

Confidential Case History

Date: _____

Please complete the following questionnaire. Your answers will help us to determine if Chiropractic can help you. Thank you!

Name: _____ Date of Birth: _____ Age: _____ Sex: M F O

Address: _____ City: _____ Postal Code: _____

Home Telephone #: _____ Cell #: _____ Work #: _____ Email: _____

Marital Status: ☐ Single ☐ Married ☐ Widowed ☐ Divorced

TEXT OR EMAIL REMINDERS? NO / YES- text or email? Cell provider: _____

Alberta Healthcare #: _____

Occupation: _____ Name of Business: _____

Emergency Contact Name and number: _____

Referred By: _____

Claim Will Be Made Against:

1. Recent motor vehicle accident? ☐ Yes ☐ No

2. Work related injury/accident (WCB)? ☐ Yes ☐ No WCB # _____

Loss of Health Information:

Reason for attending office: _____

Location of pain: _____

When did you notice it? _____ How often does it occur? _____

Does it radiate? ☐ Yes, ☐ No If yes, where? _____

What relieves it? _____

What aggravates it? _____

Describe how it interferes with your life, work, or hobbies: _____

When have you had this or similar conditions in the past? _____

Is condition getting worse? ☐ Yes, ☐ No ☐ Constant ☐ Comes and Goes

Have you had previous Chiropractic care? ☐ Yes ☐ No

Where? _____ When? _____

Why? _____ Were x-rays taken? ☐ Yes ☐ No

Other treatments tried: _____

How long has it been since you felt vital? _____

Past Health History:

Please check if you presently have or have had any of the following conditions in the past:

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> Blurring of Vision | <input type="checkbox"/> Bronchitis | <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Insomnia |
| <input type="checkbox"/> Stroke | <input type="checkbox"/> Asthma | <input type="checkbox"/> Stomach Ulcer | <input type="checkbox"/> Tendonitis |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Respiratory condition | <input type="checkbox"/> Heart Burn | <input type="checkbox"/> Urinary Frequency |
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Chest Pains | <input type="checkbox"/> Headaches | <input type="checkbox"/> Lower Back Pain |
| <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Allergies | <input type="checkbox"/> Numbness or Tingling |
| <input type="checkbox"/> Aneurysm | <input type="checkbox"/> Hiatus Hernia | <input type="checkbox"/> Sinusitis | <input type="checkbox"/> Migraine Headaches |

Southside Chiropractic: Dr. Don MacDonald / Dr. Hailey Lutz

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- | | | | |
|---|--|---|---|
| <input type="checkbox"/> Varicose Veins | <input type="checkbox"/> Constipation | <input type="checkbox"/> Ringing in Ears | <input type="checkbox"/> Menstrual Problems |
| <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Heavy Periods | <input type="checkbox"/> Digestive Problems | <input type="checkbox"/> Fatigue |

Chronic Lifestyle Stressors

Any family health conditions: ☐ Yes ☐ No Please list: _____

Other health problems? _____

List surgical operations or hospitalizations and years they occurred: _____

Number of Pregnancies if applicable: _____

Medications? _____

List and describe any auto accidents or other accidents/injuries: _____

List and describe any childhood injuries/accidents/hospitalizations/illnesses: _____

Anything else you feel we should know about? _____

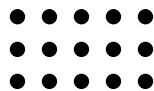
Draw in your face.

Show area(s) of pain or unusual feeling.

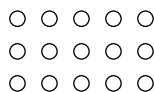
Mark the areas on this body where you feel the described sensations. Use the appropriate symbols.

Mark areas of radiation. Include all affected areas.

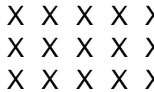
Numbness



Pins & Needles



Burning



Aching



Stabbing

