



**Baseline Concussion Testing: Health History**

Dear New Patient,

It is a pleasure to welcome you to our family of happy and healthy chiropractic patients. Please let us know if there is any way we can make you and your family feel more comfortable. To help us serve you better, please complete the following information. We look forward to working with you to build better health for your family.

Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Email: \_\_\_\_\_  
Gender: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Occupation: \_\_\_\_\_ Years of Education Completed \_\_\_\_\_  
Who may we thank for referring you to our office? \_\_\_\_\_

Please list current sports and teams:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How many concussions do you think you have had in the past? \_\_\_\_\_  
When was the most recent concussion? \_\_\_\_\_

Please circle:

- Have you ever been hospitalized or had medical imaging done for a head injury? Y N
- Have you ever been diagnosed with headaches or migraines? Y N
- Do you have a learning disability (dyslexia, ADHD, etc?) Y N
- Have you ever been diagnosed with depression, anxiety or any other psychiatric disorder? Y N
- Has anyone in your family ever been diagnosed with any of the above disorders? Y N
- Are you currently taking any medication or supplements? If yes, please list: Y N

\_\_\_\_\_

Please list any accidents and/or injuries (Automobile, bicycle, sports, playground, etc.) and the date of the injury:

\_\_\_\_\_  
Date: \_\_\_\_\_  
\_\_\_\_\_  
Date: \_\_\_\_\_  
\_\_\_\_\_  
Date: \_\_\_\_\_

Please list any surgeries you have had and the date of the surgery:

\_\_\_\_\_  
Date: \_\_\_\_\_  
\_\_\_\_\_  
Date: \_\_\_\_\_  
\_\_\_\_\_  
Date: \_\_\_\_\_

# URBAN HEALTH GROUP

Please check any symptoms you have ever had, past or present:

- |   |   |  |   |
|---|---|--|---|
| <input type="checkbox"/> Headaches            | <input type="checkbox"/> Depression               | <input type="checkbox"/> Midback pain            | <input type="checkbox"/> Arthritis                    |
| <input type="checkbox"/> Sinus trouble        | <input type="checkbox"/> Ear ache                 | <input type="checkbox"/> Chest pain              | <input type="checkbox"/> Skin problems                |
| <input type="checkbox"/> Jaw pain             | <input type="checkbox"/> Fainting/ dizziness      | <input type="checkbox"/> Shortness of breath     | <input type="checkbox"/> Numbness in legs/feet        |
| <input type="checkbox"/> Loss of smell        | <input type="checkbox"/> Loss of balance          | <input type="checkbox"/> High/low blood pressure | <input type="checkbox"/> Leg or foot pain             |
| <input type="checkbox"/> Loss of taste        | <input type="checkbox"/> Ringing in ears          | <input type="checkbox"/> Anemia                  | <input type="checkbox"/> Constipation                 |
| <input type="checkbox"/> Frequent colds/flu   | <input type="checkbox"/> Blurred vision           | <input type="checkbox"/> Tension/ Nervousness    | <input type="checkbox"/> Urinary problems             |
| <input type="checkbox"/> Allergies/ Hay fever | <input type="checkbox"/> Neck pain                | <input type="checkbox"/> Irritability            | <input type="checkbox"/> Menstrual pain/ irregularity |
| <input type="checkbox"/> Asthma               | <input type="checkbox"/> Shoulder/ arm pain       | <input type="checkbox"/> Indigestion             | <input type="checkbox"/> Swelling in joints           |
| <input type="checkbox"/> Chronic cough        | <input type="checkbox"/> Pins and needles in arms | <input type="checkbox"/> Ulcers                  | <input type="checkbox"/> Cold feet                    |
| <input type="checkbox"/> Thyroid trouble      | <input type="checkbox"/> Numbness in fingers      | <input type="checkbox"/> Intestinal gas/bloating | <input type="checkbox"/> Hip pain                     |
| <input type="checkbox"/> Fatigue              | <input type="checkbox"/> Cold hands               | <input type="checkbox"/> Low back pain           |   |
| <input type="checkbox"/> Sleeping trouble     |   |  |   |

Are you currently seeing any health professionals for any of these symptoms or conditions? If yes, please list:

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**Consent:**

I consent to a professional and complete examination. I understand that any fee for service rendered is due at the time of service and cannot be deferred to a later date.

Signature \_\_\_\_\_ Date: \_\_\_\_\_

Dr. Christina Mallinos  
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