

## Enhance Your Team's Wellbeing With This In-Office Workshop—No Travel, No Time Off!



McCann Chiropractic is offering you an opportunity to bring an educational workshop to your staff in the comfort of your own office.

This means **NO** travel expenses and no time off of work, all while receiving in-person training for Dentists, Hygienists, and Dental Assistants. Plus learn practical, enriching strategies and tools that benefit the wellness of your employees long-term!

### Postural Health & Restoration Workshop for Dental Professionals

- ✓ Offered In Your Office
- ✓ Practical & Productive Training
- ✓ Team Building
- ✓ Cost Effective



Get your office signed-up today and take advantage of this high value opportunity for very little cost!

Read on to learn the benefits for your staff's health and wellness, as well as your office's productivity.



## What are the benefits of attending the UPRIGHT workshop?



- **Posture Improvement** : Dental professionals often spend long hours in positions that lead to poor posture, which may result in musculoskeletal strain, particularly in the neck, shoulders, and back. Improved posture allows dental professionals to work more comfortably and efficiently, which can enhance their productivity.



- **Pain Management**: Many dental professionals experience pain or discomfort due to repetitive motions, awkward positions, and prolonged periods of staying still.



- **Enhanced Range of Motion**: Increased mobility can lead to more efficient working techniques and allow practitioners to perform procedures with greater precision, ultimately boosting productivity.



- **Stress Reduction**: By reducing tension in the body mental clarity and focus is enhanced. Reduced stress can also lead to better interactions with patients, improving their experience.



- **Increased Energy Levels**: Improved posture leads to improved circulation and nerve function, which leads to increased energy. Higher energy levels contribute to better performance and productivity, enhancing the quality of work and reducing fatigue.



- **Preventative Health Benefits**: By focusing on overall wellness and health maintenance, dental professionals can reduce the likelihood of absenteeism due to health-related issues.



- **Improved Mental Well-being** : In reducing tension you reduce stress, which improves mental wellness, leading to better decision-making, problem-solving, and patient interactions.



- **Long-term Health Benefits**: By addressing and managing physical issues early, dental professionals can avoid chronic conditions that could impede their ability to work in the long run. This long-term health benefit not only improves their quality of life but also ensures that they remain active in their careers for a longer duration.



# How do we host the UPRIGHT Workshop in our dental office?



Identify some ideal dates and times that work in your office's schedule.



Have your point person contact Silken Buska at:

✉ [hello@mccannchiropractic.com](mailto:hello@mccannchiropractic.com)

☎ 262-782-9700



A week prior, provide us with the names of anticipated attendees. We will bring certificates for verification.



Enjoy the workshop!



Investing in your team's health and education is an investment in the future of your practice!

**Early Bird Discount:**

~~\$279~~

**\$99**

*limited time offer*

The UPRIGHT Workshop is typically priced at \$279 per office.

We are offering the first 10 offices that sign-up a special price of \$99, regardless of how many staff are trained!