## Magnetic Acupuncture



Magnetic Acupuncture utilizes Acupuncture theory and points without the use of needles! This type of non-invasive healing treatment is ideal for patients who are sensitive to needles.

The purpose of magnetic acupuncture treatment is balance the meridian system by unblocking the obstruction in the channel. We will use our state of the art AcuGraph Digital Meridian Imaging system to analyze and document the energetic status of the acupuncture meridians, so that we are able to accurately analyze where Qi has become blocked or imbalanced.



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#### How it works?

Magnetic therapy is used to access the body's electric and magnetic fields by stimulating acupoints with tiny pulses of electromagnetic energy. This is most easily achieved using magnets that are preattached to adhesive patches and can be stuck to the skin over particular acupuncture points or areas to relieve certain symptoms.

#### How is magnetic therapy different from acupuncture?

Acupuncture involves stimulating acupoints by inserting fine needles to generate electromagnetic impulses. Treatment is usually limited to a short session at our office lasting 15 min to a half hour. Magnetic therapy produces a similar effect, but is less invasive. Treatment is also continuous over a period of 6-12 hours and in some cases magnets on the ear are worn for 1-2 days. Patients start treatment in our office and continue care at home for the recommended time.

### What Can I expect?

The therapeutic use of magnets is not as simple as just taping a magnet to the body or placing a magnetic patch over a problematic area. The strength of the magnet, the pole that is placed against the skin, and the area on which the magnet is placed makes all the difference. After Dr. Starkman has affixed the magnets in the desired field he will then recommend how long they should be positioned for in order to balance the meridian system.

# What are some symptoms Magnetic Acupuncture are useful in treating?

- Fibromyalgia
- Aching Feet
- Arthritis
- Back Pain
- Headache
- Tennis Elbow
- Insomnia
- Fatigue
- Sinus Congestion
- Stress
- Anxiety
- Body Aches
- Nausea