

## New Patient Intake Form

### Patient Information:

Name: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
First Middle Last

Preferred Name: \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender  M  F

Cell (\_\_\_\_)\_\_\_\_-\_\_\_\_ Home/Other (\_\_\_\_)\_\_\_\_-\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_  
Street City State Zip

Marital Status: \_\_\_\_\_ Spouse's Name (if applicable) \_\_\_\_\_ # of Child(ren) \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone (\_\_\_\_)\_\_\_\_-\_\_\_\_

### Employer/School Information:

Employed:  full-time  part-time  unemployed Occupation: \_\_\_\_\_

Employer: \_\_\_\_\_ City, State: \_\_\_\_\_ Phone (\_\_\_\_)\_\_\_\_-\_\_\_\_

Student:  full-time  part-time School/College: \_\_\_\_\_ Grade/Level: \_\_\_\_\_

### Insurance Information *(complete if insurance card is not present at the first visit):*

Insurance Name: \_\_\_\_\_ Member ID: \_\_\_\_\_ Group Number: \_\_\_\_\_

Name of Policy Holder: \_\_\_\_\_ Policy Holder Birthday \_\_\_\_/\_\_\_\_/\_\_\_\_

Relation to Holder: \_\_\_\_\_ Effective Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Policy Holder Phone: (\_\_\_\_)\_\_\_\_-\_\_\_\_

Policy Holder Address: ( same as above) \_\_\_\_\_  
Street City State Zip

### Reason(s) for Visit:

Describe your symptoms: \_\_\_\_\_

Rate your discomfort on a scale of 0 (no discomfort) to 10 (worst possible discomfort): \_\_\_\_\_

Describe incident/progression (if any): \_\_\_\_\_

When did this begin? \_\_\_\_/\_\_\_\_/\_\_\_\_ Since it started, has it gotten:  better,  worse, or  stayed the same?

Have you experienced this before?  No  Yes (explain) \_\_\_\_\_

Have you sought care from another provider for this concern?  No  Yes (explain) \_\_\_\_\_



### Chiropractic Experience:

Have you been adjusted by a chiropractor before? Yes No Date of last adjustment: \_\_\_/\_\_\_/\_\_\_

Chiropractor: \_\_\_\_\_ Location: \_\_\_\_\_  
Chiropractor and/or office name City, State

How did you hear about our office? Website Facebook Email Drive/Walk by Insurance Website  
Family/Friend: \_\_\_\_\_ Community Event: \_\_\_\_\_ Other: \_\_\_\_\_

### Personal Health History:

Primary Care Physician: \_\_\_\_\_ Date of last physical: \_\_\_/\_\_\_/\_\_\_  
Physician and/or office name

Office Phone: (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ City, State: \_\_\_\_\_

Current Illnesses: \_\_\_\_\_

Previous illnesses: \_\_\_\_\_

Current medications: (Rx & OTC) \_\_\_\_\_

Supplements/Vitamins: \_\_\_\_\_

### Personal Incident History (include relative dates or ages):

Surgeries No Yes (explain) \_\_\_\_\_

Broken Bones No Yes (explain) \_\_\_\_\_

Sprains/Strains No Yes (explain) \_\_\_\_\_

Hospitalizations No Yes (explain) \_\_\_\_\_

Auto Accident No Yes (explain) \_\_\_\_\_

Struck Unconscious No Yes (explain) \_\_\_\_\_

Stroke No Yes (explain) \_\_\_\_\_

Heart Attack No Yes (explain) \_\_\_\_\_

Psychological Disorder No Yes (explain) \_\_\_\_\_

### Social History:

Alcohol: No Yes, \_\_\_\_\_ Drinks per Day Week Month

Caffeine: No Yes, \_\_\_\_\_ Servings per Day Week Month

Cigarettes: No Yes, \_\_\_\_\_ Packs per Day Week Month

Drugs: No Yes, \_\_\_\_\_ per Day Week Month

Exercise: No Yes, \_\_\_\_\_ Minutes per Day Week Month

Fruits/Vegetables: No Yes, \_\_\_\_\_ Servings per Day Week Month

Processed Foods: No Yes, \_\_\_\_\_ Servings per Day Week Month

Restaurants: No Yes, \_\_\_\_\_ Meals per Day Week Month

Soda/Pop: No Yes, \_\_\_\_\_ Servings per Day Week Month

Tobacco: No Yes, \_\_\_\_\_ per Day Week Month

Water: No Yes, \_\_\_\_\_ Ounces per Day Week Month



**Health Checklist (mark all that apply, past and present):**

**Musculoskeletal**

- Ankle Pain/Injury
- Arthritis (Type:\_\_\_\_\_)
- Back Pain
- Cramps
- Disc Herniation
- Dislocation (Type:\_\_\_\_\_)
- Elbow Pain/Injury
- Joint Pain
- Knee Pain/Injury
- Muscle Pain
- Muscle Spasm
- Neck Pain
- Poor Posture
- Plantar Fasciitis
- Scoliosis/Spinal Curves
- Shoulder Pain/Injury
- Spinal Stenosis
- Sprains/Strains
- Swelling of Joints
- TMJ dysfunction/syndrome
- Whiplash
- Wrist Pain/Injury

**Neurological**

- ADD/ADHD
- Anxiety
- Carpal Tunnel Syndrome
- Cerebral Palsy
- Concussion/Head Injury
- Dementia/Alzheimer's
- Depression
- Epilepsy
- Fibromyalgia
- Headache
- Insomnia/Sleep Issues
- Loss of Balance
- Loss of Consciousness
- Loss of Hearing
- Loss of Memory
- Loss of Smell/Taste
- Migraine
- Multiple Sclerosis
- Numbness (Location:\_\_\_\_\_)
- OCD
- Panic Attacks
- Parkinson's

- Pins & Needles
- PTSD
- Sciatica
- Seizures
- Stroke/CVA/TIA
- Tremor
- Vertigo/Dizziness

**Head/Neck**

- Cataracts
- Ear Infections
- Eye pain/problems
- Frequent Colds
- Glasses/Contacts
- Headache
- Hearing Aids
- Glaucoma
- Macular Degeneration
- Nosebleeds
- Retinal Disease
- Sinus Infection
- Tinnitus/Ear Ringing

**Heart/Lungs/Chest/Circulation**

- Asthma
- Bronchitis
- Chest Pain/Angina
- CHF
- Cold Hands/Feet
- COPD/Emphysema
- Irregular Heart Beat/Murmur
- Lung Disease
- Pacemaker
- Shortness of Breath
- Smoker
- Swelling of Ankles/Feet

**Gastrointestinal**

- Acid Reflux/Heartburn
- Celiac Disease
- Constipation
- Crohn's Disease
- Diarrhea
- Encopresis
- Food sensitivities
- Indigestion
- Irritable Bowel Syndrome
- Ulcer

**Genitourinary**

- Incontinence
- Infertility
- Irregular Menstrual Cycle
- Kidney Disease
- Kidney Infection
- Kidney Stones
- Painful Urination
- PMS/PMDD
- Prostate Complications
- STD/STI
- Urinary Frequency
- UTI

**Skin**

- Acne
- Eczema
- Psoriasis
- Skin Sensitivity

**Systemic/Constitutional**

- Alcoholism
- Allergies
- Anemia
- Arteriosclerosis
- Autoimmune Disease
- Bleeding Disorder
- Bruise Easily
- Cancer (Type:\_\_\_\_\_)
- Chronic Fatigue
- Coronary Artery Disease
- Diabetes (Type:\_\_\_\_\_)
- Gout
- Hemorrhoids
- Hernia (Type:\_\_\_\_\_)
- High Blood Pressure
- High Cholesterol
- High Triglycerides
- Hot Flashes
- Liver Disease/Cirrhosis
- Osteoporosis
- Thyroid Condition
- Varicose Veins

**Other:**

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**For Women Only (answer all that apply):**

Are you pregnant, trying to become pregnant, or nursing? No Yes. If so, which: \_\_\_\_\_

Do you experience painful periods? No Yes Are your periods regular? Yes No

Do you use contraceptives? No Yes, type: \_\_\_\_\_ Do you perform self-breast examinations? Yes No

# of pregnancies: \_\_\_\_\_ # of births: \_\_\_\_\_ # of children: \_\_\_\_\_

Pregnancy complications: \_\_\_\_\_

Have you experienced menopause? No Yes. If so, when: \_\_\_\_\_

Date of last: menstrual period \_\_\_/\_\_\_/\_\_\_ PAP \_\_\_/\_\_\_/\_\_\_ Mammogram \_\_\_/\_\_\_/\_\_\_

**Family Health History (include significant diseases and genetic disorders if known):**

	Condition(s)	Age	Alive or Deceased
Mother			<input type="checkbox"/> Alive <input type="checkbox"/> Deceased
Father			<input type="checkbox"/> Alive <input type="checkbox"/> Deceased
Sibling(s)			<input type="checkbox"/> Alive <input type="checkbox"/> Deceased
Maternal Grandmother			<input type="checkbox"/> Alive <input type="checkbox"/> Deceased
Maternal Grandfather			<input type="checkbox"/> Alive <input type="checkbox"/> Deceased
Paternal Grandmother			<input type="checkbox"/> Alive <input type="checkbox"/> Deceased
Paternal Grandfather			<input type="checkbox"/> Alive <input type="checkbox"/> Deceased
Other			<input type="checkbox"/> Alive <input type="checkbox"/> Deceased

**What are your health goals (i.e., lose weight, resolve health problems/symptoms, more energy, etc.)?**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I certify that I am the patient or legal guardian of the patient listed above. I have read/understand the included information and certify it to be true and accurate to the best of my knowledge. I consent to the collection and use of the above information to Herrmann Family Chiropractic. I authorize this office and its staff to examine and provide care for my condition as the doctors see fit. I hereby authorize the doctor to release all information necessary to any insurance company, attorney, or adjuster for the purpose of claim reimbursement of charges incurred by me. I grant the use of my signed statement of authorization with my signature for required insurance submissions. I understand and agree that all services rendered to me will be charged to me, and I am responsible for timely payment of such services. I understand and agree that health/accident insurance policies are an arrangement between an insurance carrier and myself. I understand that fees for professional services will become immediately due upon suspension or termination of my care.

Signature of patient or parent/guardian: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_

Printed name of parent/guardian: \_\_\_\_\_ Relation to patient: \_\_\_\_\_

