# *THE TRILLIUM THREAD*

The Monthly Newsletter of Trillium Chiropractic



# Welcoming Macey

Our New Front Desk for Trillium & Renew Spine



Our office has been growing like crazy and we are excited to announce another addition to the team! Macey is our new front desk for Trillium & Renew Spine. She will be greeting you at the front, assisting with traction tables and helping schedule appointments!.

Here are a few fun facts about our new employee:

- Macey grew up in small town Belton, TX
- She is passionate about helping people live their best life with chiropractic
- She graduated with a Bachelors in Theatre Arts
- Loves reading fantasy and thriller novels or anything written by Cassandra Clare
- She has a dog named Shadow and cat named Quill.

# **Business of The Month:**

Willow Creek Nutrition



Meet Ula! She is the proud owner of Willow Creek Nutrition in Plymouth, MN!

We are partnering with her business for the month of March! Look for half off drink coupons at the front desk and make sure to stop in and support this new small business in the area!

### 20 Nathan LN N Plymouth, MN 55441





## FLASH SALE on ELDERBERRY SYRUP!

Get Elderberry syrup for 25% off while supplies lasts!

Elderberry syrup is great for cold and flu relief. Elderberries are an excellent general immune system booster. Some other benefits include:

- natural diuretic
- encourages healthy skin
- eases allergies
- lowers blood sugar

# March Madness Is Upon Us!

Trillium will be following all the madness in March with our very own bracket. Complete any of the challenges to win prizes in our office! Ask staff for more details!

1st Place- Gift card to local shop 2nd Place- Specialty gift basket 3rd Place- Trillium gear



Support your favorite team by wearing their logo in the office on FRIDAYS

We will have popcorn in the office March 23-26th



