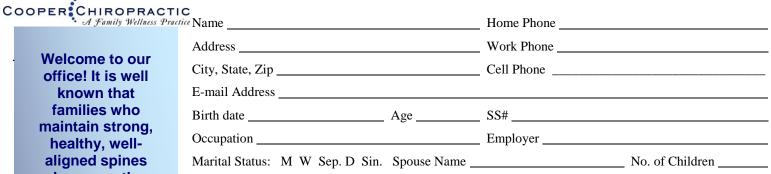


Adult Chiropractic Health Questionnaire

Welcome to our office! It is well known that families who maintain strong, healthy, wellaligned spines have greatly improved health. People whose spines are not healthy and kept in proper alignment are much more likely to develop serious health challenges later in life.



## MY PURPOSE FOR TODAY'S APPOINTMENT IS: (check all that apply to you)

	(check all that apply to you)
	I'm here for an evaluation. I'm a healthy person and I'm interested in maximizing my health and preventing future problems.
	I'm here for an evaluation because I'm having health challenges and am looking for a natural health solution.
	I'm here for an evaluation. I am curious to know if my spine is healthy and to see if I have any problems that I don't know about.
	I am here for an evaluation because I'm curious to learn more about Chiropractic Care
	I am here for an evaluation only
	Other

## IF THE DOCTOR FEELS THAT HE CAN HELP YOU:

(Please check the one that best applies to you)

I am willing to follow the doctor's recommendations because I strongly value my health
I am willing to receive care if payment plans are available.
I am willing to receive care but only if my insurance pays for <u>all</u> of it.

☐ I am not interested in receiving any future care.

	1.	M	lost patients are referred to our office by a caring family member or friend. What made you decide to visit our office? Friend/Family Member Name
		Τe	 elephone Call ☐ Yellow Pages ☐ Sign ☐ Website ☐ Presentation ☐ E-mail
	2.	R	esearch shows that your spine should be checked regularly. How many times have you visited a chiropractor in your lifetime? \_ Never
	3.	V	/hen was your last complete spinal examination including x-rays? □ Never
	4.	Н	ave you ever been told that you have a spinal curvature, spinal arthritis, or inherited spinal problem?  □ YES □ NO
	5.	S	pinal misalignments cause decay and degeneration which results in grinding or cracking.  Do you ever hear noises when you move your head or neck? ☐ YES ☐ NO
	6.		pinal misalignments can make you feel like you need to twist, stretch or crack your neck or back. Do you ever feel the need to crack or pop your neck or lower spine?□ YES □ NO
		7.	Poor posture leads to poor health and often indicates a spinal problem. How would you rate your posture? Poor - 1 2 3 4 5 6 7 8 9 10 - Excellent
À	8.	S	tress can cause or accelerate spinal damage. Rate your stress level over the last 90 days.  Low - 1 2 3 4 5 6 7 8 9 10 - High
	9.		lease list any health symptoms or health complaints you are experiencing.
7		1.	2 3
	10		
		). F	Prescription medications may cause various side effects, hide the severity of health problems and hinder the body's ability to heal. What medications are you currently taking?
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	 11	1. <i>A</i>	Prescription medications may cause various side effects, hide the severity of health problems and hinder the body's ability to heal. What medications are you currently taking?  Auto and work-related injuries can cause serious spinal problems. Is this visit related to an accident or injury?   YES  NO Date of Incident  Spinal health is especially important during pregnancy. Is there any chance that you are
	 11 12	1. <i>A</i> 2. S	Prescription medications may cause various side effects, hide the severity of health problems and hinder the body's ability to heal. What medications are you currently taking?  Auto and work-related injuries can cause serious spinal problems. Is this visit related to an accident or injury?   YES  NO Date of Incident  Spinal health is especially important during pregnancy. Is there any chance that you are pregnant?   YES  NO
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	113 123 144 159	 11. <i>F</i> 22. \$ 3. H 4. H	Prescription medications may cause various side effects, hide the severity of health problems and hinder the body's ability to heal. What medications are you currently taking?  Auto and work-related injuries can cause serious spinal problems. Is this visit related to an accident or injury?   Pyes NO Date of Incident  Spinal health is especially important during pregnancy. Is there any chance that you are pregnant?   Pyes NO  Have you ever been diagnosed with cancer? Type