

THE TRILLIUM THREAD

The Monthly Newsletter of Trillium Chiropractic



Meet Our Newest Doctor!

Dr. Katelyn Hummel



Dr. Katelyn grew up in White Bear Lake, MN. She was quite active in sports at a young age playing basketball, soccer and track. Following high school, she attended Hamline University and participated in Track and Field competing in: high jump, long jump, triple jump, pole vault 55M, 100M and 200M. She was awarded All Conference in 4 events, Most Valuable Field Athlete and named captain of her team. Katelyn graduated with a Bachelors in Exercise and Sports Science. In 2019 she received her Doctorate from Northwestern Health Science University. She specializes in Diversified Chiropractic, Activator, Thompson drop, TMJ trigger point therapy and NMR. She also has experience in dealing with and managing PCOS. Katelyn currently resides in Prior Lake, where she lives with her husband, Jared of 8 years and 2 pups, Moses and Mary Magdalene "Maggie". In her free time she loves to explore national parks, attend concerts, cook... and eat, do yoga and spend time on the lake

Thank You to Our Patients! Buy One Get One Half Off MASSAGE!

Promo for our exceptional patients



Dear Valued Patients,

We want to take a moment to thank all of you from the bottom of our hearts for the relationships built and the continued trust and devotion you put into us to care for you and your family. We are forever grateful to be able to serve you in the Maple Grove community and your support is greatly appreciated. As our way of saying thank you, we would like to offer you a buy one get one half off massage. This is a great way to gift a massage to a friend or family member for the holidays. Ask us more at your next visit!

Thanks.

The Trillium Chiropractic Team

"No one who achieves success does so without acknowledging the help of others. The wise and confident acknowledge this help with gratitude."

-Alfred North Whitehead

