

As per your request, I have attached our proposal to provide your organization with a speaking and educational engagement.



Dr. Myles Starkman

With his engaging nature and personal approach, Dr. Starkman holds even the biggest audiences captive with useful messages that resonate with every type of professional, from the mailroom to the boardroom, across all industries and organizations. You will be entertained by his humorous anecdotes and real-life advice. His unique ability to reach a wide demographic of working individuals will have a positive effect on workplace wellness and individual success. Your whole team will benefit from this unique and wonderful experience.

“A man too busy to take care of his health is like a mechanic too busy to take care of his tools.” ~Spanish Proverb

Speaking Experience

With a strong desire to share health concepts and give people tools to improve their home and work environments, Dr. Starkman has been speaking about health and wellness in the Miami area for over 20 years. Feedback has been excellent and shows that the majority of the participants find the experience extremely valuable. Below are just some of the places we've presented.

- City of Miami Beach
- Weil, Gotshal & Manges Law Firm
- MTV Latino
- Miller Construction
- Morning Side Pediatrics
- Terremark Worldwide Inc
- Miami City Ballet
- Wellness And Recreation Center For Dade County
- And other local law firms, businesses & health fairs

Topics Available

- **Wellness in the Work Place**
A comprehensive workshop about bringing wellness concepts with you to work
- **Don't Go Bananas**
Tools to help manage the stress in your life
- **Office Survival 101**
Workplace ergonomics to increase productivity and reduce injury
- **Feed Your Body Right**
What are you pretending not to know about the food you are eating?
- **Goal Setting Cross fit**
Strengthen and conditioning of your goals. Planning to live your life and making it happen
- **Deep Sleep Empowerment**
Tired of being tired? Learn techniques to restore your sleep health naturally
- **Raising Little Sprouts**
How to raise a chemical free healthy child. Discover the answers to the most common health questions every parent encounters when “growing” a family

Speaking Engagement Proposal

Speaker Bio

"Hurting my back when I was 19 years old is one of the best things that ever happened to me!"

It has led to a rewarding career, a family, and some amazing experiences. Along with caring for several thousand people the past 28 years, I have been fortunate to be the chiropractor for the **Miami** City Ballet, worked with a **Miami** professional sports team, and taken care of local and visiting celebrities. Twice I have been flown half way around the world to take care of royalty. It's been quite an adventure.

My journey began in 1975. While bent over painting baseboard my back "went out". Friends took me to their **chiropractor** where I experienced immediate relief. After a few visits and sensing my curiosity, he said I should consider becoming a **chiropractor** and gave me some pamphlets to read. The philosophy of life and health I read about made sense. Being able to decrease stress and improve the quality of people's lives by removing nerve interference was something I became passionate about.. Seven months later, I enrolled at [Sherman College of Chiropractic](#) in Spartanburg, South Carolina.

In college, I learned about our amazing capacity to heal, how wonderful our bodies are, and how health comes from above-down-inside-out. While there, I also met my incredible wife. We married in 1981. Our three sons were born at home, have received **chiropractic** adjustments since birth, and have never been vaccinated. (If that sounds interesting, I'd love to discuss it with you.)

Since opening my office in 1980, it has been my privilege to assist and facilitate in the healing of so many. Thanks to my wife, a midwife, and the midwifery communities' referrals, taking care of pregnant women, babies, and children has always been an important part of my practice. Being in the **Brickell** area has allowed me to de-stress the bankers, lawyers, assistants and others who make **Miami** run.

My postgraduate studies in spinal biomechanics, neurology, nutrition, and technique allow me to incorporate leading edge methods into patient care. The focus is always on the whole person, not just the initial complaint. With high-tech and a soft touch, my care is gentle and extremely effective, with restoration and optimization of health being the goal.

Guidelines

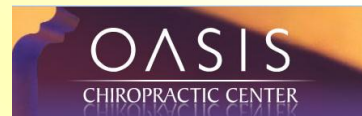
Session Size: While group size range from 10- 50 we prefer an audience of 20-30 participants.

Session Length: Sessions are regularly scheduled during employee lunch times and last 30 to 60 minutes; however length can be customized to meet the needs of your unique group, not to exceed 90 minutes.

Available dates: We have Speaking Engagements available every Thursdays and we can coordinate the time that best fits your needs.

Audio Visual Equipment: We request, but do not require that you make available an LCD projector and a projector screen /or make available a plain white wall.

Registration: For groups larger than 10 we require attendees to register with coordinator to ensure that there is enough material for all guests.



Dr. Starkman has also made several TV appearances. Our most recent story "Acupuncture and Pregnancy" was featured on Univision Primer Impacto. To watch the segment please click the link: <http://noticias.univision.com/primer-impacto/videos/video/2012-05-25/acupunturaaparaembarazadas>

Speaking Engagement Proposal

Deliverables

- Dr. Starkman will conduct any necessary research to provide your team with detailed and current knowledge about the subject you have chosen.
- Dr. Starkman will create a Power Point presentation based on the program that is pre-approved by your team.
- Dr. Starkman will be available via conference call for a review of session prior to the speaking engagement.
- Dr. Starkman will present his healthcare materials and will be available for questioning after the presentation.

If you are the kind of employer who wants to give employees tools to prevent costly on-the-job injuries, improve their ability to perform, and enhance their health and lives --- ***this presentation is for YOU!***

Acceptance

On behalf of Oasis Chiropractic Center, we look forward to assisting you and your team on the **road to good health** and well being. Please choose a topic of interest and indicate your approval by signing below and returning the signed copy via fax to 305-374-5867.

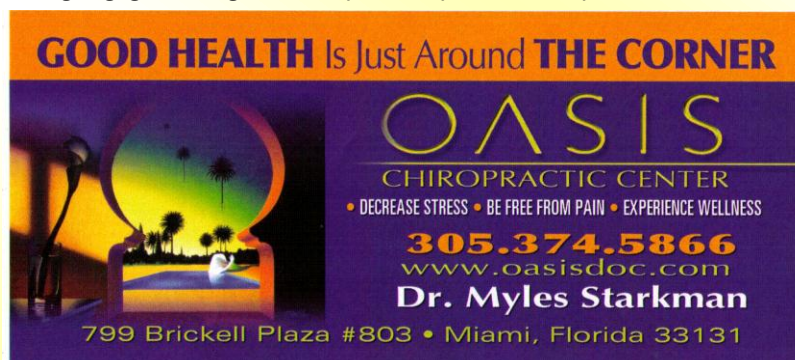
Topic Title: (Please choose one)

Wellness in the Work Place Don't Go Bananas Office Survival 101 Feed Your Body Right

Goal Setting Cross fit Deep Sleep Empowerment How to Raise a Healthy Child Other _____

Approved by: _____ Date: _____

Please contact our office at 305-374-5866 for information and to select a date and time. We will forward you a complete Presentation Outline and Speaking Engagement Agreement upon receipt of this acceptance. Thanks in advance.



GOOD HEALTH Is Just Around **THE CORNER**

OASIS
CHIROPRACTIC CENTER
• DECREASE STRESS • BE FREE FROM PAIN • EXPERIENCE WELLNESS

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