

# Denn Chiropractic Clinic LLC

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## HEALTH HISTORY FORM

**NAME:** \_\_\_\_\_

**DATE:** \_\_\_\_/\_\_\_\_/\_\_\_\_

Reason for seeking Chiropractic care?

When did it start?

Have you ever seen a Chiropractor before? Yes / No

If yes, when?

Reason for previous chiropractic care?

**Past Medical History:** (Please check all that apply)

headaches       dizziness       allergies       sinus problems       asthma  
 TMJ problems       jaw pain       depression       vertigo       arthritis  
 fractures       cancer       diabetes       previous strokes       seizures  
 heart problems       pacemaker       high blood pressure       high cholesterol  
 prostate  
 bowel & bladder       chest pain       vision problems       menstrual problems  
 fatigue issues  
 car accidents       sports injury       work injuries       diarrhea       constipation

**Family History:** [Mother, Father, Brother, Sister, Parents on both sides] (Please check all that apply)

Arthritis       Cancer       Scoliosis       Rheumatoid Arthritis       Diabetes  
 Heart Disease       Auto Immune diseases  
 Other \_\_\_\_\_

**Social History:**      **Daily**      **Weekly**      **How often**      **Daily**

**Weekly**      **How often**

Alcohol use      \_\_\_\_\_      \_\_\_\_\_      \_\_\_\_\_      Exercising      \_\_\_\_\_      \_\_\_\_\_

Tobacco use      \_\_\_\_\_      \_\_\_\_\_      \_\_\_\_\_      Medications      \_\_\_\_\_      \_\_\_\_\_

Caffeine use      \_\_\_\_\_      \_\_\_\_\_      \_\_\_\_\_      Stress      \_\_\_\_\_      \_\_\_\_\_

**Activities of Daily Living:** *(How does your current condition affect your everyday activities and ability to function)*

	No Effect	Mildly	Moderately	Severely		No Effect	Mildly
Sitting	_____	_____	_____	_____	Exercising	_____	_____
Standing	_____	_____	_____	_____	Showering	_____	_____
Walking	_____	_____	_____	_____	House Cleaning	_____	_____
Lifting	_____	_____	_____	_____	Sleeping	_____	_____
Bending	_____	_____	_____	_____	Bending Over	_____	_____
Driving	_____	_____	_____	_____	Getting Dressed	_____	_____

**Are you taking any current medications for your current problem or any other problems?**

*(Please check all that apply)*

- Anxiety meds.     Muscle Relaxants     Pain Killers     Insulin     Allergies  
 Birth control     Blood Pressure     Cholesterol     Seizures     Heart problems  
 ADHD/Hyperactive     Stomach meds.  
 Other (s) \_\_\_\_\_

**Please describe the type of pain you are having:**

- dull     sharp  
 stabbing  
 numbness     burning  
 tingling  
 achy     shooting     radiating

**Are your symptoms changing?**

- better     same     getting worse

**Was this injury work related? Yes / No  
*(If yes, please let the front desk know)***

**Have you ever had these or similar symptoms before?**

Yes / No

*(If yes, please list when)*

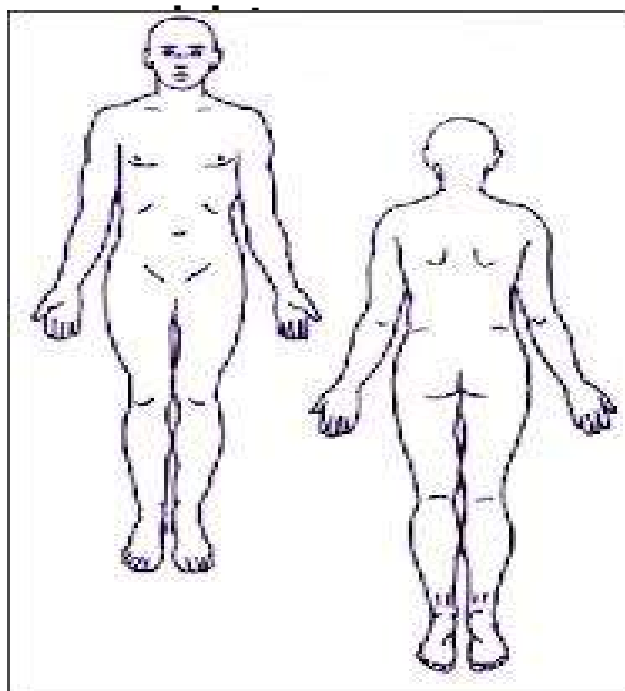
**Please grade your pain/symptoms:**

(0=no pain) (10= severe pain)  
 0 1 2 3 4 5 6 7 8 9  
 10

**How often are your current symptoms:**

- constantly     frequently  
 occasionally     periodically  
 intermittent     coming/going

**Please circle areas of**



**Please circle the things that aggravate your condition:**

- Bending / Lifting / Twisting / Pushing / Pulling / Driving / Sitting / Standing / Sleeping  
 Walking / Working / Exercises / Cleaning / Sports / Overhead work / Computer work / Carrying child  
 Other \_\_\_\_\_

**Please circle things that relieve your condition:**

- Ice packs / Heating pad / Resting / Lying down / Medications / Bio-freeze  
 Standing / Sitting / Exercises / Stretching / Chiropractic / Massage  
 Other \_\_\_\_\_

**Please note that all patients are required to have an examination for determining if chiropractic care is warranted for your condition. With my signature, I agree to allow Denn Chiropractic LLC to use all chiropractic means to determine my care.**

**NAME:** \_\_\_\_\_

**DATE:** \_\_\_\_/\_\_\_\_/\_\_\_\_