

Date: _____



Pediatric History for Children 0-4

Child's Name: _____ Sex: Female Male

Parents: _____ Number of Children: _____

Address: _____ City/Province: _____ Postal Code: _____

H. Phone: _____ C. Phone: _____

E-mail: _____ Date of Birth: _____ / _____ / _____ Age: _____
yr mm dd

Medical Doctor: _____ Last Visit to MD: _____

Alberta Health Care #: _____

Emergency Contact: _____ Phone: _____ Relationship: _____

Whom may we thank for referring you? _____

Events

There are many events that occur throughout childhood- starting with childbirth, then learning how to walk, and playing childhood sports. These events can cause accumulated stress and result in loss of health potential. A child's spine is like a growing tree- "*As the twig is bent, so grows the tree.*" Most times the effects are gradual, not even felt until we become adults. Answering the following questions will give us an understanding of your child's overall health and allow us to better assess their body's innate ability to be healthy. Please check the following.

Tell us about your pregnancy:

Did you carry to full term (40 weeks)? _____ If not, how many weeks gestation? _____

Did you consume alcohol during your pregnancy? _____ Did you smoke? _____

Did you take any medication during your pregnancy? _____

Describe any complications and when they occurred: _____

Tell us about your labour and delivery of this child:

Did you use a midwife? _____ Obstetrician? _____ Home birth? _____ Hospital? _____

Did you have a C-Section? _____ Vaginal birth? _____

Were you induced? _____ Epidural? _____ Were forceps used? _____ Vacuum Extraction? _____

What was the baby's **APGAR** Score at 1 minute? _____/10 5 minutes? _____/10 OR not sure _____

Was there initial respiratory delay? _____ Purple markings on face? _____ Mis-shaped skull? _____ Jaundice? _____

Describe any problems during labour and delivery? _____

Tell us about your child:

Did you breastfeed? _____ How long? _____ Bottle feed? _____ Formula? _____

Number of hours your child sleeps per night? _____ hrs. Quality of sleep: good _____ fair _____ poor _____

Was your child vaccinated? _____ List any vaccine reactions: _____

List any current medications or supplements your child is taking: _____

List any previous medication(s), for what condition, and the number of times it was prescribed: _____

List any emergency/hospital visits: _____

As a baby/toddler (birth-4 years), did any of the following occur?

- | | |
|--|---|
| <input type="checkbox"/> Fall from change table/crib | <input type="checkbox"/> Bed wetting |
| <input type="checkbox"/> Tumble down stairs | <input type="checkbox"/> Frequent fevers |
| <input type="checkbox"/> Involved in a car accident | <input type="checkbox"/> Frequent bouts of diarrhea |
| <input type="checkbox"/> Play in "Jolly Jumper" | <input type="checkbox"/> Did not gain weight |
| <input type="checkbox"/> Fall off playground equipment | <input type="checkbox"/> Sleeping problems |
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Frequent colds |
| <input type="checkbox"/> Frequent ear infections | <input type="checkbox"/> Colic |
| <input type="checkbox"/> Reaction to vaccination | <input type="checkbox"/> Other _____ |

As a young child (5-12 years), did any of the following occur?

- | | |
|--|---|
| <input type="checkbox"/> Fall from tree/playground equipment | <input type="checkbox"/> Bed wetting |
| <input type="checkbox"/> Fall off a bicycle | <input type="checkbox"/> Hyperactivity/Autism |
| <input type="checkbox"/> Sports accident | <input type="checkbox"/> Asthma |
| <input type="checkbox"/> Car accident | <input type="checkbox"/> Allergies |
| <input type="checkbox"/> Stomach pains | <input type="checkbox"/> Leg/knee pains |
| <input type="checkbox"/> Scoliosis | <input type="checkbox"/> Frequent colds |
| <input type="checkbox"/> Learning difficulties | <input type="checkbox"/> Other _____ |

Symptoms and Ill Health

As a child or adolescent, has your child experienced any of the following?

- | | | |
|---|--|--|
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Arm/wrist pains | <input type="checkbox"/> Foot/ankle/knee pains |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Neck/back pains | <input type="checkbox"/> Tingling in arms/legs |
| <input type="checkbox"/> Ringing in ears | <input type="checkbox"/> Sleeping problems | <input type="checkbox"/> Shoulder pains |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Allergies | <input type="checkbox"/> Fatigue |
| <input type="checkbox"/> Hyperactivity | <input type="checkbox"/> Stomach problems | <input type="checkbox"/> "Growing Pains" |
| <input type="checkbox"/> Weight gain/loss | <input type="checkbox"/> Other: _____ | |

Present reason for consulting our office:

- Maximizing personal and / or family health potential?
- Correction and prevention of an existing problem? *Please fill out the information below.*

If your child has symptoms or a complaint, briefly describe the problem here. _____

How and when did this problem start? _____

The problem is: Constant _____ Comes & Goes _____ Radiates/Travels (where?) _____

If he/she is experiencing pain, is it: Sharp ___ Dull ___ Throbbing ___ Aching ___ Shooting ___ Nagging ___

What aggravates the condition / pain? _____

What relieves the condition / pain? _____

Please describe any past or current treatment(s) and results: _____

Is there anything else you would like us to know? _____

Has any health care provider expressed the importance of the Nervous System for your child's health?
Choose one: YES NO



CANADIAN CHIROPRACTIC PROTECTIVE ASSOCIATION

CONSENT TO CHIROPRACTIC TREATMENT

It is important for you to consider the benefits, risks and alternatives to the treatment options offered by your chiropractor and to make an informed decision about proceeding with treatment.

Chiropractic treatment includes adjustment, manipulation and mobilization of the spine and other joints of the body, soft-tissue techniques such as massage, and other forms of therapy including, but not limited to, electrical or light therapy and exercise.

Benefits

Chiropractic treatment has been demonstrated to be effective for complaints of the neck, back and other areas of the body caused by nerves, muscles, joints and related tissues. Treatment by your chiropractor can relieve pain, including headache, altered sensation, muscle stiffness and spasm. It can also increase mobility, improve function, and reduce or eliminate the need for drugs or surgery.

Risks

The risks associated with chiropractic treatment vary according to each patient's condition as well as the location and type of treatment.

The risks include:

- **Temporary worsening of symptoms** – Usually, any increase in pre-existing symptoms of pain or stiffness will last only a few hours to a few days.
- **Skin irritation or burn** – Skin irritation or a burn may occur in association with the use of some types of electrical or light therapy. Skin irritation should resolve quickly. A burn may leave a permanent scar.
- **Sprain or strain** – Typically, a muscle or ligament sprain or strain will resolve itself within a few days or weeks with some rest, protection of the area affected and other minor care.
- **Rib fracture** – While a rib fracture is painful and can limit your activity for a period of time, it will generally heal on its own over a period of several weeks without further treatment or surgical intervention.
- **Injury or aggravation of a disc** – Over the course of a lifetime, spinal discs may degenerate or become damaged. A disc can degenerate with aging, while disc damage can occur with common daily activities such as bending or lifting. Patients who already have a degenerated or damaged disc may or may not have symptoms. They may not know they have a problem with a disc. They also may not know their disc condition is worsening because they only experience back or neck problems once in a while.

Chiropractic treatment should not damage a disc that is not already degenerated or damaged, but if there is a pre-existing disc condition, chiropractic treatment, like many common daily activities, may aggravate the disc condition.

The consequences of disc injury or aggravating a pre-existing disc condition will vary with each patient. In the most severe cases, patient symptoms may include impaired back or neck mobility, radiating pain and numbness into the legs or arms, impaired bowel or bladder function, or impaired leg or arm function. Surgery may be needed.

- **Stroke** – Blood flows to the brain through two sets of arteries passing through the neck. These arteries may become weakened and damaged, either over time through aging or disease, or as a result of injury. A blood clot may form in a damaged artery. All or part of the clot may break off and travel up the artery to the brain where it can interrupt blood flow and cause a stroke.

Many common activities of daily living involving ordinary neck movements have been associated with stroke resulting from damage to an artery in the neck, or a clot that already existed in the artery breaking off and travelling up to the brain.

Chiropractic treatment has also been associated with stroke. However, that association occurs very infrequently, and may be explained because an artery was already damaged and the patient was progressing toward a stroke when the patient consulted the chiropractor. Present medical and scientific evidence does not establish that chiropractic treatment causes either damage to an artery or stroke.

The consequences of a stroke can be very serious, including significant impairment of vision, speech, balance and brain function, as well as paralysis or death.

Alternatives

Alternatives to chiropractic treatment may include consulting other health professionals. Your chiropractor may also prescribe rest without treatment, or exercise with or without treatment.

Questions or Concerns

You are encouraged to ask questions at any time regarding your assessment and treatment. Bring any concerns you have to the chiropractor's attention. If you are not comfortable, you may stop treatment at any time.

Please be involved in and responsible for your care. Inform your chiropractor immediately of any change in your condition.

DO NOT SIGN THIS FORM UNTIL YOU MEET WITH THE CHIROPRACTOR

I hereby acknowledge that I have discussed with the chiropractor the assessment of my condition and the treatment plan. I understand the nature of the treatment to be provided to me. I have considered the benefits and risks of treatment, as well as the alternatives to treatment. I hereby consent to chiropractic treatment as proposed to me.

Name (Please Print)

Signature of patient (or legal guardian)

Date: _____ 20____

Signature of Chiropractor

Date: _____ 20____