







Dr. Carole Ouellette, D.C. 218 Broadway Blvd Suite 106, Grand Falls, NB E3Z 2J9 P 506.582.2000 • F 506.582.2002 • W grandfallswellness.ca

Practice Member Information	File
Child's Name:	MDY
Parent's/Guardian's Names:	
Home Address:	
City	State Zip
Home Phone:	May we leave a message? Yes No
Parent's Cell Phone:	
Parent's Work Phone:	May we leave a message? Yes No
Parent's Email:	
May we add you to our email newsletter and calendar of ev	ents? Yes No (Your email will not be shared)
How did you hear about us?	
Height (of child): Weight (of child): Birth [
Previous Chiropractic Care? Yes No	
Phone number:	Relationship to child: Alternate phone number:
Family Doctor	
Name:	Professional Designation:
Clinic Name:	Date and reason of last visit:
May we communicate with your family doctor regarding yo	r child's care if necessary? Yes No
Other Health Care Professionals	
(Medical Specialist, Naturopathic Doctor, Homeopath, Phy	iotherapist, Massage Therapist, etc)
Name:	
Professional Designation:	
Date and reason of last visit:	
Name:	
Professional Designation:	
Date and reason of last visit:	

Why have you decided to have your child evaluated by a Chiropractor?

He/She is continuing ongoing care from another chiropractor.

I recently had my spine checked and understand the value in getting my child checked.

I have concerns about his/her health and I'm looking for answers.

He/She has a specific condition and I've learned that chiropractic may be able to help. I want to improve my child's immune function.





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Wellness Profile

The human body is designed to be healthy. The primary system in the body which coordinates health and function is the nervous system. Your nervous system is surrounded and protected by the bones of the spine, called **vertebrae**. Many of the common health challenges that adults experience have their origins during the **developmental years**, some starting at birth. Layers of damage to the spine and **nervous system** occur as a result of various **traumas**, **toxins and emotional stress**. The result may be misalignment to the spinal column and damage to the nervous system in a condition called **Vertebral Subluxation**. Please answer the following questions to give us a better understanding about your child's state of wellness and factors which may be contributing to vertebral subluxation and impeding your child's **ability to heal**.

What signals has your child's body been communicating?

PREVIOUS	CURRENT		CURRENT	
D R	5 2		PRE	
Asthma	Frequent Di	arrhea		Failure to Thrive / Slow Weight Gain
Respiratory Tract I				Slow or Absent Reflexes
Sinus Problems	Flatulence			Asymmetrical Crawling or Gait
Ear Infections	Headaches/I	Migraines		Weight Challenges
Tonsillitis	Neck Pain			Bed Wetting
Strep Throat	Torticollis /	Head Tilt		Sleep Problems
Frequent Colds / C	roup Trouble Fee	ding on One Side		Night Terrors
Recurrent Fevers	Back Pain			Tip Toe Walking
Eczema	Growing Pai	ns		Regression of Milestones
Rashes	Scoliosis			Seizures
Allergies	Red, Swoller	n, Painful Joint		Tremors / Shaking
Food Sensitivites	Colic			ADD / ADHD
Digestive Problems	Frequent Cr	ying Spells		Autism / PDD
Yes:	naving my child's nervous system collowing questions: be in pain or discomfort? or staying the same? h professionals regarding this co	How long has g	your cl	hild been experiencing this?
	nedication for this complaint?	No Y	es	
	enced this complaint before?		es	
	nent at the time?		es	
Has your child had x-rays in	n relation to the current compla	int? No Y	es	
Prenatal Profile	е			
Complications during preg Ultrasounds during pregna Medications during pregnal	story unknown Birth history nancy: No Yes (Brief descript ncy: No Yes If so, how mancy: No Yes	any?		



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Birth Experience Location of Birth: Home Hospital Birthing Centre Other Birth Attendants: Doula Midwife GP OB Other Medications during labor / delivery? (including IV antibiotics) No Yes _____ Was Pitocin used to induce / speed up labor: No Were your membranes ruptured by a medical professional? No Yes Was your child at anytime during your pregnancy in an intra-uterine constraining position? No Yes Unsure Breech Transverse Face / Brow presentation If yes, please describe: Was your delivery vaginal or C-section? _ __ If it was a C-section, was it planned or emergency? __ If it was vaginal, was the baby presented: Head Face Breech Were any of the following interventions used during delivery? Forceps Vacuum Extraction Other Were there any complications during delivery? If yes, please specify: How long was the labor from the first regular contractions to the birth? How long was the second stage (the pushing phase) of the labor?_____ Was the baby born with any purple markings / bruising on their face or head? Any concerns about misshapen head at birth? Post Natal History How many weeks gestation was the baby at birth? ___w ___d / Birth Weight: ___lbs___oz / Birth Length: Inches If known, APGAR scores at: I minute_____/10 5 minutes Was the baby ever administered to Neonatal Intensive Care? No If yes, for how long and why? Was any medication given to the baby at birth? Unsure If yes, what medication and why? **Child Health History** (Answer only those which are applicable) How many hours does your baby sleep between feedings?__ Day Night Does your child have a preferred sleeping position? No Yes Does your child have any feeding difficulties? No Yes Is your child currently being breast fed? Yes: exclusively breastfed formula supplemented If no, how long was the baby breast fed? weeks/months Yes If yes, Prefer Left or Right _____ Does your child have a one-sided breast preference? No Does your child frequently spit up after feeding? No Yes No If yes, approximately how many hours per day? Does your child cry often? Yes Does your child pass a lot of intestinal gas? No Does your child frequently arch his/her head and neck backwards? Has your child shown any sensitivities to foods either in your diet or their own? Yes No Is your child exposed to cow's milk/dairy? Yes, formula Yes, directly Yes, I drink it and breastfeed. No Developmental History No Has your child ever been involved in a motor vehicle accident or near miss? No Has your child broken any bones?........... Has your child had any previous hospitalizations?........

No



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Chemical Stressors

Reason for vaccination: Informed decision Didn't know I had a choice It was recommended
Reaction(s) to vaccination: Fever Welt at injection site Rash Diarrhea Fatigue Prolonged Cry
Seizures Developmental Regression Other
Does your child receive annual flu shots? No Yes (informed decision) Yes (recommended by MD)
Has your child been exposed to antibiotics? No Yes
If yes, how many doses in past 6 months?Reason
Were probiotics used at the same time as antibiotics? No Yes
Has your child been exposed to medications, including OTC: No Yes
If yes, which ones?
If yes, how many doses in past 6 months?Reason
How many glasses of water/day does your child have? 0 1-3 4-6 7-9 10+
How many glasses of cow's milk, juice and soda/day does your child have? 0 I-3 4-6 7-9 I0+
Does your child eat gluten?
Does your child eat dairy?
Does your child eat refined sugars (white sugar), white bread and pasta? No Yes Trying to eliminate from diet
Does your child eat boxed/frozen foods? No Yes Trying to eliminate from diet
Do you choose organic foods? No Yes If yes, which: Veggies Fruits Meats Grains All
Does your child eat any artificial sweeteners like Splenda, Aspartame, AminoSweet, Diet Soda? No Yes
Does your child follow any other dietary restrictions? No Yes
Any food/drink allergies, sensitivities, intolerances? No Yes
la value shild avanced to accord hand arealy? No. Yes
Is your child exposed to second hand smoke? No Yes
Does your child take a probiotic daily? No Yes: CFU's/day
Does your child take vitamin D3 daily? No Yes: IU's/day
Does your child take Omega 3 Fish Oils daily? No Yes:mg/day Capsule Liquid
Other supplements or homeopathics?
Goals & Consent
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