



695 N Perryville Rd. Ste 1

Rockford, IL 61107

☎ 815-977-5480

📠 815-977-3479

info@healingpathrockford.com

www.healingpathrockford.com

**1. Please enter your information.**

Today's Date \_\_\_\_\_ First Name: \_\_\_\_\_ Middle Initials: \_\_\_\_\_ Last Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Marital Status: \_\_\_\_\_ Gender: \_\_\_\_\_  
 Single  Married  Female  Male  
 Domestic Partner  Separated  Divorced  
 Widowed

Address: \_\_\_\_\_ Apt./Unit #: \_\_\_\_\_

Mobile Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Preferred Contact Method:  
 Mobile Phone  Home Phone  Work Phone  
 Email

Spouse's Name/Occupation \_\_\_\_\_ Spouse's Date of Birth \_\_\_\_\_

Your Primary Care Provider/OBGYN/Midwife \_\_\_\_\_ Your Occupation \_\_\_\_\_

Your Employer \_\_\_\_\_ Insurance Carrier \_\_\_\_\_

Insured's Name (First, Last) \_\_\_\_\_ Insured's Employer \_\_\_\_\_

Who were you referred by? How did you hear about us?  
 \_\_\_\_\_

**2. Please list your top major health concerns in order of importance, and indicate date of diagnosis (where relevant):**

	Concern	Date
1		
2		
3		
4		
5		

3. If you have seen other practitioners for your health issues (i.e., Chiropractor, Medical Doctor, Acupuncturist, Naturopath, Therapist, Homeopath, Massage Therapist, etc) please list and indicate the results of their evaluations.

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4. Severity of pain?

0 - Not difficult / 10 - Unbearable

0  1  2  3  4  5  6  7  8  9  10

5. How does it impact your quality of life? What aren't you able to do or aren't able to do as well as you could before?

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6. Describe your main complaint.

Is your condition work related?

Yes  No

Are you currently having discomfort or pain?

Yes  No

Do you know the cause of the pain?

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How often is the complaint present? (e.g. constant, comes and goes, infrequent)

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Does anything aggravate the pain?

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Does anything relieve the pain?

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Can you describe the pain? (e.g. tingling, numbness, burning, radiating, sharp, spasming, sore, dull, achy...)

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Where do you hold stress in your body?

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7. Cardiovascular

Anemia

Arteriosclerosis

Cold feet

Edema

Heart disease

High/Low blood pressure

High/Low Cholesterol

Pace maker

Poor circulation

Rapid/Irregular pulse

Rheumatic fever

Stroke/TIA

Swelling

Varicose veins

Other

If "other", or "edema", please specify.

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## 8. Digestive

- |                                       |   |                                   |
|---------------------------------------|---|-----------------------------------|
| <input type="checkbox"/> Acid Reflux  | <input type="checkbox"/> Anorexia/bulimia         | <input type="checkbox"/> Bloating |
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Crohn's disease          | <input type="checkbox"/> Diarrhea |
| <input type="checkbox"/> Heart burn   | <input type="checkbox"/> Irritable bowel syndrome | <input type="checkbox"/> Nausea   |
| <input type="checkbox"/> Ulcer        | <input type="checkbox"/> Other                    |                                   |

If "other", please specify

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## 9. Endocrine

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Fainting       | <input type="checkbox"/> Fatigue          | <input type="checkbox"/> Frequent infections |
| <input type="checkbox"/> Hypoglycemia   | <input type="checkbox"/> Immune Disorders | <input type="checkbox"/> Poor appetite       |
| <input type="checkbox"/> Swollen glands | <input type="checkbox"/> Thyroid Disorder | <input type="checkbox"/> Weight gain/loss    |
| <input type="checkbox"/> Other          |   |  |

If "other", please specify

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## 10. Genitourinary

- |  |  |                                       |
|--|--|---------------------------------------|
| <input type="checkbox"/> Bedwetting      | <input type="checkbox"/> Bladder infection | <input type="checkbox"/> Incontinence |
| <input type="checkbox"/> Kidney disorder | <input type="checkbox"/> Prostate Disorder | <input type="checkbox"/> Other        |

If "other", please specify

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## 11. Muscle / Joint / Bone

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Arthritis                | <input type="checkbox"/> Headaches       | <input type="checkbox"/> Neck pain                      |
| <input type="checkbox"/> Mid back pain            | <input type="checkbox"/> Low back pain   | <input type="checkbox"/> Shoulder/Elbow/Wrist/Hand pain |
| <input type="checkbox"/> Hip/Knee/Ankle/Foot pain | <input type="checkbox"/> Muscle weakness | <input type="checkbox"/> Osteoporosis                   |
| <input type="checkbox"/> Poor Posture             | <input type="checkbox"/> Scoliosis       | <input type="checkbox"/> TMJ Disorders                  |
| <input type="checkbox"/> Other                    |  |   |

If "other", please specify. If "Arthritis", specify location.

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## 12. Neurological

- |                                   |                                     |                                    |
|-----------------------------------|-------------------------------------|------------------------------------|
| <input type="checkbox"/> Anxiety  | <input type="checkbox"/> Depression | <input type="checkbox"/> Dizziness |
| <input type="checkbox"/> Migraine | <input type="checkbox"/> Seizures   | <input type="checkbox"/> Other     |

If "other", please specify

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### 13. Respiratory

- |                                     |  |   |
|-------------------------------------|--|---|
| <input type="checkbox"/> Allergies  | <input type="checkbox"/> Asthma              | <input type="checkbox"/> Bronchitis           |
| <input type="checkbox"/> Chest pain | <input type="checkbox"/> Chronic cough       | <input type="checkbox"/> Difficulty breathing |
| <input type="checkbox"/> Emphysema  | <input type="checkbox"/> Shortness of Breath | <input type="checkbox"/> Pneumonia            |
| <input type="checkbox"/> Poor Sleep | <input type="checkbox"/> Sleep Apnea         | <input type="checkbox"/> Other                |

If "other", please specify

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### 14. Sensory

- |   |  |                                       |
|---|--|---------------------------------------|
| <input type="checkbox"/> Blurred Vision | <input type="checkbox"/> Ringing in ears | <input type="checkbox"/> Hearing loss |
| <input type="checkbox"/> Ear infections | <input type="checkbox"/> Loss of smell   | <input type="checkbox"/> Other        |

If "other", please specify

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### 15. Skin

- |                                    |  |                                    |
|------------------------------------|--|------------------------------------|
| <input type="checkbox"/> Acne      | <input type="checkbox"/> Bruise easily | <input type="checkbox"/> Eczema    |
| <input type="checkbox"/> Hair loss | <input type="checkbox"/> Hives / Rash  | <input type="checkbox"/> Psoriasis |
| <input type="checkbox"/> Other     |  |                                    |

If "other", please specify

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### 16. Systemic Disorders

- |                                   |  |                                       |
|-----------------------------------|--|---------------------------------------|
| <input type="checkbox"/> Cancer   | <input type="checkbox"/> Diabetes (Type?)    | <input type="checkbox"/> Fibromyalgia |
| <input type="checkbox"/> HIV/AIDS | <input type="checkbox"/> Post Polio Syndrome | <input type="checkbox"/> Other        |

If you checked yes to: cancer, diabetes and/or other: - please specify

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### 17. Women

- |  |                                       |   |
|--|---------------------------------------|---|
| <input type="checkbox"/> Breast conditions   | <input type="checkbox"/> Cysts        | <input type="checkbox"/> Endometriosis            |
| <input type="checkbox"/> Fibroids            | <input type="checkbox"/> Hysterectomy | <input type="checkbox"/> Infertility              |
| <input type="checkbox"/> Irregular periods   | <input type="checkbox"/> Menopause    | <input type="checkbox"/> Menstruation             |
| <input type="checkbox"/> Peri/Postmenopausal | <input type="checkbox"/> PMS symptoms | <input type="checkbox"/> Pregnant. How far along? |
| <input type="checkbox"/> Other               |                                       |   |

If "other", please specify

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18. Please fill in as appropriate:

	Child	Father	Mother	Brother(s)	Sister(s)	Spouse	Other (specify)
Age (if living)							
Age (at death)							
Cause of death							
Anemia							
Cancer							
Diabetes							
Epilepsy							
Glaucoma							
Heart disease							
High blood pressure							
Hay fever							
Hives							
Kidney disease							
Mental illness							
Rheumatoid arthritis							
Tuberculosis							
Syphilis							
Stroke							
Other (specify)							

19. Please list any non-prescribed medications you take (laxatives, antihistamines, decongestants, aspirin, tylenol, etc.):

	Type	How Often?
1		
2		
3		
4		
5		

20. Please list any prescribed medications you take:

	Name	Dosage	How long?
1			
2			
3			
4			
5			
6			
7			

21. Supplements now or in the recent past:

	Name of supplement	Dosage	Benefits
1			
2			
3			
4			
5			

22. Any accidents, injuries, fractures or surgeries you have had?

More than 5 years ago:

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Less than 5 years ago:

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23. Do you sit for long hours at a workstation, computer, or driving? If yes, please describe your work conditions. (e.g. standing desk, ergonomic chair, eye level computer placement, long drives, etc...)

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24. Habits and Lifestyle

Do you smoke?

Yes  No

How much per day?

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Since when?

---

Do you drink alcohol?

Yes  No

How much?

---

How often?

---

Do you drink soda pop?

Yes  No

If yes, what type?

Regular  Diet

How much?

---

Do you exercise regularly?

Yes  No

If yes, please describe what you do.

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How much water do you drink daily?

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How many pain relievers do you take daily/weekly?

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**25. Emotional stress scale**

0 - No stress / 10 - Extremely stressed:

0  1  2  3  4  5  6  7  8  9  10

**26. How many hours sleep a night do you get on average?**

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**27. Do you have any problems getting to sleep? (e.g.: worrying about things, mind won't switch off, stress and anxiety)?**

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**28. Do you have any problems staying asleep (e.g.: need to go to the toilet, no reason you wake up, baby wakes you)?**

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**29. What would you like to be able to do again that you can't now or are having difficulty doing now?**

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### Acknowledgement of Insurance Billing

Your insurance company has declared that in order to be eligible for chiropractic coverage, medical necessity must be shown for any treatment and our office does that through performing an initial examination. In compliance with this requirement, your exam will be submitted to your insurance company by Healing Path of Rockford. Any discount or promotion regarding your exam is at the agreement of you and Healing Path of Rockford and will not negate the submission of claims to your insurance company.

- I understand that my insurance company mandates I receive an examination to allow me to be eligible for future chiropractic coverage for treatment received at Healing Path of Rockford.
- I understand that any claims regarding my examination will be submitted to my insurance company regardless of a new examination promotion or discount offered by Healing Path of Rockford.
- I understand that I may not contest the claims sent to my insurance company regarding my examination at Healing Path of Rockford.
- I understand that any insurance benefit received by Healing Path of Rockford for my examination will not be applied as a credit on my account or eligible as a patient credit/refund.
- I understand that regardless of the specific coverage provided by my insurance company for my examination, Healing Path of Rockford will honor any discount or promotion offered for compensation of my examination.
- I understand I am responsible for any initial examination charges not included in my care plan (if applicable).

Today's Date

\_\_\_\_\_

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date





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### Authorization to Release Information

I, \_\_\_\_\_, give permission to Healing Path of Rockford to release verbal and/or written information regarding my care to my:

- Spouse \_\_\_\_\_
- Child \_\_\_\_\_
- Parent \_\_\_\_\_
- Representative \_\_\_\_\_
- Information is not to be released to anyone

I understand that this can be revoked or modified at any time through written communication with Healing Path of Rockford.

Today's Date

\_\_\_\_\_

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date