



FOOT LEVELERS

Patient
Catalog

2022



110,000 miles

the number of miles the average person walks in a lifetime.
equivalent to **5 trips around the Earth.**
every **triumph.** every **adventure.** every **path.**
needs unique support. we provide the best.
handmade, high-quality, the **hallmark of excellence.**

Foot Levelers - over 70 years of providing more comfort and less pain.



Custom-Made vs. Over-the-Counter Orthotics

Custom orthotics are far superior to generic or off-the-shelf inserts. They're custom-made to easily slide into your shoes and support the unique shape of your feet. Foot Levelers custom orthotics are unique because they support all three arches of the foot. By balancing the feet, Foot Levelers orthotics help reduce pain and improve performance throughout the body.



COMPARISON BETWEEN OVER THE CUSTOM ORTHOTICS AND GENERIC INSERTS		
Maximum Comfort	✓	✗
Premium Materials/Support	✓	✗
Individually Designed for You	✓	✗
Crafted by Hand	✓	✗
3 Arch Advantage™	✓	✗
Pelvic Stabilization	✓	✗
Whole-Body Pain Relief	✓	✗
1 Year, 100% Money-back Guarantee	✓	✗
Clinically Proven	✓	✗
Made in America	✓	✗

Your Feet are as Unique as Your Fingerprints



For Better Overall Health, You Need
Custom Orthotics **Made Just for You**

You wouldn't wear somebody else's eyeglasses. Why
would you wear orthotics that weren't made for you?

PROVEN

Less Pain. More Comfort.

Foot Levelers custom orthotics are **PROVEN** to reduce Low Back Pain by **34.5%***



*As published in the Archives of Physical Medicine and Rehabilitation, 2017.

What Orthotics Do For Your Body

Foot Levelers custom orthotics were developed to improve your comfort level. Custom orthotics also help reduce low back pain, hip pain, and even neck pain. Learn more about each of these conditions and how Foot Levelers can help you live a pain-free lifestyle.

There are many possible reasons for **low back pain**, but spinal strain and postural fatigue account for about **70%** of cases not caused by more serious conditions.

LOW BACK PAIN

The sacroiliac (or SI) joints are the link between your spinal column and pelvis. They help absorb damaging shock forces, and they also help stabilize the body and transmit weight to the lower limbs.

SACROILIAC JOINT PAIN

There is no single cause for painful knee joints. But there are generally 2 types of contributing factors: traumatic and chronic. Your doctor will help determine the cause of your knee pain.

KNEE PAIN

Leg length inequality (LLI) can cause pressure, stress, and pain in your knees, thighs, hips, pelvis, and spine.

SHORT LEG



What Orthotics Do For Your Feet

The pain you feel in your feet is debilitating and prevents you from living life to its fullest. Foot Levelers custom orthotics offer relief from some of the most common foot conditions, including plantar fasciitis and metatarsalgia. Foot Levelers orthotics are a great solution if you're experiencing foot pain.

When the foot's arches collapse, they no longer support the body properly. Pronated, or flat feet are also less shock-absorbent, creating extra stress on the bones, muscles, ligaments, and tendons of the entire body.

FLAT FEET

The plantar fascia is the soft, springy tissue on the underside of the foot. With injury, wear-and-tear, or age, a painful, ongoing condition may result: plantar fasciitis.

PLANTAR FASCIITIS

Metatarsalgia is pain in the ball of the foot. The soft, springy tissue beneath the foot is the support system for bones. With injury, wear-and-tear, or age, tissue deteriorates. Arches flatten, and toes may begin to crowd one another.

METATARSALGIA

If your ankle frequently "gives way" while walking or during activity, or if you've suffered from multiple sprains, you may have chronic ankle instability.

CHRONIC ANKLE INSTABILITY

Running to Recovery



In 2019, I was training to run the Foot Levelers Blue Ridge Marathon when I went for a casual ride on my motorcycle and was suddenly struck by an impaired driver, almost completely amputating my lower right leg. My leg was successfully reattached, and after eight surgeries, I was back with Foot Levelers, excited and on my way to preparing to finish the Half Marathon in 2021.

Running has been a big motivator in my recovery. Foot Levelers was already making an impact because I was using their custom orthotics prior to the injury. My mechanics were in position where I could enjoy running again.

Working with my doctors I felt that I could safely prepare to run the half marathon comfortably. I didn't want to do it without the support of Foot Levelers.

On April 17, 2021, I was able to complete the Blue Ridge Half Marathon, beating my finish time goal, and receiving the award for being first in my age group!

Captain Todd Reighley is a Firefighter with Roanoke Fire-EMS



See Todd's full Running to Recovery story

What other patients are saying



“After three back surgeries, **I couldn’t even walk a mile.** I had a colleague recommend orthotics. After I got them, **I put them in my shoes** and went on a trip to New York City. **We walked 9 miles. No pain.** The amount of relief Foot Levelers orthotics provide is enormous. **It’s just an amazing improvement in quality of life.**”

Kelley Andrews of Salem, VA

“**I had lower back pain.** I wasn’t sleeping very well. My mood was dropping and I began to have some knee issues. ... I saw multiple specialists and doctors who said I needed surgery. Fast forward a few months, and **I feel like I’m healed.** I owe my healing all to Dr. Stu (Weitzman) and Foot Levelers custom orthotics.”

Carla Churyk of Brewster, NY



“**I bought two sets of Foot Levelers.** One for my dressy shoes and one for my sneakers. **I’m glad I did.** Now I don’t have to move my orthotics from one pair of shoes to another. I’m always ready to go and “go” is something I like to do.”

Jackie Ann Dean of Springfield, MO

“One week into wearing my Fiji custom orthotic flip-flops, **I can honestly see a huge improvement in my level of back pain!** They are my new favorite pair of flip-flops.”

Niki Lazenby of Clermont, FL



STEP
01

Choose shoe style

We have organized our custom orthotics into categories based on shoe type.

Shoes with removable inserts



Full Length orthotics offer support in shoes with laces where the factory lining can be removed.



Shoes **without removable liners** and **tight-fitting** shoes –



Dress Length orthotics are ideal for shoes where the toe box is narrow and cannot accommodate a Full Length orthotic due to the width.



Flats and 1" heels



The 5th Avenue 1" is specifically designed for heels 1" or less.



Heels between 1" and 2"



3/4 Dress orthotics are specifically designed for tighter-fitting dress shoes where the factory lining cannot be removed.



The 5th Avenue 2" is designed for heels between 1" and 2".

STEP 02

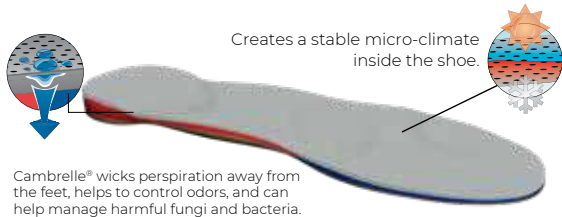
Choose top cover

Top covers for your custom orthotics should be selected based on your activity level.

ACTIVE TOP

THE SMART ORTHOTIC

Keeps Feet Dry and Comfortable Year-Round



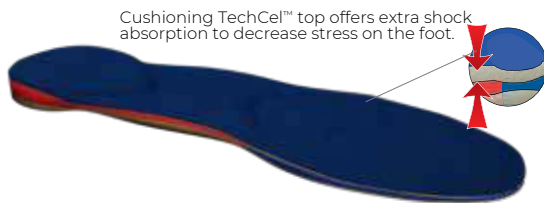
Active custom orthotics adapt to temperature or moisture changes to help keep feet comfortable and dry—regardless of the outside conditions. Features a moisture-resistant Cambrelle® top to help wick away moisture all day long.

Active orthotics are designed for ‘active’ people like runners, hikers, walkers, etc.

COMFORT TOP

TAKING COMFORT TO THE NEXT LEVEL

Extra Cushioning in Every Step



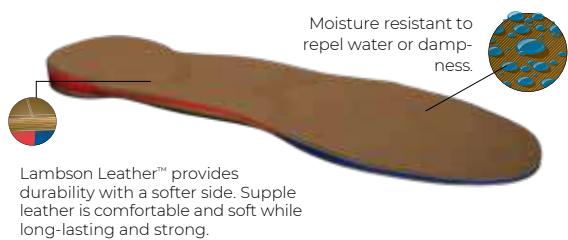
The soft TechCel™ comfort top provides maximum comfort for those on their feet more than 50% of the day.

Comfort orthotics are perfect for those who stand for extended periods.

LUXURY TOP

THE TRUE DEFINITION OF LUXURY

Top-of-the-Line Comfort and Durability



Embrace the ultimate in support with Luxury custom orthotics. Lambson Leather™ top offers premium durability with style.

Luxury orthotics are great for those who wear dress shoes all day long.

TOUGH TOP

NOT JUST TOUGH, EXTRA TOUGH

Heavy-Duty Support



Designed to provide extra durability, Tough custom orthotics feature a rugged leather top. They are also moisture resistant to help repel moisture.

Tough orthotics are for those who are very hard on their footwear.

MOST
POPULAR

“ I've had custom orthotics for years but was amazed when these arrived within a week to treat my neuroma! It was like going from a VW Bug to a Rolls Royce. The more I walked with the Foot Levelers, the better my feet felt! Six weeks later, I finished a 530-mile backpack trip, and I am ever so grateful to my Chiropractor and Foot Levelers.

”



The Best Orthotic for Everyday Activities

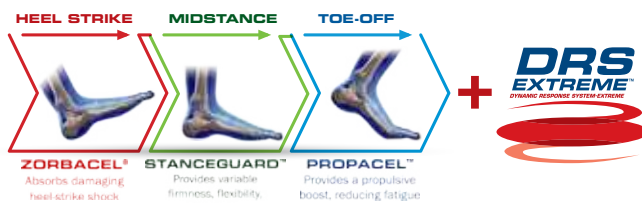
inmotion[®]

by Foot Levelers



- Can help improve performance and recovery
- Provides better grip during athletic activities
- Top cover wicks away moisture 4x faster than cotton
- Includes DRS-X™ and the patented Gait Cycle System® for extra shock absorption

FEATURING GAIT CYCLE SYSTEM® + DRSX™

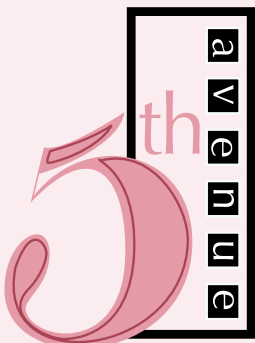


US PATENT NUMBER 6,510,626

Full Length
Dress Length

ITEM 0910500X
ITEM 091203





by Foot Levelers

- Custom orthotics made for heels and flats
- Slim design to fit easily into heels with 1 inch or 2 inches
- Soft yet durable top cover for a more comfortable feel
- Discreet support for dress shoes
- Includes hook & loop dots for secure fit



5TH AVENUE
LUXURY FOR 1"



1" Heel
Luxury ITEM 0910712
ULTRA THIN



5TH AVENUE
LUXURY FOR 2"



2" Heel
Luxury ITEM 0913600
ULTRA THIN



Scan here for
more info
on product



ITEM 0912800

Dress-Length
LUXURY



- Fits into dress shoes, with or without laces
- Great option for shoes without removable liner
- Offers shock absorbing material in the heel
- Includes hook & loop dots

Scan here for
more info
on product



keep them **balanced** as they grow



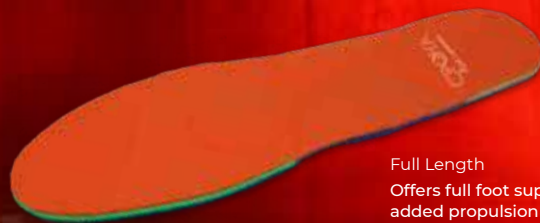
CPOYATM

CONCERNED PARENTS OF YOUNG ATHLETES

Recommended for High School Athletes

Exclusively for
AGES 13-18
youth

- Shields joints and muscles from shock
- Supports the full-gait cycle
- Helps prevent injury and improve biomechanics



Full Length
Offers full foot support with
added propulsion

Full Length ITEM 0913402

Ultra
YOUNG
SOLES

Exclusively for
AGES 5-12
youth

- Helps establish **healthy posture** as kids grow
- May help **alleviate growing pains**
- Helps with **stability and support** during sports or play
- Available with our **Posture Protect Program**TM*



Full Length | ITEM 0910702



Scan here for
more info
on product





Long Distance Runners



- Extreme shock absorption to reduce pain
- Perfect for extreme endurance athletes like marathon runners, triathletes, and more
- The best material to provide a propulsive boost
- Lightweight materials for maximum performance

Full Length
ITEM 0913103



EXTREME PROPULSION with
MPAX PRO

Features **double**
MPAX
TECHNOLOGY

Tight-Fitting Athletic Footwear

- Our lightest and thinnest orthotic, perfect for tight-fitting athletic shoes
- Cleats, spikes, minimal running shoes, ice skates, ski boots, and more
- Shock absorption to reduce pain from heel strike

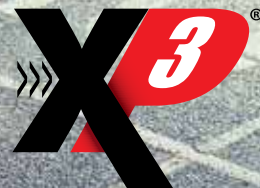
Full Length
ITEM 0913101



Features
MPAX
TECHNOLOGY

OUR THINNEST
athletic orthotic—perfect for cleats

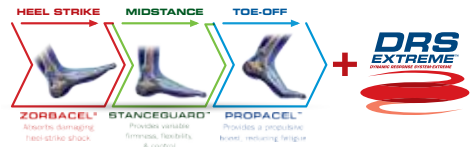
53.2% lighter
than any of our other orthotics



Elite Comfort

Provides elite **comfort** and **durability** with an extra layer of cushion.

FEATURING
GAIT CYCLE SYSTEM™ + DRSX™



Propacel™
Provides Propacel for propulsion at toe-off.

Mid-Layer
Soft and cushiony for added comfort.

StanceGuard™
Provides weight-bearing support at mid-stance.

MPAX™
For shock absorption at heel strike.



Full Length ITEM 0912911
Great for shoes with deep counters

Elite Energy XL™*

with magnets



May **enhance your energy**, edge and performance.



FEATURING
GAIT CYCLE SYSTEM™



Full Length ITEM 0910300



*Contains magnets. Do not use if you are wearing a pacemaker or electrical implant of any kind, or if you are pregnant.



AQUAGUARD™



- Great for harsh environments
- The best orthotic for activity around water


Full Length
ITEM 0910700



PARFLEX PLUS®* PAR Flex

- Increases club head velocity 3-5 mph¹
- Helps wearer hit golf ball 9-15 yards farther¹
- Helps improve your body's alignment & reduces fatigue¹

Full Length
ITEM 0910701

 *Contains magnets. Do not use if you are wearing a pacemaker or electrical implant of any kind, or if you are pregnant.

¹ as published in JMPT 1997-2001



SPS®

Foot Levelers is proud to offer the innovation that started it all, our Spinal Pelvic Stabilizers, the original design of company founder, Dr. Monte H. Greenawalt. As demand for his services grew, Foot Levelers, Inc. was born in 1952.

Full Length ITEM 1111
3/4 Length ITEM 101
Dress ITEM 1156

Brooks Ghost 14

COLOR Peacoat/Yucca/Navy **SIZES** B, D: 5-11, 12
ITEM BRW0260



WOMEN'S

Brooks Ghost 14

COLOR Gray/Alloy/Oyster **SIZES** D, 2E: 7-12, 13, 14, 15
ITEM BRM0270



MEN'S

Brooks Adrenaline GTS

COLOR Black **SIZES** B-D: 5-11, 12
ITEM BRW0200



WOMEN'S

Brooks Adrenaline GTS

COLOR Black **SIZES** D, 2E: 7-12, 13, 14, 15
ITEM BRM0200



MEN'S

Brooks Cascadia

COLOR Black/Blackened Pearl/ **SIZES** B: 6-11, 12
ITEM BRW0280



WOMEN'S

Brooks Cascadia

COLOR Black/Ebony/Cinnabar **SIZES** D: 7-12, 13, 14
ITEM BRM0280



MEN'S

Olukai Pehuea

COLOR Pavement **SIZES** M 5-11
ITEM OPW0150



WOMEN'S

Bates Rush Shield

COLOR Black **SIZES** M=7-12, 13, 14, 15; W=7-12, 13, 14, 15
ITEM BAM0010



MEN'S

Florsheim Cap Toe Ox

COLOR Black **SIZES** D: 7-12, 13, 14, 15; 3E: 7-11, 12, 13, 14, 15
ITEM FLM0020



MEN'S

Florsheim Midtown Bike

COLOR Cognac Smooth **SIZES** M: 7-12, 13, 14 W: 7-11, 12, 13
ITEM FLM0030



MEN'S

Minnetonka Tempe

COLOR Grey **SIZES** M: 5-11 W: 5-11 (WHOLE)

ITEM MTW0100



Minnetonka Tilden

COLOR Grey **SIZES** M 7-13; W 7-13 (WHOLE)

ITEM MTM0100



SANDALTHOTICS®

Sandal + Custom Orthotic



Roanoke

COLOR Brown

SIZES 5-13 (Whole Sizes Only)

ITEM ROA0010



Roanoke

COLOR Black

SIZES 5-13 (Whole Sizes Only)

ITEM ROA0020



Naot Lamegos

COLOR Black

SIZES M= 5-11 (Whole Sizes Only)

ITEM NAW0240



Naot Arthur

COLOR Crazy Horse Leather/ Hash Suede

SIZES M= 7-13 (Whole Sizes Only)

ITEM NAM0040



Caos Wave

COLOR Black/Gray

SIZES B = 5-11 (Whole Sizes Only)

ITEM CAW0010



Caos Riptide

COLOR Black/Gray

SIZES D = 8-15 (Whole Sizes Only)

ITEM CAM0010



See our full collection of shoes at **FootLevelers.com**



Custom Orthotic Flip-Flops

The first of their kind, our custom orthotic flip-flops are designed to offer the casual footwear the world has long needed. Foot Levelers custom orthotic flip-flops are unlike the cheap, flat flip-flops from big box stores.

Foot Levelers custom orthotic flip-flops support all three arches of the foot, creating a stable and balanced foundation for the rest of your body.

BEST SELLERS

WOMEN'S

Seabreeze®

COLOR Shell

SIZES B= 5-11 (Whole Sizes Only)

ITEM CSW0010



WOMEN'S

Bling™

COLOR Black

SIZES B= 5-11 (Whole Sizes Only)

ITEM CSW0030



WOMEN'S

Fiji™

COLOR Black Pearl

SIZES B = 5-11 (Whole Sizes Only)

ITEM CSW0050



WATER PROOF

MEN'S

Maui™

COLOR Black Pearl

SIZES D = 7-14 (Whole Sizes Only)

ITEM CSM0060



WATER PROOF

WOMEN'S

Fiji™

COLOR Black Chevron

SIZES B = 5-11 (Whole Sizes Only)

ITEM CSW0060



WATER PROOF

WOMEN'S

Shimmer

COLOR White/Silver

SIZES B = 5-11 (Whole Sizes Only)

ITEM CSW0250



WATER PROOF

Also in White | CSW0260

WOMEN'S

Catamaran®

COLOR Mahogany

SIZES B = 5-11 (Whole Sizes Only)

ITEM CSW0190



MEN'S

Catamaran®

COLOR Mahogany

SIZES D = 7-14 (Whole Sizes Only)

ITEM CSM0020



WOMEN'S

Midnight Breeze®

COLOR Black

SIZES B = 5-11 (Whole Sizes Only)

ITEM CSW0020



WOMEN'S

Vegas™

COLOR Black

SIZES B = 5-11 (Whole Sizes Only)

ITEM CSW0160



Waterproof Flip-Flops

COLOR Various
LIMITED SUPPLY



Different shoes need different orthotics



Why you need more than one pair:

Problem

With EVERY step, your feet can cause problems throughout your body: knee pain, hip pain, low back pain, and even neck pain

Solution

Orthotics in EVERY pair of shoes help relieve pain and discomfort

Treat LOW BACK

PAIN

at its Source



When the feet are imbalanced, pain often presents in the back.

34.5%

proven reduction of LBP with Foot Levelers custom orthotics*

Restore balance and support at the body's foundation - the feet.

*Cambron, JA, Dexheimer JM, Duarte M, Freels S, Shoe Orthotics for the Treatment of Chronic Low Back Pain: A Randomized Controlled Trial, ARCHIVES OF PHYSICAL MEDICINE AND REHABILITATION (2017), doi: 10.1016/j.apmr.2017.03.028.

5 REASONS

TO USE FOOT LEVELERS CUSTOM ORTHOTICS

1

Easy, proven conservative care.

Foot Levelers orthotics are proven to reduce Low Back Pain by 34.5%. Low back pain is the #1 cause for missed work, and is a leading cause of the current opioid crisis.

2

Create a Symmetrical Foundation

The feet are the body's foundation. Foot dysfunction can cause problems throughout the rest of the body.

3

Dynamic Function

Your balance and the way you walk are improved by wearing Foot Levelers orthotics.

4

Improved Performance

Studies show Foot Levelers orthotics help increase drive distance on the golf course and reduce pain in those who stand all day.

5

Heel Strike Shock Reduction

Innovative materials absorb shock, which helps reduce pain and discomfort caused by heel strike while walking.

