

Resource Guide

The providers and resources listed here are ones we trust and recommend based on our experience and patient feedback. While we believe in their quality of care, we encourage you to choose the best fit for your individual needs.

Acupuncturist

Alchemy Acupuncture & Herbal Wellness

1020 James Dr Suite F
Hartland, WI 53029
P: 262-403-1170
E: alchemyacupuncturewi@gmail.com
alchemyacupuncturewi.com

8 Branches

Sheri LM Lee, MSOM, LaC, DipAC
3401 S Kinnickinnic Ave
Milwaukee, WI 53207
P: 414-751-0888
8branches.com

The Fertility Clinic at Practice Longevity

Erika Foy, L.AC., MSOM, FABORM
4040 N Calhoun Rd
Brookfield, WI 53005
P: 262-901-0053
E: info@thefertilityclinic.com
www.thefertilityclinic.com

Veterans Sanctuary Acupuncture Clinic

Takhinsha Hollis
4611 W. National Ave
Milwaukee, WI 53214
P: 414-502-8235
E: veteransanctuary@gmail.com
www.veteran-sanctuary.com

Airway / Oral Tie Specialist

Untethered

untetheredairwayhealthcenter.com

Milwaukee Office

2524 E Webster Pl Suite 201
Milwaukee, WI 53211
P: 414-935-8460
E: Hello@untetheredttc.com

Brookfield Office

20350 Water Tower Blvd Suite 202
Brookfield, WI 53045
P: 414-935-8460
E: Hello@untetheredttc.com

201 Waterfront Dental

201 Sherman Avenue W
Fort Atkinson, WI 53538
P: 920-563-7323
E: team@201wfdental.com
www.201waterfrontdental.com

Craniosacral & Bodywork Therapy

Special Therapies

1720 Dolphin Dr Ste B

Waukesha, WI 53186

P: 262-347-2222

E: specialtherapies1720@gmail.com

Specialtherapies.com

Balanced Babies

Kathy Bonesho, OT, CST

675 N Brookfield Rd. Suite 102,

Brookfield, WI 53045

P: 414-403-6778

E: kbonesho@balancedbabies.org

balancedbabies.org

Doulas

Family Focused Midwifery

Beth Connors, MSN, RN, CNM

403 N. Grand Ave. Suite 101

Waukesha, WI 53168

P: 414-485-5068

E: beth@familyfocusedmidwifery.com

Doula Woman

Martha Wasserman, HCHD., DONA

Located in Milwaukee

P: 262-902-8714

E: doulawoman@gmail.com

doulawoman.com

Jo Ann Bishop, CD/PCD (DONA)

Serving Metro Milwaukee, Waukesha,
& Ozaukee Counties

P: 414-301-7729

E: joannbishopdoula@gmail.com

joannbishopdoula.com

Golden Thread Doulas

Deena Ferron, Molly Vang, Natasha Hagen

Serving SE Wisconsin

E: hello@goldenthreaddoulas.com

www.goldenthreaddoulas.com

Millie Birth & Wellness

Morgan Farkas, DONA

Located in Waukesha

P: 513-616-0484

E: morgan@milliebirthandwellness.com

www.milliebirthandwellness.com

Holistic Dentistry

Bionica Dental Wellness

2566 Sun Valley Dr

Delafield, WI 53018

P: 262-746-7152

E: Hello@bionicadentalwellness.com

www.bionicadentalwellness.com

McCann CHIROPRACTIC

Holistic Health Practitioners

Complete Health

Jason Siczkowycz, RNHP
Marcus Siczkowycz, CN
333 Bishops Way Ste 144A
Brookfield, WI 53005
P: 262-860-1600
www.completehealthnow.com

The Doctor's Office

Dr. Jennifer Dall, DNP, FNP, NP-C, APNP
Cassandra Wind, Lac, MSOM.
Karin Alexander, PA
2475 N. 124th Street
Brookfield, WI 53005
P: 414-455-0463
visitthedoctorsoffice.com

Firefly Direct Primary Care

Dr Kelsey Pendleton, MD
7106 W North Ave
Wauwatosa, WI 53213
P: 414-797-3551
www.fireflydpc.com

Integrative Medicine Lake Country

Jamie Kaminski, MSN, APRN, FNP-BC, FAIHM
138 North Ave. Ste. 7 Hartland, WI 53029
P: 262-256-3020
E: Jamie@IMLakeCountry.com
www.imlakecountry.com

Lakeside Natural Medicine

3510 N Oakland Ave Ste 203
Shorewood, WI 53211
P: 414-939-8748
E: info@lakesidenaturalmedicine.com
lakesidenaturalmedicine.com

Sono Sana

Terri Wichgers, CCAP MPAS PAC
18200 Capitol Drive
Brookfield, WI 53045
P: 262-444-5148
sonosana.com

Well-Rooted Pediatrics

390 E Congress Pkwy Suite J,
Crystal Lake, IL 60014
Telehealth for Wisconsin
P: 815-322-9300
Wellrootedpediatrics.com

Well-Rooted Functional Medicine

390 E Congress Pkwy, Suite I,
Crystal Lake, IL 60014
Telehealth for Wisconsin
P: 815-355-1605
Wellrootedpediatrics.com

Holistic Veterinary Clinic

Integrative Veterinary Service

21180 W. Capitol Drive
Brookfield, WI 53072
P: 262-465-6801
E: info@integrativeveterinaryservice.com
www.integrativeveterinaryservice.com

Lactation Consultant

Latched Lake Country

Offering home visits and virtual
visits over SE Wisconsin
300 Cottonwood Ave Ste 9
Hartland WI 53029
P: 262-204-7574
www.latchedlakecountry.com

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Wisco Lactation

Milwaukee Location
530 N 108th Pl, Suite 203
Wauwatosa, WI 53226
P: 414-249-4420
E: hello@wiscolactation.com
www.wiscolactation.com

Massage Therapist

Bhava Oneness and Massage

Erica Chojnacki, LMT
9814D W. Forest Home Ave
Hales Corners, WI 53130
P: 414-412-1572
www.vagaro.com/bhavaonenessandmassage1

Mend Massage & Yoga

Nadin Bailey, LMT
245 Regency Ct Ste 100
Brookfield, WI 53045
P: 262-794-3287
www.mendstudio.com/Brookfield

Rising Roots Wellness

Jacki Wagner, LMT
403 N Grand Ave Suite 101,
Waukesha, WI 53186
P: 262-894-7683
www.risingrootswellness.com

TheraWorks Massage Therapy

Sarah Lenz, LMT MLD-C
690 Westfield Way Suite F
Pewaukee, WI 53072
P: 262-424-8327
theraworksmassagetherapy@gmail.com

Midwives

Birth in Color Midwifery

Sabrina Foulks-Thomas, CPM, LM, IBCLC
W63 W23217 Main St Suite 201
Sussex, WI 53089
P: 612-237-2746
E: office.birthincolor@gmail.com

Gennisi Birth Services

Serving Southeastern Wisconsin
E: collective@birthwithgennisi.com
www.birthwithgennisi.com

Lake Country Midwifery

Miranda Overland, CPM, LM
640 Armour Rd., Oconomowoc, WI
P: 414-640-7030
E: lakecountrymidwife@gmail.com

Family Focused Midwifery

Beth Connors, MSN, RN, CNM
403 N. Grand Ave. Suite 101
Waukesha, WI 53168
P: 414-485-5068
E: beth@familyfocusedmidwifery.com

***Nurse Midwife**

Erin Parkinson, CNM
Aurora Midwifery & Wellness
1020 N 12th St Ste 107
Milwaukee, WI 53233
P: 414-219-6649

***Nurse Midwife**

Luverda Martin, CNM
Aurora Obstetrics & Gynecology
8905 W Lincoln Ave Ste 501
West Allis, WI 53227
P: 414-978-2229

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OBGYNs

Dr. Hilary Kufahl Janicki, MD

Ascension Medical Group
P: 262-780-4000

Dr. Sheldon A. Wasserman, MD

Aurora Obstetrics & Gynecology
W180N11070 River Ln
Germantown, WI 53022
P: 262-532-8477

Dr. Kathryn Gallagher, MD

Aurora Obstetrics & Gynecology
36500 Aurora Dr, 4th Fl
Summit, WI 53066
P: 262-434-5000

Orofacial Myofunctional Therapist

Julia Shannon, OTR/L, GCFP

Through Wisco Lactation
Milwaukee Location
530 N 108th Pl, Suite 203
Wauwatosa, WI 53226

Mequon Location
1516 W. Mequon Rd Ste 101
Mequon, WI 53092
P: 414-249-4420
E: hello@wiscolactation.com

Physical Therapist

Aretas Physical Therapy

Wauwatosa Location
Katelyn Maydaniuk, PT, DPT
10930 W Potter Rd, Suite C
Wauwatosa, WI 53226
P: 414-400-6556

Bloom PT & Wellness

138 North Ave. Ste. 9 Hartland, WI 53029
P: 414-710-4560
E: contact@bloomptandwellness.com
www.bloomptandwellness.com

Body Renovation Physical Therapy

Colleen Wilkens, MPT
Wauwatosa East Location
P: 262-375-1075
E: colleen@bodyrenovationpt.com

Foundation Physical Therapy

Dr. Sabrina Thorpe PT, DPT, PCES
403 N Grand Ave Suite 101, Waukesha,
WI 53186
P: 262-627-0425
E: sabrinathorpe@foundationptwi.com
www.foundationptwi.com

Breathe In Motion

19395 Capitol Drive, Suite 200
Brookfield, WI 53045
P: 262-384-6055
E: info@bimwellness.com
www.bimwellness.com

Revitalize Physical Therapy

revitalize-pt.com
Hales Corner Location
11951 W. Janesville Road Suite E
Hales Corners, WI 53130
P: 414-331-2323
E: contact@revitalize-pt.com

Reflexologist

Radiant Reflexology

Melanie Gamez, C.R.

675 N Brookfield Rd. Suite 102,
Brookfield, WI 53045

P: 414-745-3011

E: RadiantReflexology@yahoo.com

radiantreflexology.com

Thermography Scanning

Thermal Imaging-Longevity Center of WI

Jenny Steger

Serving Southeastern Wisconsin

P: 414-530-4964

E: longevity@email.com

longevitywi.com

Mental/Emotion Support

Redefine Wellness LLC

Gwendolyn Olson MSW, LCSW, PMH-C

302 North 3rd Street, Suite 112,
Watertown, WI 53094

P: 920-212-1445

E: gwen@redefinewellness.life

Redefinewellness.life

EK Coaching & Wellness

Erica Karek, MSN, SPNP, FNP-C, CPCC

In Authentic Birth Center

530 N 108th Pl. Suite 100 Wauwatosa, WI 53226

P: 414-885-5689

E: ekcoaching.wellness@gmail.com

www.ericakarek.com