chiropractic adjustments are done on a separate visit, priced at **P3800** per visit (P2675 for PWD and Seniors).

Packages start from P21,000 for 6 visits.

Saturday consultations are also available.

Our clinic is located at 9th Floor, Menarco Tower, 32nd Street, Taguig City, Metro Manila

You can contact us at +63 9178426160

CLICK HERE TO REQUEST AN APPOINTMENT

