

BANANA CREAM QUINOA BREAKFAST CEREAL

([SLICE OF LIFE](#) BLOG) - IF YOU "NEED" AN OATMEAL SUBSTITUTE

1 cup organic quinoa (uncooked)

1 cup vanilla coconut milk (in the carton) OR almond milk

1 cup water (If you want it to be really creamy, use all milk and no water)

1 banana, sliced

handful of cranberries (OR raisins, blueberries, cherries, strawberries, etc.)

1 tsp cinnamon

handful of raw walnuts or almonds

1-2 TBS maple flavored agave nectar OR drops of stevia to taste

Add quinoa to milk/ water and bring to a boil.

Add all ingredients EXCEPT agave and simmer, covered for 8-10 minutes.

Drizzle with agave and sprinkle with extra cinnamon as needed.