

Life Aligned Wellness Center's COVID-19 Response: Open with Updated Operations & Conditions



Office Phone: 520-731-9595

Office Email: reception@lifealignedwellness.com

UPDATE: Mask Required – Your team members at LAWC are wearing masks. While we have some face coverings available, please bring your own face covering to each of your visits.

Our office is committed to the health and well-being of our practice members, team, and doctors. We are closely monitoring the situation and following directives from Governor Ducey, the Arizona Department of Health, and the Centers for Disease Control (CDC).

After listening to the advice given by Governor Ducey, our State Board, and our State Association's status, we have decided to continue to remain open and available to you with our normal hours.

Chiropractic care has been deemed essential.

Please note that there can be frequent updates, and we encourage you to check back with us, either by phone or through our Facebook page.

We know that by keeping you healthy, we are doing our part in keeping the number of people needing to visit urgent care/hospitals down!

One of our goals is to reduce the burden placed on our colleagues in the medical community, as they work tirelessly to care for those affected by this perceived health crisis.

As we adapt the day-to-day operations at our office, we may experience some unique obstacles in the short term, but we are committed to pivoting as needed and to be here for you as much as we can.

All appointments until further notice will be by APPOINTMENT ONLY. You may call the office or use our SKED app to reserve your adjustment times. (Please call or email the office if you need help setting up the SKED app.) We advise that you schedule your next few adjustments in advance to ensure the continuity of your care. Better results that way!

All wellness products/supplements can continue to be purchased in the office or by calling/emailing the office and we can mail them to your home.

Supply Issues - As you can imagine, there are some issues with supplements being on back-order right now. If you need refills, calling or emailing us (see address at the top of page) is the best way to get an order into us ASAP, and you will then be placed on a first-come/first-serve list.

We strongly suggest staying on your nutrition protocol the best you can in times that are stressful - especially adrenal and immune support!

Before any appointment, these questions need to be answered:

1. Have you traveled outside the state or country within the last 14 days?
2. Have you had contact with anyone confirmed COVID-19 during the previous 14 days?
3. Have you had any of these symptoms in the last 14 days?

A. Fever greater than 100

B. Difficulty breathing

C. Coughing

If you are currently experiencing fever over 100, difficulty breathing, or coughing, please call your primary care provider and schedule an appointment with them for appropriate testing.

If the responses to the questions were negative, proceed with your scheduled appointment with us.

Here's what we are currently doing to comply with new protocols:

- Our office is remaining open and we have adapted our appointment schedule to accommodate the current recommendations from the Governor's office, the AZ Dept of Health and the CDC.
- We are providing special adjusting times for at-risk practice members. Please call us (see above for phone number) for exact timing.
- We have made virtual appointments available, where possible and necessary.
- For supplements refills, we are offering door pickups or mail orders. You can call or email your order and handle payment, and we will figure out the best way to get them to you.
- We are providing disinfectant and sanitizer options throughout the office.
- We are sanitizing and disinfecting the adjusting/exam tables and pens with medical-grade disinfectant before and after each patient.
- We are completing each patient adjustment before starting with the next patient.
- We request practice members and team to stay home if exhibiting any of the COVID-19 symptoms and call or email us to reschedule.
- Rewashing our hands, and again, and again!

Here's what we ask of you:

- Do your part in practicing social distancing to protect yourself and others.
- Please observe a 6ft. distance from other practice members while in the office.

- Please reschedule your appointment or go virtual if you or someone you have been in contact with have a definite case of COVID-19 or have traveled outside of the U.S. in the last 14 days or are exhibiting symptoms.

- Wash your hands, again and again, and again :)

We are here to answer questions and help in any way we can as it relates to scheduling, practice member care, general questions, or payments.

Please call or email us if you need any guidance. We have multiple webinars/virtual workshops for our upcoming "Half-Hour to Health" and many other topics. Please stay tuned to your email inbox and social media.

We appreciate your faith and confidence in our ability to serve the needs of you, your friends and family members. We will get through this.

Please practice patience with us through this process.

With Gratitude,

Your Health Care Team at Life Aligned Wellness Center