

THOMAS J. VRBKA, DC, DACBSP®  
[DR.TOM@ADVANTAGECHIROPRACTICCLINIC.COM](mailto:DR.TOM@ADVANTAGECHIROPRACTICCLINIC.COM)  
2408 E. UNIVERSITY DR. SUITE 101  
AUBURN, AL 36830  
(334) 821-2552

## **EDUCATION AND CERTIFICATIONS**

---

- Diplomate of the American Chiropractic Board of Sports Physicians** **2018**
- American Chiropractic Board of Sports Physicians
  - Program through Southern California University of Health Science
  - Techniques focus on healing and maintenance of athletes allowing them to compete and excel at the highest levels of sports.
- Functional Movement Systems Certification** **2014**
- Chatham, Virginia
  - A systematic technique used to identify movement asymmetries or major limitations in common movement patterns to minimize overuse injuries
- Golf Injury and Prevention Certification** **2013**
- Blanchard Academy of Golf
  - Techniques that allow common golf injuries to heal quickly while preventing the onset of chronic or future injury
- Certified Chiropractic Sports Physician** **2012**
- American Chiropractic Board of Sports Physicians
  - Program through Palmer Chiropractic College
- Kinesio Taping Practitioner** **2010**
- Albuquerque, New Mexico
  - This practice utilizes specific patterns of specialized and reinforced tape to stabilize muscles while allowing full range of motion
- Doctor of Chiropractic** **2006**
- Palmer College of Chiropractic, Davenport, Iowa
- Bachelor of Health Science** **2003**
- University of Nebraska at Kearney

## **MEMBERSHIPS**

---

- American Chiropractic Board of Sports Physician 2012- Present
- Alabama State Chiropractic Association 2007- Present