

# Pediatric Intake



## Confidential Patient Information:

Child's Name: \_\_\_\_\_ Nickname: \_\_\_\_\_

Parent or Guardian Name(s): \_\_\_\_\_

Home Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Mom's Cell Phone: \_\_\_\_\_ May we leave a message?  Yes  No

Dad's Cell Phone: \_\_\_\_\_ May we leave a message?  Yes  No

Parent's email: \_\_\_\_\_

Would you like to receive emails (special offers, upcoming events, newsletters, etc.)  Yes  No

Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_ Weight: \_\_\_\_\_ Height: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

Who is the primary care physician? \_\_\_\_\_

Date of last visit: \_\_\_\_\_ Reason for last visit: \_\_\_\_\_

Is your child receiving care from any other health professional?  Yes  No

- If yes, please name them and their specialty: \_\_\_\_\_

Please list any significant family medical history: \_\_\_\_\_

\_\_\_\_\_

## Current Health Conditions:

What health concern(s) bring your child to be evaluated by a chiropractor? \_\_\_\_\_

\_\_\_\_\_

When did the symptoms first begin? \_\_\_\_\_

How did the problem start?  Suddenly  Gradually  Post injury

Is the condition:  Getting Worse  Improving  Intermittent  Constant  Unsure

Has your child ever received care for this condition before?  Yes  No

- If yes, please explain: \_\_\_\_\_

What makes the symptom(s) better? \_\_\_\_\_

What makes the symptom(s) worse: \_\_\_\_\_

What is this affecting that is **MOST** important in your child's **LIFE**? \_\_\_\_\_

## Your Top Three Health Goals for Your Child:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

## What would you like to gain from care?

Resolve Existing Condition

Overall Wellness

Both

Have you ever visited a chiropractor before?  Yes  No If yes, list name or clinic name: \_\_\_\_\_

**Pregnancy and Fertility History: Share with us about your pregnancy:**

How would you describe your pregnancy? \_\_\_\_\_

Any Fertility issues?  Yes  No If yes, please explain: \_\_\_\_\_

Did mother exercise?  Yes  No If yes, please explain: \_\_\_\_\_

Did mother drink?  Yes  No If yes, how many per week? \_\_\_\_\_

Did mother smoke?  Yes  No If yes, how many per week? \_\_\_\_\_

Was mother ill?  Yes  No If yes, please explain: \_\_\_\_\_

Please explain any notable episodes of mental or physical stress during your pregnancy: \_\_\_\_\_

Is there anything else I should know about your pregnancy? \_\_\_\_\_

**Labor and Delivery History:**

Child's birth was:  Natural Vaginal birth  Scheduled C-section  Emergency C-section

Child's birth was:  At home  At a birthing center  At a hospital  Other: \_\_\_\_\_

Baby was born at \_\_\_\_\_ weeks gestation. Were you able to hold baby after birth?  Yes  No

How long were you in labor for? \_\_\_\_\_

How long did you push for (if applicable)? \_\_\_\_\_

If scheduled C-section did you ever go into labor?  Yes  No

Please check any applicable interventions or complication at birth:

Breech  Induction  Pain meds  Epidural  Vacuum extraction  Forceps

Other: \_\_\_\_\_

Please describe anything else you feel I need to know about labor and delivery: \_\_\_\_\_

Child's birth weight: \_\_\_\_ Child's birth height: \_\_\_\_ APGAR score at birth: \_\_\_\_ APGAR score after 5 min: \_\_\_\_

**Growth and Development History:**

Is/was your child breastfed?  Yes  No If yes, how long: \_\_\_\_\_ Difficulty with breastfeeding?  Yes  No

Was formula introduced?  Yes  No If yes, what age: \_\_\_\_\_

Did/does your child ever suffer from colic, reflux, or constipation as an infant?  Yes  No

If yes, please explain: \_\_\_\_\_

Did/does your child frequently arch their neck/back, feel stiff, or bang their head?  Yes  No

If yes, please explain: \_\_\_\_\_

At what age did your child: Respond to sound \_\_\_\_\_ Follow an object \_\_\_\_\_

Hold head up \_\_\_\_\_ Vocalize \_\_\_\_\_ Sit alone \_\_\_\_\_ Teethe \_\_\_\_\_

Crawl \_\_\_\_\_ Walk \_\_\_\_\_ Eat solid food: \_\_\_\_\_

Please list any food intolerances or allergies and when they began: \_\_\_\_\_

Please list your child's hospitalization and surgical history, including the year: \_\_\_\_\_

Please list any major injuries, accidents, falls, and/or fractures your child has sustained in his/her lifetime including year: \_\_\_\_\_

Have you chosen to vaccinate your child?  No  Yes, on a delayed or selective schedule  Yes, on schedule

Reactions to vaccinations?  None  Fever  Pain at injection site  Diarrhea  Vomiting  Fatigue

Excessive crying  Seizures  Developmental regression

Other: \_\_\_\_\_

Has your child received any antibiotics?  Yes  No

If yes, please list how many times and reason: \_\_\_\_\_

Night terrors or difficulty sleeping?  Yes  No If yes, please explain: \_\_\_\_\_

How many hours per day does your child typically spend watching a TV, computer, tablet or phone? \_\_\_\_\_

How would you describe your child's diet?  Mostly whole, organic  Pretty average  High processed foods

Do you think your child is developing normally for their age:

Physically:  Yes  No

Emotionally:  Yes  No

Intellectually:  Yes  No

### Consent to Evaluation of a Minor Patient

I, \_\_\_\_\_ (Parent or Legal Guardian), hereby grant consent for my

child \_\_\_\_\_ (Print Name of Minor) to receive a chiropractic examination which may include discussing health history, spinal exam, physical examination, and orthopedic and neurological testing by Dr. Lindsey White, D.C. at Utopia Family Chiropractic. I understand that all examination findings will be communicated with me, prior to the commencement of care. I have provided accurate information regarding the health of the child, both past and present. The Doctor or staff at Utopia Family Chiropractic will not be held responsible for any omission or errors made in the completion of this paperwork.

\_\_\_\_\_  
Signature of Parent or Legal Guardian

\_\_\_\_\_  
Date